

Dapagliflozin (new therapeutic indication: Type 1 diabetes mellitus)

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New therapeutic indication (according to the marketing authorisation of 20 March 2019):

Forxiga is indicated in adults for the treatment of insufficiently controlled type 1 diabetes mellitus as an adjunct to insulin in patients with BMI ≥ 27 kg/m², when insulin alone does not provide adequate glycaemic control despite optimal insulin therapy.

1. Additional benefit of the medicinal product in relation to the appropriate comparator therapy

Adult patients with insufficiently controlled type 1 diabetes mellitus and a BMI ≥ 27 kg/m² whose blood sugar is not adequately controlled despite optimal insulin therapy.

Appropriate comparator therapy:

Human insulin or insulin analogues (insulin detemir, insulin glargine, insulin aspart, insulin glulisine, insulin lispro)¹

Extent and probability of the additional benefit of dapagliflozin compared with the appropriate comparator therapy:

Hint for a minor additional benefit.

Study results by endpoints from the DEPICT 1 and DEPICT 2 studies for adult patients with insufficiently controlled type 1 diabetes mellitus and a BMI ≥ 27 kg/m² whose blood sugar is not adequately controlled despite optimal insulin therapy.

¹ The unchanged continuation of an inadequate therapy of type 1 diabetes mellitus does not correspond to an appropriate comparator therapy if there is still the option of optimising insulin therapy.

Mortality

| Endpoint category Endpoint Study | Dapagliflozin + insulin | | Placebo + insulin | | Dapagliflozin + insulin vs placebo + insulin |
|--|-------------------------|---------------------------|-------------------|---------------------------|--|
| | N | Patients with event n (%) | N | Patients with event n (%) | RR [95% CI]; p value |
| Mortality | | | | | |
| Overall mortality | | | | | |
| DEPICT 1 | 159 | 0 (0) | 154 | 0 (0) | – |
| DEPICT 2 | 127 | 0 (0) | 135 | 0 (0) | – |
| Total | | | | | – |

Morbidity, health-related quality of life

| Endpoint category Endpoint Study | Dapagliflozin + insulin | | | Placebo + insulin | | | Dapagliflozin + insulin vs placebo + insulin |
|---|-------------------------|----------------------------------|---|-------------------|----------------------------------|---|--|
| | N ^a | Values at start of study MV (SD) | Change at the end of study MV ^b (SE) | N ^a | Values at start of study MV (SD) | Change at the end of study MV ^b (SE) | MD [95% CI]; p value ^b |
| Morbidity | | | | | | | |
| Change of the HbA1c value ^c | | | | | | | |
| DEPICT 1 | 144 | 8.50 (0.67) | –0.34 (0.08) | 153 | 8.42 (0.59) | 0.08 (0.09) | –0.42 [–0.63; –0.22]; no data available |
| DEPICT 2 | 126 | 8.35 (0.58) | –0.13 (0.07) | 133 | 8.37 (0.63) | 0.11 (0.07) | –0.24 [–0.42; –0.06]; no data available |
| Total | | | | | | | –0.33 [–0.47; –0.19]; < 0.001 |
| | N | Patients with event n (%) | | N | Patients with event n (%) | | RR [95% CI]; p value |
| HbA1c reduction ≥ 0.5 percentage points ^c | | | | | | | |
| DEPICT 1 | 145 | 65 (44.8) | | 153 | 38 (24.8) | | 1.80 [1.30; 2.51]; < 0.001 |
| DEPICT 2 | 126 | 48 (38.1) | | 133 | 24 (18.0) | | 2.11 [1.38; 3.23]; < 0.001 |
| Total ^d | | | | | | | 1.92 [1.48; 2.50]; < 0.001 |
| <p>a: Number of patients included in the evaluation to calculate the effect estimate; values at the start of study may be based on other patient numbers.</p> <p>b: MMRM with treatment, HbA1c baseline, week, stratum, treatment*week, HbA1c baseline*week; for pooled analysis, also the model terms study, treatment*study, week*study, and treatment*week*study</p> <p>c: Sufficiently valid surrogate for microvascular sequelae</p> <p>d: Own calculation, meta-analysis with fixed effect (Mantel-Haenszel)</p> <p>HbA1c: Haemoglobin A1c; CI: Confidence Interval; MD: mean difference; MMRM: mixed model with repeated measurements; MV: mean value; n: number of patients with (at least 1) event; N: Number of patients evaluated; RCT: randomised controlled trial; RR: Relative Risk; SD: standard deviation; SE: Standard error; vs: versus</p> | | | | | | | |

