

Kriterien zur Bestimmung der zweckmäßigen Vergleichstherapie

und

Recherche und Synopse der Evidenz zur Bestimmung der zweckmäßigen Vergleichstherapie nach § 35a SGB V

Vorgang: 2017-B-251 Olaparib

Stand: Januar 2018

I. Zweckmäßige Vergleichstherapie: Kriterien gemäß 5. Kapitel § 6 Verfo G-BA

Olaparib zur Behandlung des mit Chemotherapie vorbehandelten, BRCA-mutierten, HER2-negativen, metastasierten Mammakarzinoms

Kriterien gemäß 5. Kapitel § 6 Verfo

Sofern als Vergleichstherapie eine Arzneimittelanwendung in Betracht kommt, muss das Arzneimittel grundsätzlich eine Zulassung für das Anwendungsgebiet haben.	<i>siehe Übersicht "II. Zugelassene Arzneimittel im Anwendungsgebiet"</i> Nicht berücksichtigt wurden Arzneimittel mit expliziter Zulassung für die endokrine Therapie und zur Behandlung des HER2-positiven Mammakarzinoms.
Sofern als Vergleichstherapie eine nicht-medikamentöse Behandlung in Betracht kommt, muss diese im Rahmen der GKV erbringbar sein.	Strahlentherapie, Operation
Beschlüsse/Bewertungen/Empfehlungen des Gemeinsamen Bundesausschusses zu im Anwendungsgebiet zugelassenen Arzneimitteln/nicht-medikamentösen Behandlungen	Beschluss vom 22. Januar 2015 über eine Änderung der AM-RL: Anlage XII – Beschlüsse über die Nutzenbewertung von Arzneimitteln mit neuen Wirkstoffen nach § 35a SGB V – Eribulin Anlage VI zum Abschnitt K der Arzneimittel-Richtlinie (Stand: 8. Juni 2016) Wirkstoffe, die in zulassungsüberschreitenden Anwendungen (Off-Label-Use) nicht verordnungsfähig sind: Gemcitabin in der Monotherapie beim Mammakarzinom der Frau Richtlinie Methoden Krankenhausbehandlung (Stand 16. Juni 2016) § 4 Ausgeschlossene Methoden: <ul style="list-style-type: none">• Protonentherapie beim Mammakarzinom• Protonentherapie bei Hirnmetastasen
Die Vergleichstherapie soll nach dem allgemein anerkannten Stand der medizinischen Erkenntnisse zur zweckmäßigen Therapie im Anwendungsgebiet gehören.	<i>siehe systematische Literaturrecherche</i>

II. Zugelassene Arzneimittel im Anwendungsgebiet

Wirkstoff ATC-Code Handelsname	Anwendungsgebiet (Text aus Fachinformation)
Zu bewertendes Arzneimittel:	
Olaparib L01XX46 Lynparza™	Anwendungsgebiet laut Fachinformation: „Lynparza wird als Monotherapie für die Behandlung von erwachsenen Patienten mit BRCA1/2-Mutationen in der Keimbahn angewendet, die ein HER2-negatives, lokal fortgeschrittenes oder metastasiertes Mammakarzinom haben. Die Patienten sollten zuvor mit einem Anthrazyklin und einem Taxan im (neo)adjuvanten oder metastasierten Setting behandelt worden sein, es sei denn, die Patienten waren für diese Behandlungen nicht geeignet (siehe Abschnitt 5.1). Patienten mit Hormonrezeptor (HR)-positivem Mammakarzinom sollten außerdem eine Krankheitsprogression während oder nach einer vorherigen endokrinen Therapie aufweisen oder für eine endokrine Therapie nicht geeignet sein.“
5-Fluorouracil L01BC02 generisch	Fortgeschrittenes und/oder metastasiertes Mammakarzinom (5-FU medac; März 2014)
Bevacizumab L01XC07 Avastin®	Bevacizumab wird in Kombination mit Paclitaxel zur First-Line-Behandlung von erwachsenen Patienten mit metastasiertem Mammakarzinom angewendet. Bevacizumab wird in Kombination mit Capecitabin zur First-Line-Behandlung von erwachsenen Patienten mit metastasiertem Mammakarzinom angewendet, bei denen eine Behandlung mit anderen Chemotherapie-Optionen, einschließlich Taxanen oder Anthracyclinen, als nicht geeignet angesehen wird. Patienten, die innerhalb der letzten 12 Monate Taxan- und Anthracyclin-haltige Therapieregime im Rahmen der adjuvanten Behandlung erhalten haben, sollten nicht mit Avastin in Kombination mit Capecitabin therapiert werden. (Avastin®; Juni 2017)
Capecitabin L01BC06 generisch	Capecitabin-Hormosan ist in Kombination mit Docetaxel zur Behandlung von Patienten mit lokal fortgeschrittenem oder metastasiertem Mammakarzinom nach Versagen einer zytotoxischen Chemotherapie indiziert. Eine frühere Behandlung sollte ein Anthracyclin enthalten haben. Capecitabin-Hormosan ist außerdem als Monotherapie zur Behandlung von Patienten mit lokal fortgeschrittenem oder metastasiertem Mammakarzinom indiziert, bei denen eine Therapie mit Taxanen und Anthracyclinen versagt hat oder eine weitere Anthracyclinbehandlung nicht angezeigt ist. (Capecitabin-Hormosan; Januar 2016)
Cyclophosphamid	Endoxan ist ein Zytostatikum und in Kombination mit weiteren antineoplastisch wirksamen Arzneimitteln bei der Chemotherapie folgender Tumoren angezeigt:

L01AA01 generisch	- palliative Therapie des fortgeschrittenen Mammakarzinoms (Endoxan; Januar 2015)
Docetaxel L01CD02 generisch	Die Docetaxel-Monotherapie ist zur Behandlung von Patientinnen mit lokal fortgeschrittenem oder metastasiertem Brustkrebs nach Versagen einer Chemotherapie angezeigt. Die vorausgegangene Chemotherapie sollte ein Anthracyclin oder Alkylanzien enthalten haben. Docetaxel ist in Kombination mit Capecitabin zur Behandlung von Patientinnen mit lokal fortgeschrittenem oder metastasiertem Brustkrebs nach Versagen einer Chemotherapie angezeigt. Die frühere Behandlung sollte ein Anthracyclin enthalten haben. (Docetaxel-ratiopharm®; Februar 2016)
Doxorubicin L01DB01 generisch	Doxorubicin ist ein Zytostatikum, das bei folgenden neoplastischen Erkrankungen angezeigt ist: - Mammakarzinom (Adrimedac®; September 2013)
Doxorubicin (liposomal) L01DB01 Caelyx®	Caelyx ist indiziert: - Als Monotherapie bei Patientinnen mit metastasierendem Mammakarzinom mit erhöhtem kardialen Risiko. (Caelyx®; Januar 2017)
Doxorubicin (liposomal) L01DB01 Myocet	Myocet in Kombination mit Cyclophosphamid wird angewendet bei der First-line-Behandlung von metastasiertem Brustkrebs bei erwachsenen Frauen (Myocet; Januar 2015)
Epirubicin L01DB03 generisch	Epirubicin wird zur Behandlung folgender neoplastischer Erkrankungen eingesetzt: - Mammakarzinom, (Epimedac®; Juli 2016)
Eribulin L01XX41 Halaven®	Halaven ist indiziert für die Behandlung von erwachsenen Patienten mit lokal fortgeschrittenem oder metastasiertem Brustkrebs, bei denen nach mindestens einer Chemotherapie zur Behandlung einer fortgeschrittenen Brustkrebserkrankung eine weitere Progression eingetreten ist. Die Vortherapien sollen ein Anthrazyclin und ein Taxan entweder als adjuvante Therapie oder im Rahmen der metastasierten Situation enthalten haben, es sei denn, diese Behandlungen waren ungeeignet für den Patienten. (Halaven®; August 2017)
Gemcitabin L01BC05 generisch	Gemcitabin ist angezeigt in Kombination mit Paclitaxel für die Behandlung von Patientinnen mit nicht operablem, lokal rezidiertem oder metastasiertem Brustkrebs, bei denen es nach einer adjuvanten/neoadjuvanten Chemotherapie zu einem Rezidiv kam. Die vorausgegangene Chemotherapie sollte ein Anthracyclin enthalten haben, sofern dieses nicht klinisch kontraindiziert war.

	(Gemcitabin onkovis; März 2014)
Ifosfamid L01AA06 generisch	Zur Palliativtherapie bei fortgeschrittenen, therapierefraktären bzw. rezidivierenden Mammakarzinomen. (Holoxan; Januar 2015)
Methotrexat L01BA01 generisch	Mammakarzinome: - in Kombination mit anderen zytostatischen Arzneimitteln zur adjuvanten Therapie nach Resektion des Tumors oder Mastektomie sowie zur palliativen Therapie im fortgeschrittenen Stadium (Methotrexat-GRY®; März 2016)
Mitomycin L01DC03 generisch	Mitomycin wird in der palliativen Tumortherapie eingesetzt. Die intravenöse Anwendung von Mitomycin ist in der Monochemotherapie oder in kombinierter zytostatischer Chemotherapie bei Erwachsenen mit folgenden Erkrankungen angezeigt: • fortgeschrittenes und/oder metastasierendes Mammakarzinom (Mitomycin medac; Mai 2016)
Mitoxantron L01DB07 generisch	Fortgeschrittenes und/oder metastasiertes Mammakarzinom (Onkotrone; Januar 2015)
Paclitaxel L01CD01 generisch	Als Monotherapie ist Paclitaxel Stragen indiziert für die Behandlung des metastasierten Mammakarzinoms bei Patientinnen, bei denen eine Standardtherapie mit Anthracyclinen erfolglos war oder für die eine Therapie mit einem Anthracyclin nicht angezeigt ist. (Paclitaxel Stragen®; Mai 2015)
Nab-Paclitaxel L01CD01 Abraxane®	Abraxane-Monotherapie ist indiziert für die Behandlung des metastasierten Mammakarzinoms bei erwachsenen Patienten, bei denen die Erstlinientherapie der metastasierten Erkrankung fehlgeschlagen ist und für die eine standardmäßige Anthracyclin-enthaltende Therapie nicht angezeigt ist (Abraxane®; November 2016)
Vinblastin L01CA01 Vinblastinsulfat TEVA®	Vinblastin wird manchmal in der Monotherapie, üblicherweise jedoch in Kombination mit anderen Zytostatika und/oder Strahlentherapie zur Behandlung der folgenden malignen Erkrankungen angewendet: - rezidivierendes oder metastasierendes Mammakarzinom (wenn eine Behandlung mit Anthracyclinen nicht erfolgreich war) (Vinblastinsulfat TEVA®; März 2016)
Vincristin	Vincristin wird entweder allein oder in Verbindung mit anderen Mitteln zur Krebstherapie angewendet zur Behandlung von:

L01CA02 generisch	- soliden Tumoren, einschließlich (metastasierendem) Mammakarzinom [...] (Vincristinsulfat TEVA®; März 2016)
Vindesin L01CA03 Eldisine®	Eindeutiges Ansprechen wurde auch bei folgenden Erkrankungen erzielt, jedoch liegen hierfür erst geringere Erfahrungen vor: [...] - Mammakarzinom
Vinorelbin L01CA04 generisch	Behandlung als Monotherapie bei Patientinnen mit metastasierendem Brustkrebs (Stadium 4), bei denen eine Behandlung mit einer anthrazyklin- und taxanhaltigen Chemotherapie versagt hat oder nicht angezeigt ist. (Navelbine®; November 2013)

