

# Resolution

of the Federal Joint Committee on an Amendment of the  
Pharmaceuticals Directive:

Annex XII – Benefit Assessment of Medicinal Products with  
New Active Ingredients according to Section 35a SGB V

Apremilast (new therapeutic indication: moderate to severe  
plaque psoriasis; 6 to < 18 years)

of 15 May 2025

At their session on 15 May 2025, the Federal Joint Committee (G-BA) resolved to amend the Pharmaceuticals Directive (AM-RL) in the version dated 18 December 2008 / 22 January 2009 (Federal Gazette, BAnz. No. 49a of 31 March 2009), as last amended by the publication of the resolution of D Month YYYY (Federal Gazette, BAnz AT DD.MM.YYYY BX), as follows:

- I. **In Annex XII, the following information shall be added after No. 4 to the information on the benefit assessment of Apremilast in accordance with the resolution of 5 November 2020:**

## **Apremilast**

Resolution of: 15 May 2025

Entry into force on: 15 May 2025

Federal Gazette, BAnz AT DD. MM YYYY Bx

### **New therapeutic indication (according to the marketing authorisation of 21 October 2024):**

Otezla is indicated for the treatment of moderate to severe plaque psoriasis in children and adolescents from the age of 6 years and weighing at least 20 kg who are candidates for systemic therapy.

### **Therapeutic indication of the resolution (resolution of 15 May 2025):**

Otezla is indicated for the treatment of moderate to severe plaque psoriasis in children and adolescents aged 6 to < 18 years and weighing at least 20 kg who are candidates for systemic therapy.

#### **1. Additional benefit of the medicinal product in relation to the appropriate comparator therapy**

Children and adolescents aged 6 to < 18 years and weighing at least 20 kg with moderate to severe plaque psoriasis who are candidates for systemic therapy

#### **Appropriate comparator therapy:**

- Adalimumab or etanercept or secukinumab or ustekinumab

#### **Extent and probability of the additional benefit of apremilast compared to the appropriate comparator therapy:**

An additional benefit is not proven.

## Study results according to endpoints:<sup>1</sup>

Children and adolescents aged 6 to < 18 years and weighing at least 20 kg with moderate to severe plaque psoriasis who are candidates for systemic therapy

No suitable data versus the appropriate comparator therapy available.

## Summary of results for relevant clinical endpoints

Endpoint category	Direction of effect/ risk of bias	Summary
Mortality	n.a.	There are no assessable data.
Morbidity	n.a.	There are no assessable data.
Health-related quality of life	n.a.	There are no assessable data.
Side effects	n.a.	There are no assessable data.
Explanations: ↑: statistically significant and relevant positive effect with low/unclear reliability of data ↓: statistically significant and relevant negative effect with low/unclear reliability of data ↑↑: statistically significant and relevant positive effect with high reliability of data ↓↓: statistically significant and relevant negative effect with high reliability of data ↔: no statistically significant or relevant difference Ø: No data available. n.a.: not assessable		

## 2. Number of patients or demarcation of patient groups eligible for treatment

Children and adolescents aged 6 to < 18 years and weighing at least 20 kg with moderate to severe plaque psoriasis who are candidates for systemic therapy

Approx. 360 – 430 patients

## 3. Requirements for a quality-assured application

The requirements in the product information are to be taken into account. The European Medicines Agency (EMA) provides the contents of the product information (summary of product characteristics, SmPC) for Otezla (active ingredient: apremilast) at the following publicly accessible link (last access: 6 May 2025):

[https://www.ema.europa.eu/en/documents/product-information/otezla-epar-product-information\\_en.pdf](https://www.ema.europa.eu/en/documents/product-information/otezla-epar-product-information_en.pdf)

Treatment with apremilast should only be initiated and monitored by doctors experienced in treating patients with psoriasis.

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<sup>1</sup> Data from the dossier assessment of the Institute for Quality and Efficiency in Health Care (IQWiG) (A24-112) unless otherwise indicated.

#### 4. Treatment costs

##### Annual treatment costs:

Children and adolescents aged 6 to < 18 years and weighing at least 20 kg with moderate to severe plaque psoriasis who are candidates for systemic therapy

Designation of the therapy	Annual treatment costs/ patient
Medicinal product to be assessed:	
Apremilast	€ 7,755.08 - € 11,318.61
Appropriate comparator therapy:	
Adalimumab	€ 6,148.64 - € 12,193.92
Additionally required SHI services:	€ 81.94
Total:	€ 6,230.58 - € 12,275.86
Etanercept	€ 2,189.28 - € 5,094.14
Additionally required SHI services:	€ 71.45
Total:	€ 2,260.73 - € 5,165.59
Secukinumab	€ 4,203.84 - € 16,081.04
Ustekinumab	€ 11,903.73 - € 11,918.91
Additionally required SHI services:	€ 71.45
Total:	€ 11,975.18 - € 11,990.36

Costs after deduction of statutory rebates (LAUER-TAXE®) as last revised: 15 April 2025)

#### 5. Designation of medicinal products with new active ingredients according to Section 35a, paragraph 3, sentence 4 SGB V that can be used in a combination therapy with the assessed medicinal product

In the context of the designation of medicinal products with new active ingredients pursuant to Section 35a, paragraph 3, sentence 4 SGB V, the following findings are made:

Children and adolescents aged 6 to < 18 years and weighing at least 20 kg with moderate to severe plaque psoriasis who are candidates for systemic therapy

- No medicinal product with new active ingredients that can be used in a combination therapy and fulfils the requirements of Section 35a, paragraph 3, sentence 4 SGB V.

The designation of combinations exclusively serves the implementation of the combination discount according to Section 130e SGB V between health insurance funds and pharmaceutical companies. The findings made neither restrict the scope of treatment required to fulfil the medical treatment mandate, nor do they make statements about expediency or economic feasibility.

**II. The resolution will enter into force on the day of its publication on the website of the G-BA on 15 May 2025.**

The justification to this resolution will be published on the website of the G-BA at [www.g-ba.de](http://www.g-ba.de).

Berlin, 15 May 2025

Federal Joint Committee (G-BA)  
in accordance with Section 91 SGB V  
The Chair

Prof. Hecken