| Endpoint category Endpoint Study | Dapagliflozin + insulin | | | Placebo + insulin | | | Dapagliflozin + insulin vs placebo + insulin |
|---|-------------------------|-------------------------------------|--|-----------------------|-------------------------------------|--|---|
| | N ^a | Values at start of study MV (SD) | Change at the end of study MV ^b (SE) | N ^a | Values at start of study MV (SD) | Change at the end of study MV ^b (SE) | MD [95% CI]; p value ^b |
| Morbidity | | | | | | | |
| EQ-5D VAS ^c | | | | | | | |
| DEPICT 1 | 143 | 76.50 (16.11) | 3.84 (1.22) | 144 | 76.42 (16.45) | 1.25 (1.30) | 2.59 [-0.33; 5.51] |
| DEPICT 2 | 118 | 65.21 (30.13) | 10.76 (2.50) | 116 | 69.89 (24.88) | 4.11 (2.55) | 6.64 [0.70; 12.59] |
| Total | | | | | | | 4.87 [1.70; 8.04]; 0.003 Hedges' g [95% CI]: 0.24 [0.06; 0.42] |
| HFS-II (Worry Subscale) ^d | | | | | | | |
| DEPICT 1 | | | | Endpoint not recorded | | | |
| DEPICT 2 | 118 | 16.72 (11.89) | -0.24 (1.07) | 115 | 16.52 (12.67) | -0.03 (1.11) | -0.21 [-2.72; 2.30]; 0.870 |
| <i>additionally shown:</i> | | | | | | | |
| Body weight (kg) | | | | | | | |
| DEPICT 1 | 145 | 90.90 (17.36) | -3.05 (0.378) | 94.05 (16.19) | 0.02 (0.39) | | -3.06 [-4.10; -2.02]; < 0.001 |
| DEPICT 2 | 127 | 91.59 (14.13) | -3.83 (0.44) | 91.57 (16.83) | 0.92 (0.46) | | -4.71 [-5.89; -3.51]; < 0.001 |
| Total | | | | | | | -3.89 [-4.67; -3.11]; < 0.001 |
| Health-related quality of life | | | | Endpoint not recorded | | | |
| <p>a: Number of patients included in the evaluation to calculate the effect estimate; values at the start of study may be based on other patient numbers.</p> <p>b: MMRM with treatment, HbA1c baseline, week, stratum, treatment*week, HbA1c baseline*week; for pooled analysis, also the model terms study, treatment*study, week*study, and treatment*week*study</p> <p>c: A positive change from start of study to end of study means an improvement; a positive effect estimate means an advantage for the intervention.</p> <p>d: A positive change from the start of study to the end of study means a deterioration (greater anxiety of the patient with regard to hypoglycaemia); a negative effect estimate means an advantage for the intervention.</p> <p>EQ-5D: European Quality of Life 5 Dimensions; HbA1c: Haemoglobin A1c; HFS-II: Hypoglycaemia Fear Survey II; CI: confidence interval; MMRM: mixed model with repeated measurements; MD: mean difference; MV: Mean Value; N: number of patients evaluated; RCT: randomised controlled trial; SD: standard deviation; SE: standard error; VAS: visual analogue scale; vs: versus</p> | | | | | | | |