Quellen: AMIS-Datenbank, Fachinformationen

Abteilung Fachberatung Medizin

Recherche und Synopse der Evidenz zur Bestimmung der zweckmäßigen Vergleichstherapie nach § 35a SGB V

Vorgang: 2017-B-251 (Olaparib)

Auftrag von: Abt. AM
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Recherche und Synopse der Evidenz zur Bestimmung der zweckmäßigen Vergleichstherapie (zVT):

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Systematische Recherche

Es wurde eine systematische Literaturrecherche nach systematischen Reviews, Meta-Analysen, HTA-Berichten und evidenzbasierten systematischen Leitlinien zur Indikation *Mammakarzinom* durchgeführt. Der Suchzeitraum wurde auf die letzten 5 Jahre eingeschränkt und die Recherche am 02.08.2017 abgeschlossen. Die Suche erfolgte in den aufgeführten Datenbanken bzw. Internetseiten folgender Organisationen: The Cochrane Library (Cochrane Database of Systematic Reviews, Health Technology Assessment Database), MEDLINE (PubMed), AWMF, Clinical Evidence, DAHTA, G-BA, GIN, IQWiG, NGC, NICE, TRIP, SIGN, WHO. Ergänzend erfolgte eine freie Internetsuche nach aktuellen deutschen und europäischen Leitlinien. Die detaillierte Darstellung der Suchstrategie ist am Ende der Synopse aufgeführt.

Die Recherche ergab 2648 Quellen, die anschließend in einem zweistufigen Screening-Verfahren nach Themenrelevanz und methodischer Qualität gesichtet wurden. Zudem wurde eine Sprachrestriktion auf deutsche und englische Quellen vorgenommen. Insgesamt ergab dies 26 Quellen, die in die synoptische Evidenz-Übersicht aufgenommen wurden.

Eine Referenz wurde nachträglich identifiziert und in die Synopse mit aufgenommen, diese Nachauswertung befindet sich im Anhang. Es handelt sich hierbei um die Interdisziplinäre S3-Leitlinie für die Früherkennung, Diagnostik, Therapie und Nachsorge des Mammakarzinoms, welche erst im Dezember 2017 vom Leitlinienprogramm Onkologie veröffentlicht wurde.

Indikation

für die Behandlung von erwachsenen Patienten mit BRCA-mutiertem (Keimbahn) HER2-negativem metastasiertem Brustkrebs angewendet, die mit Chemotherapie (Anthrazyklinen und Taxanen) vorbehandelt worden sind.

Abkürzungen:

AI	Aromatase-Inhibitor
AWMF	Arbeitsgemeinschaft der wissenschaftlichen medizinischen Fachgesellschaften
CI	Konfidenzintervall
CR	complete response
DAHTA	Deutsche Agentur für Health Technology Assessment
DRKS	Deutsches Register Klinischer Studien
ER	Östrogen Rezeptor
G-BA	Gemeinsamer Bundesausschuss
GIN	Guidelines International Network
HER2	humaner epidermaler Wachstumsfaktor-Rezeptor-2
HR	Hazard Ratio
ICTRP	International Clinical Trials Registry Platform
ISRCTN	International Standard Randomised Controlled Trial Number
IQWiG	Institut für Qualität und Wirtschaftlichkeit im Gesundheitswesen
NCCN	National Comprehensive Cancer Network
NGC	National Guideline Clearinghouse
NHS CRD	National Health Services Center for Reviews and Dissemination
NICE	National Institute for Health and Care Excellence
OR	Odds Ratio
ORR	Objective response rate
OS	Overall survival
PR	partial response
SIGN	Scottish Intercollegiate Guidelines Network
SD	and stable disease
TAM	Tamoxifen
TOR	Toremifen
TRIP	Turn Research into Practice Database
TTP	time to progression
WHO	World Health Organization

IQWiG Berichte/G-BA Beschlüsse

<p>G-BA, 2015 [4]. Beschluss des Gemeinsamen Bundesausschusses über eine Änderung der Arzneimittel-Richtlinie (AM-RL): Anlage XII - Beschlüsse über die Nutzenbewertung von Arzneimitteln mit neuen Wirkstoffen nach § 35a SGB V – Eribulin (neues Anwendungsgebiet) vom 22. Januar 2015</p> <p>Vgl. IQWiG, 2014 [10,11].</p>	<p>Zugelassenes Anwendungsgebiet vom 27. Juni 2014:</p> <p>HALAVEN ist indiziert für die Behandlung von Patienten mit lokal fortgeschrittenem oder metastasiertem Brustkrebs, bei denen nach mindestens einer Chemotherapie zur Behandlung einer fortgeschrittenen Brustkrebserkrankung eine weitere Progression eingetreten ist. Die Vortherapien sollen ein Anthrazyklin und ein Taxan entweder als adjuvante Therapie oder im Rahmen der Metastasenbehandlung enthalten haben, es sei denn, diese Behandlungen waren ungeeignet für den Patienten.</p> <p><i>[Neues Anwendungsgebiet: Erweiterung des bisherigen Anwendungsgebietes auf Patienten, bei denen nach einer Chemotherapie zur Behandlung einer fortgeschrittenen Brustkrebserkrankung eine weitere Progression eingetreten ist (Anwendung in einer früheren Therapielinie). Der vorliegende Beschluss bezieht sich auf das gesamte Anwendungsgebiet.]</i></p> <p>1. Zusatznutzen des Arzneimittels im Verhältnis zur zweckmäßigen Vergleichstherapie</p> <p>a) <u>Patientinnen, die nicht mehr mit Taxanen oder Anthrazyklinen behandelt werden können</u></p> <p>Zweckmäßige Vergleichstherapie: patientenindividuell bestimmte Chemotherapie unter Verwendung der Wirkstoffe als Monotherapie mit Capecitabin, Vinorelbin</p> <p>Ausmaß und Wahrscheinlichkeit des Zusatznutzens gegenüber einer Monotherapie mit Capecitabin, Vinorelbin:</p> <p>Anhaltspunkt für einen beträchtlichen Zusatznutzen.</p> <p>b) <u>Patientinnen, die für eine erneute Anthrazyklin- oder Taxan-haltige Behandlung infrage kommen</u></p> <p>Zweckmäßige Vergleichstherapie: patientenindividuell bestimmte Chemotherapie mit einer erneuten Anthrazyklin- oder Taxan-haltigen Therapie</p> <p>Ausmaß und Wahrscheinlichkeit des Zusatznutzens gegenüber einer erneuten Anthrazyklin- oder Taxanhaltigen Therapie:</p> <p>Ein Zusatznutzen ist nicht belegt.</p> <p>c) <u>Patientinnen mit HER2-positivem Brustkrebs, für die eine Anti-HER2-Therapie angezeigt ist</u></p> <p>Es wird davon ausgegangen, dass in der Behandlung von Patientinnen mit HER2-positivem Brustkrebs, bei der Therapieentscheidung für eine Behandlung mit Eribulin laut vorliegendem Anwendungsgebiet, die Behandlungsoption einer Anti-HER2-Therapie eingehend berücksichtigt und als nicht angezeigt beurteilt worden ist. Sofern angezeigt:</p> <p>Zweckmäßige Vergleichstherapie: Lapatinib in Kombination mit Capecitabin oder Lapatinib in Kombination mit Trastuzumab</p> <p>Ausmaß und Wahrscheinlichkeit des Zusatznutzens gegenüber Lapatinib in Kombination mit Capecitabin oder Lapatinib in Kombination mit Trastuzumab:</p> <p>Ein Zusatznutzen gilt als nicht belegt.</p>
<p>G-BA, 2016 [6]. Richtlinie des Gemeinsamen</p>	<p>1.4.4 Systemische adjuvante Therapie (endokrine Therapie, Chemotherapie und Antikörpertherapie)</p> <p>Die Entscheidung über die Notwendigkeit und Art einer adjuvanten Therapie</p>

<p>Bundesausschusses zur Regelung von Anforderungen an die Ausgestaltung von Strukturierten Behandlungsprogrammen nach § 137f Abs. 2 SGB V: in der Fassung vom 16. Februar 2012; veröffentlicht im Bundesanzeiger (BAnz AT 18. Juli 2012 B3); in Kraft getreten am 19. Juli 2012; zuletzt geändert am 21. Juli 2016; veröffentlicht im Bundesanzeiger (BAnz AT 14. Oktober 2016 B3); in Kraft getreten am 1. Januar 2017</p> <p>Vgl. auch IQWiG, 2014 [12].</p>	<p>berücksichtigt die Tumorgröße, den Lymphknotenstatus, das Grading, den Hormonrezeptorstatus, den HER2/neu-Status, den Menopausenstatus, weitere Erkrankungen und das Alter als wichtigste Faktoren zur Risikoeinstufung. Jede Patientin mit positivem Hormonrezeptorstatus soll eine endokrine Therapie erhalten.</p> <p>Bei Patientinnen mit erhöhtem Risiko und rezeptornegativem Befund sollte eine Chemotherapie in Betracht gezogen werden. Bei Patientinnen mit erhöhtem Risiko und rezeptorpositivem Befund ist entweder die alleinige endokrine Therapie oder die Kombination von Chemotherapie mit endokriner Therapie zu erwägen. Bei Patientinnen mit HER2/neu positiven Tumoren (ab Stadium pT1c und/oder LK Befall) soll eine Behandlung mit Trastuzumab erfolgen.</p> <p>1.4.5 Primär systemische/neoadjuvante Therapie</p> <p>Zur Therapieauswahl der primär systemischen Therapie sind die gleichen klinischen und pathomorphologischen Befunde zu erheben (klinische Tumorgröße und Lymphknotenstatus, Grading, Hormonrezeptorstatus, HER2/neu-Status, Menopausenstatus, weitere Erkrankungen und das Alter) wie bei der adjuvanten Therapie. Der Effekt der primär systemischen Therapie ist regelmäßig zu überwachen.</p> <p>1.4.6.2 Lokal fortgeschrittener Brustkrebs</p> <p>Essentielle Bestandteile der Therapie des inflammatorischen und/oder primär inoperablen Brustkrebses sind die systemische Therapie, Sekundäroperation und die Strahlentherapie. Die therapeutische Sequenz wird durch die individuellen Gegebenheiten festgelegt.</p> <p>1.6.1.1 Therapie des Lokalrezidivs</p> <p>Die Therapie intramammärer Rezidive besteht in der Regel in einer operativen Intervention. Die Mastektomie erzielt hierbei die beste Tumorkontrolle. Ein Thoraxwandrezidiv ist nach Möglichkeit operativ vollständig zu entfernen. Bei lokoregionärem Rezidiv nach Mastektomie sollte eine postoperative Bestrahlung durchgeführt werden, sofern es auf Grund der bisherigen Strahlenbelastung vertretbar ist. Darüber hinaus soll ergänzend die Notwendigkeit und Möglichkeit zusätzlicher Behandlungen (systemische endokrine und/oder chemotherapeutische Behandlungsverfahren) geprüft werden.</p> <p>1.6.1.2 Therapie bei metastasierten Erkrankungen</p> <p>Bei nachgewiesenen Fernmetastasen steht die Lebensqualität der betroffenen Patientin im Vordergrund der therapeutischen Maßnahmen. Diese haben sich darauf auszurichten, eine Lebensverlängerung unter möglichst langem Erhalt der körperlichen Leistungsfähigkeit, einer akzeptablen Lebensqualität und Linderung tumorbedingter Beschwerden zu erreichen. Die individualisierte Therapiestrategie hat die krankheitsspezifischen Risikofaktoren (viszerale Metastasierung, Knochenmetastasierung, Hirnmetastasierung) sowie die persönliche Situation der Patientin zu beachten. Zur Therapie einer Fernmetastasierung kommen in Abhängigkeit von der individuellen Befundkonstellation medikamentöse, strahlentherapeutische und operative Maßnahmen allein oder in Kombination zum Einsatz. Eine endokrine Therapie ist bei positivem Hormonrezeptorstatus zu empfehlen.</p> <p>Eine Chemotherapie sollte unter Berücksichtigung der individuellen Risikosituation und des Therapieziels in Erwägung gezogen werden, insb. bei negativem Rezeptorstatus, Resistenz auf eine endokrine Therapie, schnell progredientem Verlauf, viszeralem Befall und/oder erheblichen Beschwerden. In diesen Situationen kann eine Chemotherapie trotz ihrer Nebenwirkungen die Lebensqualität erhöhen.</p>
<p>G-BA, 2010 [5].</p>	<p>Die Anlage VI wird im Teil B (Wirkstoffe, die in zulassungsüberschreitenden</p>

<p>Beschluss des G-BA über eine Änderung der Arzneimittel-Richtlinie: Anlage VI – Off-Label-Use; Gemcitabin in der Monotherapie beim Mammakarzinom d. Frau vom 20. Mai 2010</p>	<p>Anwendungen (Off -Label -Use) nicht verordnungsfähig sind) wie folgt ergänzt: „IV. Gemcitabin in der Monotherapie beim Mammakarzinom der Frau“</p>
<p>G-BA, 2017 [7]. Richtlinie KH-Behandlung von 2006, letzte Fassung 2017 Protonentherapie beim Mammakarzinom</p>	<p>(...) Die Protonentherapie bei der Indikation Mammakarzinom erfüllt derzeit weder alleine noch in Kombination mit einer anderen Therapie die Kriterien des §137 c SGB V (ausreichend, zweckmäßig, wirtschaftlich) und ist damit nicht Leistung im Rahmen der gesetzlichen Krankenversicherung.</p> <p>(...) (1) Im Rahmen der Krankenhausbehandlung sind folgende Methoden von der Erbringung zu Lasten der gesetzlichen Krankenkassen ausgeschlossen, wobei die Durchführung klinischer Studien hiervon unberührt bleibt:</p> <p>...</p> <p>3.1 Protonentherapie bei Hirnmetastasen</p>

Cochrane Reviews

<p>Wagner AD et al., 2012 [24].</p> <p>Vascular-endothelial-growth-factor (VEGF) targeting therapies for endocrine refractory or resistant metastatic breast cancer (Review)</p>	<p>1. Fragestellung</p> <p>To evaluate the benefits in progression-free survival, overall survival and harms of VEGF-targeting therapies in patients with hormone-refractory or hormone-receptor negative metastatic breast cancer.</p>
	<p>2. Methodik</p> <p>Population: Women with histologically or cytologically confirmed, endocrine refractory or resistant, locally advanced or metastatic breast cancer</p> <p>Intervention: systemic, oral or intravenous, VEGF-targeting therapies, in combination with chemotherapy, with or without trastuzumab.</p> <p>Komparator: systemic chemotherapy, with or without trastuzumab, in the same dose, route and schedule of administration as in the experimental intervention.</p> <p>Endpunkte: PFS, OS, TTP, Tumor response, Toxicity, QoL</p> <p>Recherche: Searches of CENTRAL, MEDLINE, EMBASE, the Cochrane Breast Cancer Group's Specialised Register, registers of ongoing trials + proceedings of conferences in January and September 2011, starting in 2000. Reference lists were scanned and members of the Cochrane Breast Cancer Group, experts and manufacturers of relevant drug were contacted to obtain further information.</p> <p>Anzahl eingeschlossene Studien: 7 RCT, 1 non-RCT, 5 ongoing trials</p> <p>Qualitätsbewertung der Studien: Cochrane risk of bias tool.</p>
	<p>3. Ergebnisse</p> <p><i>Study characteristics</i></p> <ul style="list-style-type: none"> • trials on VEGF-targeting therapies for metastatic breast cancer are limited to bevacizumab • All trials used bevacizumab in combination with established chemotherapy regimens. • first-line setting: 4 trials; second-line setting: 3 RCTs • additionally, 1 register study for harm evaluation (ATHENA, Smith 2011) <p><u>Risk of bias:</u> In general, the methodological quality of the included trials can be considered as appropriate.</p>

	Random sequence generation (selection bias)	Allocation concealment (selection bias)	Blinding of participants and personnel	Blinding of outcome assessment: PFS and response	Blinding of outcome assessment: toxicity	Incomplete outcome data (attrition bias): PFS and OS	Incomplete outcome data (attrition bias): Response	Incomplete outcome data (attrition bias): Toxicities	Selective reporting (reporting bias)	Other bias
Brufsky 2011 (RIBBON-2)	●	●	●	●	●	●	●	●	●	●
Burstein 2005	?	?	●	●	●	?	?	●	●	●
Martin 2011	?	●	●	●	●	●	●	●	●	●
Miles 2010 (AVADO)	?	●	●	●	●	●	●	●	●	?
Miller 2005 (AVF2119g)	?	?	●	●	●	●	●	●	●	●
Miller 2007 (E2100)	?	●	●	●	●	●	●	●	●	●
RIBBON-1 (Cape cohort)	?	●	●	●	●	●	●	●	●	?
RIBBON-1(T-Antra cohort)	?	●	●	●	●	●	●	●	●	?
Smith 2011 (ATHENA)	●	●	●	●	●	?	?	●	●	?

Results

PFS

- First-line (4 trials): HR 0.67 (95% CI 0.61 to 0.73), $I^2=51\%$
- Second-line (2 trials): HR 0.85 (95%CI 0.73 to 0.98), $I^2=55\%$

OS

- First-line (3 trials): HR 0.93 (95% CI 0.84 to 1.04); $I^2 = 0\%$
- Second-line (2 trials): HR 0.98 (95% CI 0.83 to 1.16); $I^2 = 5\%$

Tumor response

- First-line: OR 1.96; 95% CI 1.64 to 2.34, $I^2=56\%$
- Second-line: OR 1.87; 95% CI 1.37 to 2.54. $I^2=25\%$

Toxicity

- data from RCTs and registry data were consistent and in line with the known toxicity profile of bevacizumab.
- significantly higher rates of AEs grade III/IV (OR 1.77; 95% CI 1.44 to 2.18) and SAEs (OR 1.41; 95% CI 1.13 to 1.75) in patients treated with bevacizumab
- rates of treatment-related deaths were lower in patients treated with bevacizumab (OR 0.60; 95% CI 0.36 to 0.99).

QoL

- was evaluated in four trials but results were published for only two.
- A significant benefit in the quality of life (QoL) or other patients-related outcomes has not been observed in any of the included trials. Even in the trial which noted the greatest impact on bevacizumab on PFS (Miller 2007, E2100)), no impact on the QoL could be observed

4. Fazit der Autoren:

The overall patient benefit from adding bevacizumab to first- and second-line chemotherapy in metastatic breast cancer can at best be considered as modest. It is dependent on the type of chemotherapy used and limited to a prolongation of PFS and response rates in both first- and second-line therapy, both surrogate parameters. In contrast, bevacizumab has no

	<p>significant impact on the patient related secondary outcomes of OS or QoL, which indicate a direct patient benefit. For this reason, the clinical value of bevacizumab for metastatic breast cancer remains controversial.</p> <p>5. <i>Kommentar zum Review:</i></p> <ul style="list-style-type: none"> • Mind. 62% Patienten in allen Studien mit HR+Status, Ausnahme 1 Studie (47%)
<p>Gherzi, D et al., 2015 [8].</p> <p>Taxane-containing regimens for metastatic breast cancer.</p>	<p>1. Fragestellung</p> <p>To compare taxane-containing chemotherapy regimens with regimens not containing a taxane in the management of women with metastatic breast cancer. Subquestions within the review were:</p> <ul style="list-style-type: none"> • subquestion A: regimen A plus taxane versus regimen A (e.g. doxorubicin plus docetaxel versus doxorubicin alone) • subquestion B: regimen A plus taxane versus regimen B (e.g. doxorubicin plus docetaxel versus doxorubicin plus cyclophosphamide) • subquestion C: single-agent taxane versus regimen C (e.g. docetaxel versus doxorubicin plus cyclophosphamide) <p>2. Methodik</p> <p>Population: Women with advanced (metastatic) breast cancer, either newly diagnosed or recurrent</p> <p>Intervention: Any chemotherapy regimen containing a taxane</p> <p>Komparator: Any chemotherapy regimen not containing a taxane.</p> <p>Endpunkte:</p> <p>Primary outcomes</p> <ul style="list-style-type: none"> ○ Overall survival ○ Time to progression <p>Secondary outcomes</p> <ul style="list-style-type: none"> ○ Time to treatment failure ○ Objective tumour response rate ○ Toxicity ○ Health related quality of life <p>Recherche:</p> <ul style="list-style-type: none"> • Cochrane Breast Cancer Group (CBCG) Specialised Register on 14 February 2013. • MEDLINE and EMBASE from 2008 to February 2013 • WHO International Clinical Trials Registry Platform search for prospectively registered and ongoing trials on 14 February 2013 • ClinicalTrials.gov register on 14 February 2013 for additional unpublished and ongoing studies, <p>Anzahl eingeschlossene Studien/Patienten (Gesamt): 28 (n=6871)</p> <ul style="list-style-type: none"> • subquestion A: 2 studies • subquestion B: 14 studies