Side effects

| Endpoint category Endpoint Study | Dapagliflozin + insulin | | Placebo + insulin | | Dapagliflozin + insulin vs placebo + insulin RR [95% CI]; p value |
|---|-------------------------|---------------------------------|-------------------|---------------------------------|--|
| | N | Patients with event n (%) | N | Patients with event n (%) | |
| Side effects | | | | | |
| <i>AEs (additionally shown)</i> | | | | | |
| DEPICT 1 | 145 | 109 (75.2) | 154 | 115 (74.7) | – |
| DEPICT 2 | 127 | 105 (82.7) | 135 | 102 (75.6) | – |
| SAEs | | | | | |
| DEPICT 1 | 145 | 17 (11.7) | 154 | 16 (10.4) | 1.13 [0.59; 2.15]; 0.775 ^a |
| DEPICT 2 | 127 | 13 (10.2) | 135 | 9 (6.7) | 1.54 [0.68; 3.47]; 0.302 |
| Total ^b | | | | | 1.27 [0.77; 2.11]; 0.345 |
| Discontinuation because of AEs | | | | | |
| DEPICT 1 (Sensitivity analysis ^c) | 145 | 6 (4.1) | 154 | 6 (3.9) | 1.06 [0.35; 3.22]; 0.963 ^a |
| DEPICT 2 | 127 | 11 (8.7) | 135 | 7 (5.2) | 1.67 [0.67; 4.18]; 0.272 |
| Total ^b (Sensitivity analysis ^c) | | | | | 1.39 [0.69; 2.80]; 0.358 |
| Symptomatic, confirmed hypoglycaemia (plasma glucose ≤ 54 mg/dl) | | | | | |
| DEPICT 1 | 145 | 108 (74.5) | 154 | 109 (70.8) | 1.05 [0.92; 1.21]; 0.473 |
| DEPICT 2 | 127 | 104 (81.9) | 135 | 102 (75.6) | 1.08 [0.96; 1.23]; 0.211 |
| Total ^d | | | | | 1.07 [0.97; 1.17]; 0.175 |
| Symptomatic, confirmed hypoglycaemia (plasma glucose ≤ 70 mg/dl)^g | | | | | |
| DEPICT 1 | 159 | 128 (80.5) | 154 | 114 (74.0) | 1.09 [0.96; 1.23]; 0.074 |
| DEPICT 2 | 127 | 112 (88.2) | 135 | 110 (81.5) | 1.08 [0.98; 1.20]; 0.131 |
| Total ^b | | | | | 1.09 [1.002; 1.18]; < 0.045 |
| Symptomatic, confirmed hypoglycaemia (plasma glucose ≤ 70 mg/dl) | | | | | |
| DEPICT 1 (Sensitivity analysis ^c) | 145 | 128 (88.3) | 154 | 114 (74.0) | 1.19 [1.07; 1.33]; 0.002 ^a |
| DEPICT 2 | 127 | 112 (88.2) | 135 | 110 (81.5) | 1.08 [0.98; 1.20]; 0.131 |
| Total ^b (Sensitivity analysis ^c) | | | | | 1.14 [1.06; 1.23]; < 0.001 |
| Severe hypoglycaemias^e | | | | | |
| DEPICT 1 | 145 | 4 (2.8) | 154 | 2 (1.3) | 2.12 [0.40; 11.42]; 0.380 |
| DEPICT 2 | 127 | 2 (1.6) | 135 | 2 (1.5) | 1.06 [0.15; 7.43]; 0.951 |
| Total ^d | | | | | 1.59 [0.45; 5.59]; 0.466 |
| DKAs (possible) | | | | | |
| DEPICT 1 | 145 | 0 (0.0) | 154 | 1 (0.6) | 0.35 [0.01; 8.62]; 0.524 |
| DEPICT 2 | 127 | 5 (3.9) | 135 | 1 (0.7) | 5.31 [0.63; 44.87]; 0.125 |
| Total ^d | | | | | 2.66 [0.52; 13.58]; 0.241 |
| DKAs (definitive) | | | | | |
| no data available | | | | | |
| DKAs (possible + definitive) | | | | | |
| DEPICT 1 | 145 | 1 (0.7) | 154 | 2 (1.3) | 0.53 [0.05; 5.79]; 0.604 |
| DEPICT 2 | 127 | 7 (5.5) | 135 | 2 (1.5) | 3.72 [0.79; 17.58]; 0.098 |
| Total ^d | | | | | 2.13 [0.65; 6.98]; 0.214 |