	<ul style="list-style-type: none"> • subquestion C: 13 studies <p>Qualitätsbewertung der Studien: Cochrane Risk of bias tool</p> <p>Assessment of heterogeneity by using Chi² test and I² statistic</p>
	<p>3. Ergebnisse</p> <p><i>Study characteristics</i></p> <p><u>Question A: regimen A plus taxane versus regimen A (2 trials)</u></p> <ul style="list-style-type: none"> • Population: anthracycline naïve women receiving <u>first-line chemotherapy</u> for metastatic breast cancer. • Taxane used: <ul style="list-style-type: none"> ○ Paclitacel in 1 trials ○ Docetaxel in 1 trial <p><u>Question B: regimen A plus taxane versus regimen B (14 trials)</u></p> <ul style="list-style-type: none"> • Population: <ul style="list-style-type: none"> ○ =women who were receiving <u>first-line chemotherapy</u> for metastatic breast cancer, ○ majority of participants in all of these trials were anthracycline naïve in the metastatic setting. • Taxane used: <ul style="list-style-type: none"> ○ Paclitaxel in 7 studies ○ docetaxel in 6 studies ○ paclitaxel or docetaxel at investigator's choice in 1 study <p><u>Question C: single-agent taxane versus regimen C (12 trials)</u></p> <ul style="list-style-type: none"> • Population: <ul style="list-style-type: none"> ○ in <u>5 of the 13</u> included studies the majority of participants received <u>first-line</u> chemotherapy; in 7 trials the majority of participants received <u>>firstline</u> chemotherapy ○ 6 of the 13 studies were anthracycline naïve • Taxane used: <ul style="list-style-type: none"> ○ Paclitaxel in 6 studies ○ docetaxel in 7 studies <p><i>Risk of bias:</i> Of the 28 included studies, we considered 19 studies to be at low risk of bias overall; however, some studies failed to report details on allocation concealment and methods of outcome assessment for those outcomes that are more likely to be influenced by a lack of blinding (for example tumour response rate).</p> <p><i>Results</i></p> <p>Overall survival</p> <p><u>Overall effect: taxane-containing versus non-taxane containing regimens</u></p> <ul style="list-style-type: none"> • Stat. sign. improvement in OS in favour of taxane containing regimens (HR of 0.93 (95% CI 0.88 to 0.99; P=0.002; participants = 6008; treatment comparisons = 23, I²=52%);) • First-line trials only (overall): HR 0.93; 95% CI 0.87 to 0.99; P = 0.03; participants = 4439; treatment comparisons = 16; I² = 55%; <p>Subgroup analysis: type of taxane</p> <ul style="list-style-type: none"> • “docetaxel vs non taxane”: HR 0.87 (95% CI 0.80 to 0.94; P=0.0008;

	<p>13 trials (n=3174); I²=2%)→sign. difference</p> <ul style="list-style-type: none"> • “paclitaxel vs. non-taxane”: HR of 1.01 (95% CI 0.93 to 1.10; P=0.84; 9 trials (n=2834); I²=67%)→ n.s. • Although the test for differences between type of taxane subgroups was statistically significant (P = 0.01), this was considered weak evidence given the variability in the comparator arms and taxane schedules (weekly versus three weekly) in these studies. <p>Subgroup analysis: prior anthracyclines</p> <ul style="list-style-type: none"> • 6 trials with women who had received previous anthracyclines for advanced disease: no difference in OS (HR 0.97; 95%CI 0.85 to 1.11; P = 0.66, 6 trials (n=1243); I²=58%) • 17 trials with anthracycline-naive women: HR for OS 0.93; 95% CI 0.87 to 0.99; P = 0.02, I²=52% • A test of differences between prior and no prior exposure to anthracyclines revealed no significant interaction (P = 0.51). <p><u>Question A: regimen A plus taxane versus regimen A</u></p> <ul style="list-style-type: none"> • No stat. sign. difference in OS (HR 1.00 (95% CI 0.84 to 1.18; P=0.97; 2 trials (n=630), I² = 0%) <p><u>Question B: regimen A plus taxane versus regimen B</u></p> <ul style="list-style-type: none"> • No stat. sign. difference (HR 0.92 (95% CI 0.84 to 1.00; P=0.05; 9 trials (n=2645) (I² = 70%) <p><u>Question C: single-agent taxane versus regimen C</u></p> <ul style="list-style-type: none"> • No stat. sign. difference (HR 0.95 (95% CI 0.87 to 1.03; P=0.19; 12 trials (n=2957) , I² = 42%) <p>PFS</p> <p><u>Overall effect: taxane-containing versus non-taxane containing regimens</u></p> <ul style="list-style-type: none"> • Stat. sign. difference in favour of taxane containing regimens (HR of 0.92 (95%CI 0.87 to 0.97; P =0.002, n=5960, 22 treatment comparisons, I²=73%) • First-line trials only (15 trials): HR 0.96; 95%CI 0.90 to 1.02; P=0.22, I²=62%) → n.s. <p>Subgroup analysis: type of taxane</p> <ul style="list-style-type: none"> • docetaxel vs non taxane: →sign. difference (HR 0.80; 95% CI 0.74 to 0.86; P <0.00001) • paclitaxel vs. non-taxane: →n.s. (HR 1.04; CI 0.96 to 1.12) • significant interaction, but there was significant and substantial heterogeneity (I² = 95.5%; P < 0.00001) in both docetaxel and paclitaxel studies, and variability may relate to the differences in the comparator arms and taxane schedule (that is weekly versus three weekly) in these studies. <p>Subgroup analysis: prior anthracyclines</p> <ul style="list-style-type: none"> • 5 studies included women who had had prior anthracyclines in the advanced setting: HR for PFS 0.76; 95% CI 0.67 to 0.86; P < 0.0001; 5 trials; I²=85% • 17 trials with anthracycline-naive women: PFS n.s.
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	<p>Toxicity</p> <p><u>Overall effect: taxane-containing versus non-taxane containing regimens</u></p> <p>Treatment-related death: →n.s.</p> <ul style="list-style-type: none"> • (RR 1.00; 95% CI 0.63 to 1.57; =0.99;I2=0) <p>Grade 3/4 leukopaenia: →n.s.</p> <ul style="list-style-type: none"> • RR1.07; 95%CI 0.97 to 1.17; P=0.16; n= 6564; I2 = 90% <p>Grade 3/4 nausea or vomiting: superiority</p> <ul style="list-style-type: none"> • RR 0.62; 95% CI 0.46 to 0.83; P=0.001; n= 6245) I2 = 46% <p>Grade 3/4 neurotoxicity:→ inferiority</p> <ul style="list-style-type: none"> • RR 4.84; 95%CI 3.18 to 7.35; P<0.00001; n=5783, I2=8% <p>Grade 3/4 alopecia:→ inferiority</p> <ul style="list-style-type: none"> • RR 2.37; 95% CI 1.45 to 3.87; P=0.0006; n= 2437, I2 = 94% <p>Quality of life</p> <ul style="list-style-type: none"> • Compliance with completion of baseline and follow-up quality of life instruments varied across studies, ranging from 61% to 99% for baseline and approximately 30% to 87% for follow-up. • Some studies reported problems with participants in poorer health not completing questionnaires (for example 304 Study Group). None of the individual studies reported a statistically significant difference in overall quality of life or in any of the subscales between taxane-containing and non-taxane-containing chemotherapy regimens.
	<p>4. Fazit der Autoren</p> <p>When we consider all trials, we have sufficient evidence to determine the effects of taxane-containing chemotherapy regimens in women with metastatic breast cancer. Taxane-containing regimens appear to improve overall survival, time to progression, and overall response in women with metastatic breast cancer. The degree of heterogeneity encountered indicates that taxane-containing regimens are more effective than some, but not all, non-taxane-containing regimens.</p> <p>Thus the results of this review, which was confined to trials of chemotherapy alone, are unlikely to change, and further updates are not planned. However, if future trials examine either the role of taxanes in specific subtypes of breast cancer, or the role of taxanes together with or versus targeted therapies, then a new review would be warranted.</p>

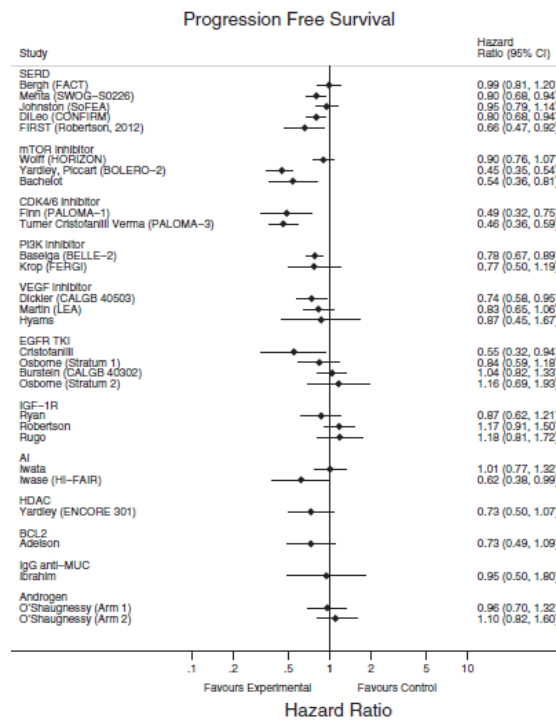
Systematische Reviews

<p>Beith, J et al., 2016 [1].</p> <p>Hormone receptor positive, HER2 negative metastatic breast cancer: A systematic review of the current treatment landscape.</p>	<p>1. Fragestellung</p> <p>To assess the effectiveness and safety of novel combinations with standard endocrine therapy options in women with hormone receptor positive, HER2 negative metastatic breast cancer</p>
	<p>2. Methodik (Review protocol registered on PROSPERO)</p> <p>Population: women with hormone receptor positive, HER2 negative metastatic breast cancer</p> <p>Intervention/Komparator: (exclusion of adjuvant therapy)</p> <ul style="list-style-type: none"> • aromatase inhibitors (AIs), letrozole, anastrozole and exemestane; • selective estrogen receptor modulators (SERMs) tamoxifen, raloxifene, toremifene • selective estrogen receptor degrader (SERD) fulvestrant; • mTOR (mechanistic Target of Rapamycin)- inhibitors everolimus, temsirolimus and ridaforolimus; • VEGF inhibitors bevacizumab, cediranib and enzastaurin; • Pi3K inhibitors buparlisib and pictilisib; • cyclin-dependent kinase (CDK) 4/6 inhibitor palbociclib; • IGFR inhibitors ganitumab, figitumumab, dalotuzumab and AS1402; • androgen antagonist abiraterone acetate; • EGFR tyrosine kinase inhibitors (TKIs) gefitinib and lapatinib (also an HER2 TKI); • GnRH agonist goserelin; • HDAC inhibitor entinostat; • and the SRC TKI dasatinib. <p>Endpunkte: PFS; OS, clinical benefit rate, AEs on grade 3 or 4 events</p> <p>Recherche: December 2015 in Cochrane Central Register of Controlled Trials, Cochrane Database of Reviews of Effect, Cochrane Database of Systematic Reviews, EMBASE, MEDLINE and Daily MEDLINE plus handsearch in ASCO, ESMO, EBCC, SABCS libraries</p> <p>Anzahl eingeschlossene Studien/Patienten (Gesamt): 32 studies</p> <p>Qualitätsbewertung der Studien: using the MERGE criteria for evaluating the quality of studies and assessing the effect of interventions</p>
	<p>3. Ergebnisse</p> <p><i>Study characteristics</i></p> <ul style="list-style-type: none"> • Interventions: addition of a trial agent to standard treatment (n=24), optimization strategies (n=8) • 12 studies in the first line only setting, 5 in first or second line and 9 studies of second or later lines of treatment, 6 trials without specification

- The majority (n = 21) of the studies were in endocrine resistant settings, with a further 10 studies with a mixed population of women with endocrine resistant or sensitive tumors
- MERGE assessment: 15 studies had a low risk of bias, 13 had low to moderate risk of bias and 7 had moderate to high risk of bias.

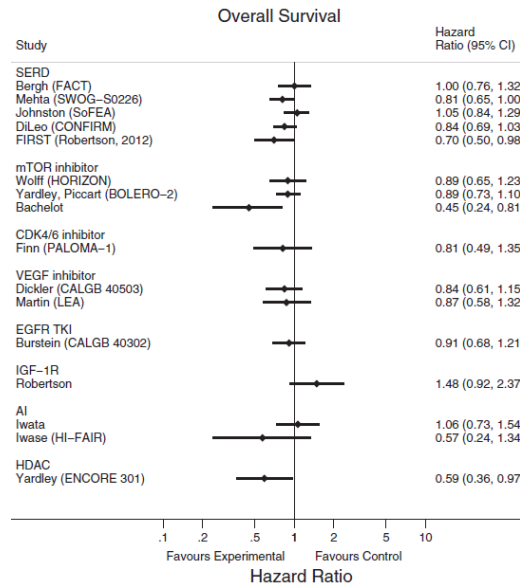
Results (→ Anhang: Table 2 Efficacy result by study)

Progression-free survival



- greatest difference in PFS between arms was seen with the addition of a CDK4/6 inhibitor to either an AI or a SERD (HR between 0.36 and 0.75).
- Addition of treatment with an mTOR inhibitor (HR between 0.35 and 1.07), Pi3K inhibitor (HR between 0.50 and 1.19), SERD (HR between 0.47 and 1.20) and VEGF inhibitors (HR between 0.45 and 1.67) showed significant benefit in PFS in some studies.
- With the exception of one study, no significant PFS improvement was seen with EGFR TKIs and all IGFR inhibitor studies failed to show a benefit.
- Phase 2 data from a study with an HDAC inhibitor and another with a BCL2 inhibitor showed a trend toward benefit (HR 0.73 [95% CI 0.50, 1.07]; HR 0.73 [95% CI 0.49, 1.09], respectively), but this needs to be confirmed in larger ongoing phase III studies.

Overall survival



- None of the studies included in this review were powered for OS; results were reported for 16 of the 32 studies.
- No significant improvements in OS were reported with SERDs (HR between 0.24 and 1.34) and VEGF inhibitors (HR between 0.58 and 1.32)
- Of the 3 mTOR inhibitor studies with OS results, 1 showed a significant OS advantage (HR 0.45; 95% CI 0.24–0.81) for the combination of an mTOR inhibitor with tamoxifen.
- The results of the phase 2 HDAC study look promising, but need to be confirmed in larger studies.

Clinical benefit rate

- relative risk of clinical benefit was not improved in any studies regardless of the class of experimental agent

Safety

- Of the 32 studies included in the review, 28 reported toxicity data.
- Where more than 1 study reported discontinuation rates, they were generally highest with VEGF inhibitors (between 20.5% and 39%), with the LEA study reporting an unexpectedly high rate of toxicity-related deaths (4.2%; n = 8) with the combination of a VEGF inhibitor with endocrine therapy compared to no deaths with endocrine therapy alone, prompting the authors to suggest a possible toxicity interaction between these agents EGFR TKIs (12–20%), mTOR inhibitors (7.5–29%) and SERDs (2–27%) also reported higher discontinuation rates than those seen with AIs (0–6%) and IGF-1R inhibitors (1–12.8%).
- Stomatitis and hyperglycemia were commonly reported with mTOR inhibitors; pain and fatigue with SERDs; hypertension, diarrhea, proteinuria and dyspnea with VEGF inhibitors; stomatitis and neutropenia with IGFR inhibitors; neutropenia, leukopenia and anemia with CDK4/6 inhibitors; and hyperglycemia, rash and abnormal blood chemistry levels with Pi3K inhibitors.

	<ul style="list-style-type: none"> • In addition, a study of an IGFR inhibitor in combination with an mTOR inhibitor and an AI was stopped early due to high rates of stomatitis with an overall rate of 68% (22/33 patients) and grade 3 stomatitis in 11 (35%) patients. Dose reduction of the mTOR inhibitor improved rates of grade 3 stomatitis but rates remained high for grade 1 and 2 stomatitis. <p>4. Fazit der Autoren</p> <p>Limitations: The studies included in this review were too heterogeneous to allow for meta-analysis. While we excluded studies of patients with HER2 positive metastatic breast cancer from this review, a small number of patients (5%) were included in the studies we reviewed. We attempted to separate studies according to whether the patient populations were endocrine resistant or sensitive; however, it was unclear in most publications whether all or some patients had received prior endocrine therapy.</p> <p>Conclusion: PFS benefit has been shown with the addition of a SERD or novel agents targeting CDK4/6, mTOR and Pi3K pathways. If early results can be confirmed by phase 3 studies, the benefits of new combination therapy may lead to significant changes to the way we treat these patients. Phase 3 studies with CDK4/6 inhibitors, Pi3K inhibitors and HDAC inhibitors are currently ongoing.</p> <p>5. <i>Kommentare zum Review</i></p> <ul style="list-style-type: none"> • Nicht alle im Review adressierten Wirkstoffe haben eine Zulassung im AWG • Funding and Conflict of Interests reported • Risk of bias –Bewertung nur als Zusammenfassung dargestellt, Verknüpfung der Ergebnisse der Einzelstudien mit dem individuellen Verzerrungsrisiko nicht mgl.
<p>Xu L et al., 2016 [26].</p> <p>A meta-analysis of combination therapy versus single-agent therapy in anthracycline- and taxane-pretreated metastatic breast cancer: results from nine randomized</p>	<p>1. Fragestellung</p> <p>A meta-analysis of Phase III randomized clinical trials (RCTs) comparing the efficacy and toxicity of combination therapy with single-agent therapy in those MBC patients who had been heavily pretreated with anthracyclines and taxanes.</p> <p>2. Methodik</p> <p>Population: adults with MBC pretreated with an anthracycline and/or a taxane as adjuvant or palliative treatment</p> <p>Intervention: combination therapy</p> <p>Komparator: single agent</p> <p>Endpunkte: efficacy and toxicity</p> <p>Recherche: in PubMed, EMBASE, and Cochrane library until 01/08/2015; search for ongoing trials (ClinicalTrials.gov); screening of references lists, conference proceedings</p> <p>Anzahl eingeschlossene Studien/Patienten (Gesamt): 9 trials (n= 4641)</p>

Phase III trials

Qualitätsbewertung der Studien: Jadad scale

Vgl. auch
Qi et al., 2013
[22];
Zhang et al.,
2016 [27]:

3. Ergebnisse

Study characteristics

Table 1 Characteristics of nine trials eligible for meta-analysis

Author	Martin et al ¹¹	Sparano et al ⁷	Pallis et al ¹²	Crown et al ¹⁵	Miller et al ¹⁶	Thomas et al ¹⁸	O'Shaughnessy et al ²⁷	Bonnetterre et al ²⁵	Albain et al ²⁹
Year	2007	2010	2012	2013	2005	2007	2002	2002	2008
Country	Spain	USA	Greece	Ireland	USA	USA	USA	France	USA
Patients (n)	252	1,221	148	442	462	752	511	176	529
Age, years, median (range)									
Combination	58 (28–82)	53 (23–78)	60 (32–82)	52 (27–79)	51 (29–78)	53 (25–76)	52 (26–79)	Not reported	53 (26–83)
Single agent	57 (35–80)	53 (24–81)	60 (34–82)	54 (31–77)	52 (30–77)	52 (25–79)	51 (25–75)	Not reported	53 (27–75)
Regimens	GEM + NVB/NVB	IXA + CAP/CAP	NVB + GEM/CAP	Sunitinib + GEM/CAP	Bevacizumab + CAP/CAP	Ixabepilone + CAP/CAP	DOC + CAP/CAP	5-FU + vinorelbine/DOC	GEM + paclitaxel
Metastatic or recurrent (%)	Metastatic (100)	Metastatic (100)	Metastatic (100)	Metastatic (94), recurrent (6)	Metastatic (100)	Metastatic (100)	Metastatic (97), recurrent (3)	Metastatic (100)	Metastatic (97), recurrent (3)
Jadad score	3	3	3	3	3	3	3	3	3
Line of therapy	First to third line	Any line	≥2nd line	Not reported	Any line	Any line	First to third line	Not reported	Not reported
HER-2 positive (%)									
Combination	15	14	14.9	13	26.3	16	Not reported	Not reported	Not reported
Single agent	15	16	12.2	11	20.4	14	Not reported	Not reported	Not reported

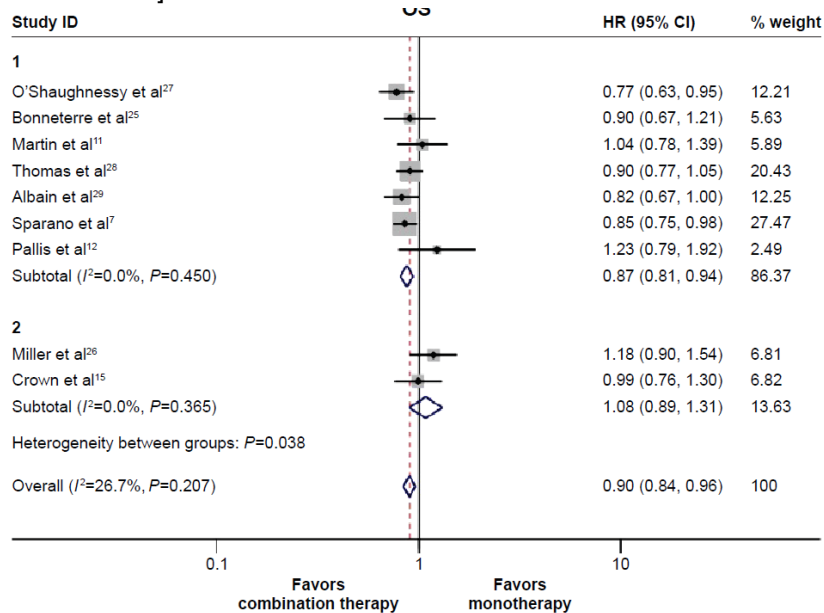
Abbreviations: GEM, gemcitabine; NVB, vinorelbine; IXA, ixabepilone; CAP, capecitabine; DOC, docetaxel; 5-FU, 5-fluorouracil.

- 7 trials with combination chemotherapy vs. single-agent therapy; 2 trials with chemotherapy plus targeted therapy (sunitinib or bevacizumab) vs. single-agent therapy.
- Line of therapy: mixed (→ tab 1)
- Hinweis: 3 Studien mit nicht im AWG zugelassenen Arzneimitteln (Sparano et al., Thomas et al., Crown et al.)