| Endpoint category Endpoint Study | Dapagliflozin + insulin | | Placebo + insulin | | Dapagliflozin + insulin vs placebo + insulin RR [95% CI]; p value |
|---|-------------------------|---------------------------------|-------------------|---------------------------------|--|
| | N | Patients with event n (%) | N | Patients with event n (%) | |
| Side effects | | | | | |
| Genital infections ^f | | | | | |
| DEPICT 1 | 145 | 24 (16.6) | 154 | 6 (3.9) | 4.25 [1.79; 10.09]; 0.001 |
| DEPICT 2 | 127 | 15 (11.8) | 135 | 6 (4.4) | 2.66 [1.06; 6.64]; 0.036 |
| Total ^d | | | | | 3.45 [1.85; 6.45]; < 0.001 |
| Gastrointestinal disorders (SOC) (AE) | | | | | |
| DEPICT 1 | 145 | 25 (17.2) | 154 | 16 (10.4) | 1.66 [0.92; 2.98]; 0.090 |
| DEPICT 2 | 127 | 38 (29.9) | 135 | 21 (15.6) | 1.92 [1.20; 3.09]; 0.007 |
| Total ^b | | | | | 1.81 [1.251; 2.62]; 0.002 |
| Urinary tract infections ^{f,g} | | | | | |
| DEPICT 1 | 159 | 16 (10.1) | 154 | 10 (6.5) | 1.55 [0.73; 3.31]; 0.258 |
| DEPICT 2 | 127 | 16 (12.6) | 135 | 10 (7.4) | 1.70 [0.80; 3.61]; 0.166 |
| Total ^b | | | | | 1.62 [0.95; 2.77]; 0.075 |
| Urinary tract infections ^f (Sensitivity analysis ^c) | | | | | |
| DEPICT 1 | 145 | 16 (11.0) | 154 | 10 (6.5) | 1.70 [0.80; 3.62]; 0.178 ^a |
| DEPICT 2 | 127 | 16 (12.6) | 135 | 10 (7.4) | 1.70 [0.80; 3.61]; 0.166 |
| Total ^b (Sensitivity analysis ^c) | | | | | 1.70 [1.00; 2.90]; 0.051 |
| a: Own calculation: RR [95% CI] (asymptotic), unconditional exact test (CSZ method according to [6]) b: Own calculation, meta-analysis with fixed effect (Mantel/Haenszel) c: Sensitivity analysis: assumption of 0 events for 14 incorrectly randomised patients in the dapagliflozin group (worst case analysis). d: Pooled analysis e: Symptomatic hypoglycaemia that has received medical treatment or has been treated with glucagon injections or intravenous glucose (regardless of blood glucose monitoring). f: Collected via pre-specified PT list of the pharmaceutical company g: Including incorrectly randomised patients DKA: diabetic ketoacidosis; CI: confidence interval; n: number of patients with (at least 1) event; N: number of patients evaluated; RCT: randomised controlled trial; RR: relative risk; SOC: System Organ Class; SAE: Serious Adverse Event; AE: Adverse Event; vs: versus | | | | | |

2. Number of patients or demarcation of patient groups eligible for treatment

Adult patients with insufficiently controlled type 1 diabetes mellitus and a BMI ≥ 27 kg/m² and a GFR ≥ 60 ml/min whose blood sugar is not adequately controlled despite optimal insulin therapy:

Approx. 19,200 patients

3. Requirements for a quality-assured application

The requirements in the product information are to be taken into account. The European Medicines Agency (EMA) provides the contents of the product information (summary of product characteristics, SmPC) for Forxiga® (active ingredient: dapagliflozin) at the following publicly accessible link (last access: 10 September 2019):

https://www.ema.europa.eu/documents/product-information/forxiga-epar-product-information_de.pdf

Treatment with dapagliflozin may only be initiated and monitored by specialists who are experienced in the treatment of patients type 1 diabetes mellitus.

For patients in whom inadequate blood glucose control is associated with severe hypoglycaemia, particularly in the period prior to the planned start of dapagliflozin therapy, the indication for dapagliflozin should be carefully considered.

Before starting the treatment, it should be ensured that the ketone body levels are normal. During the first one to two weeks of treatment with dapagliflozin, the ketone bodies should be monitored regularly. Thereafter, the frequency of ketone body level testing should be individually adjusted according to the patient's lifestyle and/or risk factors.

In accordance with the specifications of the EMA regarding additional measures for risk minimisation, the pharmaceutical company must provide officially approved training material. The training material is intended to inform healthcare professionals and patients of the increased risk of ketoacidosis associated with dapagliflozin therapy.

4. Treatment costs

Annual treatment costs:

| Designation of the therapy | Annual treatment costs/patient |
|---|--------------------------------|
| Medicinal product to be assessed: | |
| Dapagliflozin | € 445.30 |
| <u>Intensified conventional insulin therapy (ICT)</u> | |
| Human insulin (NPH insulin) | € 152.98 – € 458.95 |
| Human insulin (bolus insulin) | € 152.98 – € 458.95 |
| Total | € 382.46 – € 764.92 |
| Dapagliflozin + ICT | € 827.76 – € 1,210.22 |
| Insulin detemir | € 635.27 – € 1,270.53 |
| Dapagliflozin + insulin detemir | € 1,080.57 – € 1,715.83 |
| Insulin detemir | € 254.11 – € 762.32 |
| + human insulin (bolus insulin) | € 152.98 – € 458.95 |