Results

OS (→ figure)

- Overall: Superiority of combination therapy (HR 0.90 [95% CI 0.84; 0.96])
- two chemotherapy agents combination vs single-agent therapy: HR 0.87 [94% CI 0.81; 0.94]
- targeted drug plus chemotherapy vs single drug: HR =1.08 [95% CI 0.89–1.31] → n.s



PFS

- two chemotherapy agents combination v single-agent therapy: HR 0.77 [94% CI 0.70; 0.84]
- targeted drug plus chemotherapy vs single drug: HR =0.85 [95% CI 0.74–

	<p>0.97]</p> <p>Safety</p> <ul style="list-style-type: none"> Concerning the grade 3 or 4 hematological toxicities, leukopenia, anemia, neutropenia, thrombocytopenia, and febrile leukopenia were more frequent in the doublet agents group doublet agents produced significantly increased gastrointestinal toxicities including nausea, stomatitis, and pharyngitis than did single agent, whereas the incidence of diarrhea and anorexia in the doublet agents did not differ from the single agent
	<p>4.Fazit der Autoren</p> <p>When compared with single-agent therapy, doublet agents should be considered a treatment option because of the superior efficacy and the manageable safety profile for the prior anthracycline- and taxane-treated MBC patients.</p> <p>5.Kommentare zum Review</p> <ul style="list-style-type: none"> Quality assessment of included studies: results not reported 3 von 9 Studien mit nicht im AWG zugelassenen Arzneimitteln funding from National Natural Science Foundation of China Syst. Reviews mit ähnlichen Fragestellungen erzielen vergleichbare Schlussfolgerungen: <p>Zhang et al. 2016 [27]: „Currently available clinical evidence for MBC patients pretreated with anthracyclines and taxanes indicates that doublet chemotherapy may be a more efficient regimen for MBC patients in terms of ORR and PFS, but with more frequencies of grade 3 and 4 myelosuppression toxicities compared with a single agent. The addition of a targeted agent to chemotherapy significantly improve ORR, but not PFS or OS. However, data about targeted agent containing regimens in this setting is too immature to come to an exact conclusion, and more RCTs are needed to appraise the therapeutic effect of specific targeted agent containing doublet therapy for MBC patients in this setting.”</p> <p>Qi et al. 2013 [22] : “In conclusion, our meta-analysis showed that doublet agents offered a significant improvement in PFS and ORR in patients with MBC pre-treated with an anthracycline and a taxane but did not benefit OS, but they also produced more toxicity. Due to the highly heterogeneous nature of this disease and limitations of the study, we were still unable to clearly set the role of combination therapy in the treatment of MBC pre-treated with an anthracycline and a taxane with available data from randomised clinical trial; more high-quality RCTs were needed to investigate the issue:”</p>
<p>Puglisi F et al., 2016 [20].</p> <p>Second-line single-agent chemotherapy in human</p>	<p>1. Fragestellung</p> <p>To assess single-agent therapy for HER2-negative MBC second-line treatment</p> <p>2. Methodik</p> <p>Population: HER2-negative advanced or metastatic breast cancer who had received one prior line of chemotherapy treatment in the advanced or metastatic</p>

<p>epidermal growth factor receptor 2-negative metastatic breast cancer: A systematic review</p>	<p>setting.</p> <p>Intervention: single-agent chemotherapy as a second-line treatment:</p> <ul style="list-style-type: none"> • taxanes (paclitaxel, nab-paclitaxel, docetaxel), • vinca alkaloids (vinorelbine, vinblastine, vincristine), • platinum-based treatments (cisplatin, carboplatin), • anthracyclines (doxorubicin, pegylated liposomal doxorubicin [PLD], epirubicin) • and other monotherapy (capecitabine, gemcitabine, eribulin, melphelan or cyclophosphamide) <p>Komparator: any comparator</p> <p>Endpunkte: OS, PFS; TTP; QoL, toxicity outcomes</p> <p>Recherche: in MEDLINE, Embase and The Cochrane Library up to 10/ 2013; update search in Pubmed 10/2013-11/2014</p> <p>Anzahl eingeschlossene Studien/Patienten (Gesamt): 53 RCT of which 14 reported data specifically for second- and/or later-line treatment within the metastatic setting.</p> <p>Qualitätsbewertung der Studien: Quality appraisal of the elements of selection, attrition, detection, and performance bias was performed in accordance with the NICE Guidelines Manual 2009</p>
	<p>3. Ergebnisse</p> <p><i>Study and patient level characteristics of trials enrolling second- and/or later-line patients (n = 14)</i></p> <ul style="list-style-type: none"> • 5 trials reported data for a purely second-line patient population, • 3 trials reported data from mixed-line treatment but provided results for the second-line subgroup separately, • 3 trials had unclear second-line status (i.e. it was unclear whether the previous therapy had been given in the adjuvant or metastatic setting), • 2 trials reported data from second- or later-line patients, • 1 trial reported data from a second- or later-line subgroup separately. <p>Further 39 RCTs as first- or later-line (mixed) patients (no focus in this review)</p> <p>Risk of bias (13 were full papers + could be assessed for quality):</p> <ul style="list-style-type: none"> • 7 reported efficacy data on an intention-to-treat basis • randomisation was carried out appropriately in 5 but concealment of treatment allocation was unclear in most trials. • 1 trial was double blinded and almost all trials did not have blinded outcome assessors. • In terms of the distribution of patient characteristics between treatment groups, slight imbalances in potential prognostic factors were noted in 6 trials • Few trials reported confidence intervals around point estimates • only 3 confirmed HER2-negative status at enrolment; No trial assessed or

commented on discordant HER2 status between the primary tumour and metastases.

Results

Overall Survival (12 studies)

Table 3
Overall survival in second- and/or later-line setting.

Line of therapy within metastatic setting	First author, year	Treatment arms	N	Median OS, months (95% CIs)	HR (95% CIs), p-value	
2nd line	Gasparini, 1991	Epirubicin	22	12	-	
		Doxorubicin	21	11		
	Dieras, 1995	Paclitaxel 175 mg/m ² , q3w	41	12.7		p = 0.15
		Mitomycin	40	8.4		
	Venturino, 2000	Vinorelbine	33	9.5		-
		Leucovorin then 5-fluorouracil	33	9		
	Papadimitriou, 2009	Mitoxantrone + leucovorin then 5-fluorouracil	33	9		p = 0.41
		DTX weekly	34	28 (15.7, 40.3)		
	Von Minckwitz, 2014/TANIA	DTX + gemcitabine	41	14 (3, 25)		NR: OS data immature, data to be reported in future publication
		Bevacizumab + chemotherapy Single-agent chemotherapy (investigator's choice)	247 247			
2nd line (subgroup)	Nielsen, 1990	Epirubicin	42	12	-	
		Epirubicin + vindesine	33	12		
	Joensuu, 1998	Epirubicin then mitomycin	74	10		Non-significant
		CEF then mitomycin + vinblastine	88	8		
Norris, 2000	Doxorubicin + vinorelbine	NR	9.4	-		
	Doxorubicin	NR	11.3			
Unclear if 2nd line	Baselga, 2012	CAPE + sorafenib	65	19	1.08 (0.65, 1.78)	
		CAPE + placebo	51	23.4		
	Sato, 2012	DTX 60 q3w + CAPE Sequential DTX 70 q3w until progression, then CAPE	82 81	NR. OS data immature		
2nd line or later	Keller, 2004	Pegylated liposomal doxorubicin	150	10.4	1.07 (0.79, 1.45), p = 0.57	
		Control: vinorelbine OR mitomycin C + vinblastine	151	9		
	Palmieri, 2012	DTX q3w	16	7.8 (4.8, 11) ^{††}		p = 0.388
Vinorelbine		18	4.9 (3.9, 5.8) ^{††}			
2nd line or later (subgroup)	Gradishar, 2005	ABI-007 (nab-paclitaxel)	131	13.0 ^{††}	0.73, p = 0.024	
		Paclitaxel 175 mg/m ² , 3 weekly	136	10.7 ^{††}		

Abbreviations: CAPE, capecitabine; CEF, cyclophosphamide, epirubicin and 5-fluorouracil; CI, confidence interval; DTX, docetaxel; HR, hazard ratio; NR, not reported; OS overall survival; q3w, three-weekly.

N.B. OS data not reported in Ahmad 2013.

^{††} Calculated (converted from weeks to months).

- Median overall survival (OS) in most trials was 8–13 months.
- Only 1 trial reported a sign. difference between interventions in the 2nd-line metastatic setting: nab-paclitaxel (n = 131) conferred a statistically significant OS advantage vs. three-weekly paclitaxel (n = 136) (median OS 13.0 vs. 10.7 months, respectively; HR 0.73, p = 0.024)

PFS (4 studies)

- 3 trials demonstrated significantly longer PFS:
 - capecitabine + sorafenib (6.4 months) vs. capecitabine (4.1 months), HR 0.58 (95% CI: 0.41, 0.81), p = 0.001;
 - capecitabine + low dose DTX (10.5 months) vs. DTX monotherapy before having sequential capecitabine (9.8 months), HR 0.62 (95% CI: 0.40, 0.97), p = 0.0342;
 - bevacizumab + chemotherapy (6.3 months, 95% CI: 5.4, 7.2) vs. single-agent treatment of physician's choice (TPC) (approx. 60% capecitabine) (4.2 months, 95% CI: 3.9, 4.7), HR 0.75 (95% CI: 0.61, 0.93), p = 0.0068
- pegylated liposomal doxorubicin showed no benefit over control therapy of either vinorelbine or mitomycinC + vinblastine (PFS 2.9 and 2.5 months, respectively; HR 1.26 (95% CI: 0.98, 1.62); p = 0.11

Time to Progression (7 studies)

- 3 trials showed a significantly longer TTP:
 - 3-weekly paclitaxel showed benefit over mitomycin (median TTP 3.5 vs. 1.6 months, respectively; p = 0.026)

	<ul style="list-style-type: none"> ○ capecitabine + sorafenib was superior to capecitabine alone (median TTP 6.8 vs. 4.1 months, respectively; HR 0.56 [95% CI: 0.39, 0.8]; p = 0.001) ○ nab-paclitaxel was associated with significantly greater TTP vs. standard paclitaxel q3w (median TTP 4.8 vs. 3.7 months, respectively; HR 0.73; p = 0.02) ○ No benefit in terms of TTP was demonstrated for <ul style="list-style-type: none"> • doxorubicin + vinorelbine vs. doxorubicin monotherapy (TTP 4.3 vs. 5.3 months, respectively) • pegylated liposomal doxorubicin vs. vinorelbine or mitomycin C + vinblastine (p > 0.05) • 3-weekly docetaxel vs. vinorelbine (2.4 vs. 1.7 months, respectively; p = 0.82) or • epirubicin vs. epirubicin + vindesine (TTP 6 months in both treatment arms) <p><u>Grade ≥3 adverse events, discontinuation and safety summary</u></p> <ul style="list-style-type: none"> • Table 5 (Anhang)
	<p>4. Fazit der Autoren</p> <p>There are few RCTs conducted specifically in the second-line HER2-negative MBC setting. Nab-paclitaxel was the only single agent that demonstrated a survival advantage at the second-line and beyond. Few treatment options provide clinical benefit without adversely influencing tolerability. Given that MBC is an incurable disease and that an equally important aim of treatment at this stage is to enhance QoL and enable patients to be at home with their families, it is vital that trial investigators and clinicians set standards for the design and conduct of clinical trials with this aim in mind, with patients enrolled according to the treatment line received within the metastatic setting, with sufficient sample size to enable outcomes to be estimated with greater precision, with HER2-negative status and any discordant status established, a non-invasive method that has recently been tested in phase I and with PROs recorded. This would contribute to physicians being able to more reliably inform patients regarding the likely range of treatment outcomes, and thereby help patients reach the treatment decision that is right for them.</p> <p>5. <i>Kommentare zum Review</i></p> <ul style="list-style-type: none"> • Conflict of interest reported
<p>Fang Y et al., 2015 [3].</p> <p>The efficacy and safety of bevacizumab combined with</p>	<p>1. Fragestellung</p> <p>To evaluate the efficacy and safety of Bev + standard chemotherapy for HER2-negative MBC</p> <hr/> <p>2. Methodik</p> <p>Population: predominantly patients with HER2-negative MBC</p> <p>Intervention: Bevacizumab + chemotherapy</p>

<p>chemotherapy in treatment of HER2-negative metastatic breast cancer: a meta-analysis based on published phase III trials</p>	<p>Komparator: chemotherapy alone</p> <p>Endpunkte: PFS (primary endpoint); OS, toxicity</p> <p>Recherche: Cochrane Central Register of Controlled Trials, the Cochrane databases, EMBASE, MEDLINE, and ClinicalTrials.gov from the first available year until May 2014.</p> <p>Anzahl eingeschlossene Studien/Patienten (Gesamt): 4 RCT consisting of 3082 patients.</p> <p>Qualitätsbewertung der Studien: seven-point Jadad ranking system</p>																																																							
	<p>3. Ergebnisse</p> <p><i>Study characteristics</i></p> <ul style="list-style-type: none"> • 3 Trials (E2100, AVADO, and RIBBON-1) investigated Bev + chemotherapy as a first-line treatment for HER2-negative MBC, • 1 trial (RIBBON-2) evaluated it as a second-line treatment for HER2-negative MBC patients that had received one previous cytotoxic treatment: <p>Table 1 Characteristics of the included four RCTs</p> <table border="1"> <thead> <tr> <th></th> <th>E2100</th> <th>AVADO^a</th> <th>RIBBON-1^b</th> <th>RIBBON-2</th> </tr> </thead> <tbody> <tr> <td>First author</td> <td>Miller, K.</td> <td>Miles, D. W.</td> <td>Robert, N. J.</td> <td>Brufsky, A. 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E2100	AVADO ^a	RIBBON-1 ^b	RIBBON-2	First author	Miller, K.	Miles, D. W.	Robert, N. J.	Brufsky, A. M.	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	<ul style="list-style-type: none"> • Bev + standard chemotherapy improved PFS in HER2-negative MBC patients. No benefit in OS was observed. • Bev + Cape and Bev + paclitaxel had similar treatment efficacy, but Bev + Cape had a higher incidence of neutropenia. <p>Subgroup analysis</p> <ul style="list-style-type: none"> • Whether the clinical benefits of Bev + standard chemotherapy for HER2-negative MBC were affected by different prognostic factors such as hormone receptor status, patient age, number of metastatic sites, tumor grade, prior taxane therapy, or visceral disease was investigated. • The addition of Bev to standard chemotherapy was consistently beneficial in terms of PFS in all of the subgroups analysed. <p><u>Second-line Chemotherapy : RIBBON-2-Trial</u></p> <p>Chemotherapy (capecitabine, paclitaxel, nab-paclitaxel, docetaxel, gemcitabine, or vinorelbine) plus Bevacizumab 10 mg/kg q2w or 15 mg/kg q3w vs Chemotherapy plus placebo:</p> <ul style="list-style-type: none"> • PFS: 7.2 vs 5.1 months (HR 0.78, CI 0.64 to 0.93) • OS: 18.0 vs 16.4 months (HR 0.90, CI 0.71 to 1.14) <p>4. Fazit der Autoren:</p> <p>Bev + standard chemotherapy improves PFS significantly in HER2-negativeMBC patients. However, the addition of Bev was associated with more toxicities including febrile neutropenia, proteinuria, sensory neuropathy, and grade ≥3 hypertension. We also found that Bev + paclitaxel and Bev + Cape had similar therapeutic efficacy. Based on the data, we conclude Bev + Cape had a higher incidence of neutropenia than Bev + paclitaxel.</p> <p>5. Kommentar zu Review</p> <ul style="list-style-type: none"> • 3 von 4 RCTs untersuchten First-line Chemotherapy, 1 RCT Second-line • Siehe auch CR von Wagner et al. 2012 [24]
<p>Hu Q et al., 2014 [9].</p> <p>A systematic review of gemcitabine and taxanes combination therapy randomized trials for metastatic breast cancer</p>	<p>1. Fragestellung</p> <p>To compare the efficacy and toxicity for patients receiving chemotherapy with or without GT-based regimens.</p> <hr/> <p>2. Methodik</p> <p>Population: Patients with MBC (Trials with first-line and second-line metastatic or advanced breast cancer patients were accepted)</p> <p>Intervention: gemcitabine -based chemotherapy</p> <p>Komparator: chemotherapy regimen without gemcitabine (all cytotoxic chemotherapy regimens were considered eligible, and new targeted drugs such as bevacizumab were included)</p> <p>Endpunkte: time to progression (TTP), progression-free survival (PFS), overall survival (OS) and the drug toxicity.</p>

Recherche: Pubmed, MEDLINE, EMBASE, and conference proceedings. Manual search in several oncology journals that publish clinical trials. The latest search was performed on September 31, 2013.

Anzahl eingeschlossene Studien/Patienten (Gesamt): 8 studies (n=2234)

Qualitätsbewertung der Studien: Jadad scale

3. Ergebnisse

Study characteristics

Treatment lines: 4 studies with first-line, 2 studies with second-line, 2 studies with first- or second-line

Table 1 Characteristics of included studies

Study ID	Arms	Patients	Treatments (cycle)	Endpoints	Study design	Loss	Treatment lines	Jada scale
Dorte L. Nielsen 2011	Gemcitabine + Docetaxel	170	G 1,000 mg/m ² d1,8 + D 75 mg/m ² d8(21d)	OS,ORR,TTP, toxicity	phase3, random, open-label	6	First or second-line	3
	Docetaxel	167	D 100 mg/m ² d1(21d)					
Kathy S. Albain 2008	Gemcitabin + Paclitaxel	266	G 1,250 mg/m ² d1,8 + P 175 mg/m ² d1(21d)	OS,TTP,ORR, toxicity	phase3, random, unclear	8	first-line	3
	Paclitaxel	263	P 175 mg/m ² d1(21d)					
H. Joensuu 2010	Docetaxel + Gemcitabin(alternating)	122	D 1100 mg/m ² d1 + G 1000 mg/m ² d1,8(21d)	TTP,OS,ORR, toxicity	phase3, random, open-label	3	first-line	3
	Docetaxel	115	D 1100 mg/m ² d1(21d)					
Christos A. Papadimitriou 2009	Gemcitabin + Docetaxel	41	D 35 mg/m ² + G 600 mg/m ² (7d)	ORR,OS,TTP, toxicity	phase2, random, unclear	13	second-line	2
	Docetaxel	34	D 40 mg/m ² (7d)					
Adam Brufsky 2011	Gemcitabin + Paclitaxel + Bevacizumab	93	P 90 mg/m ² d1, 8, 15 + B 10 mg/kg d1,15 + G 1500 mg/m ² d1, 15(28d)	ORR,PFS,OS, toxicity	phase2, random, open-label	28	first-line	3
	Paclitaxel + Bevacizumab	94	P 90 mg/m ² d1, 8, 15 + B 10 mg/kg d1, 15(28d)					
	Vinorelbine	127	V 30 mg/m ² d1,8(21d)					
C. Levy 2005	Gemcitabin + Docetaxel	153	D 75 mg/m ² d1 + G 1000 mg/m ² d1, 8(21d)	ORR,PFS,TTP, toxicity	Phase3,random, unclear	Unknown	second-line	2
	Capecitabine + Docetaxel	152	D 75 mg/m ² d1 + C 1250 mg/m ² bid d1-14(21d)					
Zielinski 2005	Gemcitabine + epirubicin + and paclitaxel(GE)	124	G 1,000 mg/m ² d1, 4 + E 90 mg/m ² d1 + P 175 mg/m ² d1(21d)	TTP,ORR, toxicity	Phase3,random, unclear	Unknown	first-line	3
	Fluorouracil + Epirubicin + Cyclophosphamide(FEC)	135	F 500 mg/m ² d1 + E 90 mg/m ² d1 + C 500 mg/m ² d1(21d)					
Stephen Chan 2009	Gemcitabin + Docetaxel	153	G 1000 mg/m ² d1,8 + D 75 mg/m ² d1(21d)	PFS,ORR,LOS, toxicity	Phase3,random, unclear	8 + 3	first + second-line	3
	Capecitabine + Docetaxel	152	C 1,250 mg/m ² bid d1-14 + D 75 mg/m ² d1(21d)					

G = gemcitabine, D = docetaxel, C = capecitabine, F = fluorouracil, C = cyclophospham, E = epirubicin, P = paclitaxel, V = vinorelbine, B = bevacizumab, OS = overall survival, ORR = objective response rates, PFS = progression-free survival, TTP = time to progression.

Risk of bias: All studies reviewed were considered high quality (Jadad=3)

Results

ORR: 8 studies

- GT-based therapy increases ORR (OR = 1.28, 1.07 to 1.53, P = 0.006), there was no evidence of heterogeneity among trials.
- first-line (5 studies): GT-based regimen superior (OR = 1.47, 1.17 to 1.83, P = 0.0007).
- second-line (2 studies): no significant difference (OR = 0.91, 0.51 to 1.63, P = 0.76)
- first-and second- line (2 studies): no sign. difference
- results showed there was benefit for GT-based chemotherapy on ORR (OR = 1.37, 1.09 to 1.73, P = 0.008; 1.17, 0.88 to 1.55, P = 0.29) in “gemcitabine additional roles to taxanes” and “gemcitabine replacement to other non-taxane drugs” subgroups.

PFS: 2 studies

- PFS was not significantly improved (HR = 1.01, 0.7 to 1.46, P = 0.47).

- significant heterogeneity found in the data ($P = 0.05$, $I^2 = 74\%$). Heterogeneity may be caused by a few trial numbers or small samples, which were not eliminated.

TTP: 5 studies

- GT-based treatment prolong TTP (HR = 0.80, 0.71 to 0.89, $P < 0.0001$), no evidence of heterogeneity among trials.
- first-line subgroup (3 studies) GT- based treatment prolong TTP (HR = 0.79, 0.69 to 0.92, $P = 0.0003$).
- second-line (1 study): no sign. difference
- first-and second-line (1 study): no sign. difference

OS: 7 studies

- Overall: GT-based chemotherapy had no significant difference compared to other regimens; no statistically significant heterogeneity.
- first-line (3 studies): GT-based combination was superior (HR = 0.84, 0.71 to 0.99, $P = 0.04$).
- second-line (1 study): no difference between groups
- first-and second-line (2 studies): no difference between groups

Toxicity

Anemia grade 3–4

- overall (7 studies): inferiority of GT (OR 3.09 [1.85; 5.18])
- first-line (4 studies): inferiority of GT (OR 3.15 [1.75; 5.66]).
- second-line (1 study): no sign. difference between groups (OR 4.07 [0.19; 87.93])
- first-and second-line (2 studies): no sign. difference between groups

Neutropenia grade 3–4

- overall (8 studies): inferiority of GT (OR 2.16 [1.05; 4.42]; $I^2 = 87\%$)
- first-line (4 studies): no sign. difference between groups
- second-line (2 studies): no sign. difference between groups
- first-and second-line (2 studies): no sign. difference between groups

thrombocytopenia grade 3–4

- overall (7 studies): inferiority of GT (OR 8.57 [4.81; 15.27]; $I^2 = 46\%$)
- first-line (4 studies): inferiority of GT (OR 13.97 [5.66; 34.50]; $I^2 = 0\%$)
- second-line (1 study): no sign. difference between groups
- first-and second-line (2 studies): inferiority of GT (OR 6.15 [2.73; 13.87], $I^2 = 83\%$)

Sensitivity analysis: Due to the high heterogeneity in the above analysis, we performed subgroup analysis in the meta-analysis. A sensitivity analysis was also conducted by removing one study at a time and calculating the pooled HRs for the remaining studies. We found that no article substantially influenced the pooled result in this analysis.