| Designation of the therapy | Annual treatment costs/patient |
|--|--------------------------------|
| Dapagliflozin + insulin detemir + human insulin (bolus insulin) | € 928.88 – € 1,513.59 |
| Insulin glargine | € 542.15 – € 1,084.29 |
| Dapagliflozin + insulin glargine | € 987.45 – € 1,529.59 |
| Insulin glargine | € 216.86 – € 650.57 |
| + human insulin (bolus insulin) | € 152.98 – € 458.95 |
| Dapagliflozin + insulin glargine + human insulin (bolus insulin) | € 891.64 – € 1,401.84 |
| Insulin aspart | € 217.27 – € 651.81 |
| + human insulin (NPH insulin) | € 152.98 – € 458.95 |
| Dapagliflozin + insulin aspart + human insulin (NPH insulin) | € 892.05 – € 1,403.08 |
| Insulin glulisine | € 217.31 – € 651.92 |
| + human insulin (NPH insulin) | € 152.98 – € 458.95 |
| Dapagliflozin + insulin glulisine + human insulin (NPH insulin) | € 892.09 – € 1,403.19 |
| Insulin lispro | € 187.27 – € 561.82 |
| + human insulin (NPH insulin) | € 152.98 – € 458.95 |
| Dapagliflozin + insulin lispro + human insulin (NPH insulin) | € 862.05 – € 1,313.09 |
| Appropriate comparator therapy: | |
| <u>Intensified conventional insulin therapy (ICT)</u> | |
| Human insulin (NPH insulin) | € 152.98 – € 458.95 |
| Human insulin (bolus insulin) | € 152.98 – € 458.95 |
| Total | € 382.46 – € 764.92 |
| Insulin detemir (monotherapy) | € 635.27 – € 1,270.53 |
| Insulin detemir | € 254.11 – € 762.32 |
| + human insulin (bolus insulin) | € 152.98 – € 458.95 |
| Total | € 483.58 – € 1,068.29 |
| Insulin glargine (monotherapy) | € 542.15 – € 1,084.29 |
| Insulin glargine | € 216.86 – € 650.57 |
| + human insulin (bolus insulin) | € 152.98 – € 458.95 |
| Total | € 446.34 – € 956.54 |
| Insulin aspart | € 217.27 – € 651.81 |
| + human insulin (NPH insulin) | € 152.98 – € 458.95 |

| Designation of the therapy | Annual treatment costs/patient |
|-------------------------------|--------------------------------|
| Total | € 446.75 – € 957.78 |
| Insulin glulisine | € 217.31 – € 651.92 |
| + human insulin (NPH insulin) | € 152.98 – € 458.95 |
| Total | € 446.79 – € 957.89 |
| Insulin lispro | € 187.27 – € 561.82 |
| + human insulin (NPH insulin) | € 152.98 – € 458.95 |
| Total | € 416.75 – € 867.79 |

| Appropriate comparator therapy: | |
|---|--|
| <u>Intensified conventional insulin therapy (ICT)</u> | |
| Human insulin (NPH insulin) | € 152.98 – € 458.95 |
| Human insulin (bolus insulin) | € 152.98 – € 458.95 |
| Total: | € 382.46 – € 764.92 |
| Insulin detemir (monotherapy) | € 635.27 – € 1,270.53 |
| Insulin detemir + human insulin (bolus insulin) | € 254.11 – € 762.32 € 152.98 – € 458.95 |
| Total: | € 483.58 – € 1,068.29 |
| Insulin glargine (monotherapy) | € 542.15 – € 1,084.29 |
| Insulin glargine + human insulin (bolus insulin) | € 216.86 – € 650.57 € 152.98 – € 458.95 |
| Total: | € 446.34 – € 956.54 |
| Insulin aspart + human insulin (NPH insulin)) | € 217.27 – € 651.81 € 152.98 – € 458.95 |
| Total: | € 446.75 – € 957.78 |
| Insulin glulisine + human insulin (NPH insulin)) | € 217.31 – € 651.92 € 152.98 – € 458.95 |
| Total: | € 446.79 – € 957.89 |
| Insulin lispro + human insulin (NPH insulin)) | € 187.27 – € 561.82 € 152.98 – € 458.95 |
| Total: | € 416.75 – € 867.79 |

Costs after deduction of statutory rebates (LAUER-TAXE®) as last revised: 1 October 2019

Costs for additionally required SHI services:

| Designation of the therapy | Designation | Costs/year |
|-----------------------------------|--------------------|------------------|
| Medicinal product to be assessed: | | |
| Dapagliflozin | Ketone test strips | Non-quantifiable |