	<p>4. Fazit der Autoren:</p> <p>Gemcitabine/taxanes-treated patients with metastatic breast cancer showed a significant improvement in the ORR, TTP and OS (first-line background) compared to patients not treated with the combination regimen. GTbased regimens led to more serious hematologic toxicity.</p> <p>Limitations:</p> <ul style="list-style-type: none"> • Heterogeneity in the length of follow up in the long-term mortality studies • Some of the selected studies are not blinded • the number of trials is quite small <p>5. <i>Kommentar zum Review:</i></p> <ul style="list-style-type: none"> • SR mit gleicher Fragestellung: Li et al. 2013 [14], siehe unten: Einschluss von 6 von 8 Studien, die hier berücksichtigt wurden, plus 3 weitere, die hier nicht eingeschlossen wurden.
<p>Li W et al., 2013 [14].</p> <p>Efficacy of gemcitabine-based chemotherapy in metastatic breast cancer: a meta-analysis of randomized controlled trials</p>	<p>1. Fragestellung</p> <p>To compare the effects of gemcitabine-based chemotherapy and gemcitabine-free regimens.</p> <hr/> <p>2. Methodik</p> <p>Population: Patients with advanced or metastatic breast cancer</p> <p>Intervention: gemcitabine-based therapy (in combination or sequential)</p> <p>Komparator: gemcitabine-free therapy</p> <p>Endpunkte: partial response (PR), complete response (CR), TTP and OS</p> <p>Recherche: PubMed and Embase databases were searched between January 1990 and December 2012.</p> <p>Anzahl eingeschlossene Studien (Gesamt): 9 (n=2651)</p> <p>Qualitätsbewertung der Studien: Jadad scale</p> <hr/> <p>3. Ergebnisse</p> <p><i>Study characteristics</i></p> <ul style="list-style-type: none"> • 4 study on first-line treatment, 3 with pretreated patients, 2 mixed pop. (→ Tab. 1)

Table 1. Relevant randomized trials included in this meta-analysis (N=2651).

First Author Year Trial Phase	Prior Treatment	Regimens	No. of Patients	No. of Overall Response	TTP (months)	Median OS (months)
Zielinski ¹³ 2006	First line	GET	124	71	9.1	29.5
III		vs FEC	135	66	<i>P</i> =0.093	<i>P</i> =0.557
Fehér ¹² 2005	First line	Gem	198	30	3.4	11.8
III		vs Epi	199	75	<i>P</i> <0.001	<i>P</i> =0.0004
Martin ¹⁴ 2007	Anthracycline and Taxane	Gem + Vin	125	45	6.0	15.9
III		vs Vin	127	33	<i>P</i> =0.093	<i>P</i> =0.0028
Albain ¹⁵ 2008	Anthracycline	Gem + Pac	266	110	6.14	18.6
III		vs Pac	263	69	<i>P</i> =0.0002	<i>P</i> =0.0002
Chan ¹⁶ 2009	First line or	Gem + Doc	153	49	8.05	19.29
III		vs Cap + Doc	152	48	<i>P</i> =0.931	<i>P</i> =0.121
Joensuu ¹⁷ 2010	First line	Doc + Gem	122	67	11.3	27
III		vs Doc	115	69	<i>P</i> =0.15	<i>P</i> =0.72
Nielsen ¹⁸ 2011	First line or	Gem + Doc	170	41	10.3	19.7
III		vs Anthracycline	167	36	<i>P</i> =0.78	<i>P</i> =0.06
Brutsky ⁹ 2011	First line	Gem + Pac + B	93	54	11.3	24.3
II		vs Pac + B	94	46	<i>P</i> =0.117	<i>P</i> =0.247
Pallis ²⁰ 2012	Anthracycline and	Gem + Vin	74	21	5.4	20.4
III		vs Cap	74	18	<i>P</i> =0.576	<i>P</i> =0.736

GET, gemcitabine, epirubicin, paclitaxel; FEC, fluorouracil, epirubicin, paclitaxel; Gem, gemcitabine; Vin, vinorelbine; Pac, paclitaxel; Doc, docetaxel; Cap, capecitabine; B, Bevacizumab; Epi, epirubicin; TTP, time to progression; OS, overall survival.

Risk of bias

- Inspection of the funnel plot did not suggest potential publication bias.
- quality was high in 7 phase III studies (Jadad score ≥ 3). Two trials were of low quality (Jadad score ≤ 2) including one phase II trial and one phase III trial.

Results

Overall Effect: gemcitabine-based therapy vs gemcitabine-free chemotherapy

- CR (9 trials): HR 1.40, 95% CI 0.98–2.00
 - PR (9 trials): HR 1.02, 95% CI 0.70–1.50
 - ORR (9 trials): HR 1.09, 95% CI 0.73–1.62
 - TTP (7 trials): HR 0.91, 95% CI 0.72–1.15
 - OS (8 trials): HR 1.05, 95% CI 0.88–1.25
- ➔ No stat. sign. difference

Exclusion of 1 study with only in postmenopausal women aged > 59–91 years from meta-analysis resulted in an improvement in PR and ORR

Toxicity

- grade 3 and 4 anemia: HR 2.02, 95% CI 1.35–3.02; *P*=0.006
 - neutropenia: HR 2.33, 95% CI 1.37–3.63; *P*=0.01
 - thrombocytopenia: HR 8.31, 95% CI 5.00–13.82; *P*<0.0001
- ➔ significantly higher AE rates in the gemcitabine-based arm

Subgroup: gemcitabine-based doublet versus single agent (3 trials, n=1118 pts)

- Gemcitabine-based doublets were superior to monotherapy in
 - ORR (HR 1.64, 95% CI 1.26–2.12; *P*=0.0002)
 - TTP (HR 0.71, 95% CI 0.62–0.81; *P*<0.00001).

	<ul style="list-style-type: none"> No difference in OS (HR 0.90, 95% CI 0.79–1.03; P=0.14), higher frequencies of grade 3 to 4 hematological toxic effects in the doublets arm <p>4. Fazit der Autoren</p> <p>In conclusion, our study suggests that a gemcitabine-based regimen is as effective as a gemcitabine-free regimen, and that adding gemcitabine to monotherapy may enhance efficacy, although a possible increase in toxicity should be considered.</p> <p>5. <i>Kommentare zum Review</i></p> <ul style="list-style-type: none"> Col: The authors received no payment in preparation of this manuscript; and they have disclosed that they have no significant relationships with or financial interests in any commercial companies related to this study or article Keine Subgruppenanalysen in Bezug auf Vorbehandlung/Therapielinie Ähnliche Fragestellung wie SR von Hu et al. 2014 [9], der 6 der 9 Studien ebenfalls eingeschlossen hat.
<p>Qi W et al., 2013 [21].</p> <p>Paclitaxel-based versus docetaxel-based regimens in metastatic breast cancer: a systematic review and meta-analysis of randomized controlled trials</p>	<p>1. Fragestellung</p> <p>To examine whether a paclitaxel-based regimen is more effective than a docetaxel-based regimen for MBC patients.</p> <p>2. Methodik</p> <p>Population: patients with pathologically confirmed metastatic breast cancer</p> <p>Intervention: paclitaxel-based regimens</p> <p>Komparator: docetaxel-based regimens</p> <p>Endpunkte: OS, PFS, TTP, ORR, AEs</p> <p>Recherche: PubMed (up to January 2012), Embase (1980 to January 2012), and the Cochrane Register of Controlled Trials (up to January 2012).</p> <p>Anzahl eingeschlossene Studien/Patienten (Gesamt): 7 trials(n=1694)</p> <p>Qualitätsbewertung der Studien: 5-point Jadad scale</p> <p>3. Ergebnisse</p> <p><i>Study characteristics</i></p> <ul style="list-style-type: none"> 3 trials with patients received taxane-based regimens as first-line treatment; 4 trials with 45.6% to 62.2% of patients previously received anthracycline-based regimens for MBC 1 trial was conducted in elderly or frail patients with MBC Risk of bias: Jadad scores all trials were 3 points. <p><i>Results</i></p> <p><u>OS</u></p> <ul style="list-style-type: none"> 5 trials: HR of 0.87 (95% CI: 0.60–1.27; I²= 81.3%): → no sign. difference

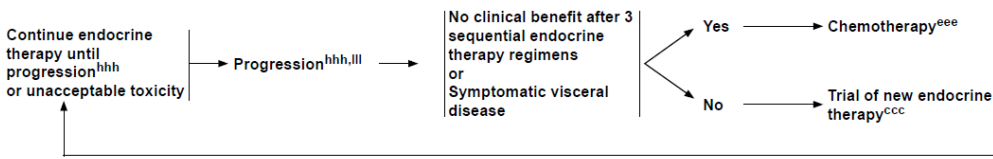
	<ul style="list-style-type: none"> • subgroup first-line treatment (2 trials): paclitaxel-based regimen significantly improved OS compared with a docetaxel-based regimen (HR: 0.73, 95% CI: 0.56–0.94, p=0.014). <p><u>PFS</u> (2 trials): HR: 0.76, [95% CI: 0.58–1.00], I²=65% → no sig. difference</p> <p><u>Time to Progression</u> (3 trials): HR: 1.13 [95% CI: 0.81–1.58], I²=74% → no sig. difference</p> <p><u>ORR</u> (7 studies) RR: 1.01 [95% CI: 0.88–1.15], → no sig. difference</p> <p><u>Toxicity</u>: paclitaxel-based regimen superior to docetaxel based regimen:</p> <ul style="list-style-type: none"> • anemia grade 3 or 4: RR 0.64, 95% CI: 0.44–0.94, p=0.023), • neutropenia grade 3 or 4: RR 0.74, 95% CI: 0.58–0.93, p=0.011, • neutropenia grade 3 or 4: RR: 0.74, 95% CI: 0.58–0.93, p=0.011 • febrile neutropenia grade 3 or 4: RR: 0.38, 95% CI: 0.15–0.96, p=0.041 • thrombopenia grade 3 or 4: RR: 0.62, 95% CI: 0.41–0.96, p=0.033 • mucositis grade 3 or 4: RR: 0.082, 95% CI: 0.025–0.27, p<0.001 • diarrhea grade 3 or 4: RR 0.19, 95% CI: 0.081–0.47, p<0.001 • fatigue grade 3 or 4: RR: 0.43, 95% CI: 0.20–0.96, p=0.03
	<p>4. Fazit der Autoren</p> <p>Our meta-analysis confirmed that the efficacy of the paclitaxel-based regimen was comparable to the docetaxel-based regimen for patients with MBC, and the paclitaxel-based regimen was associated with less toxicity and better tolerability, especially in older patients and when used in weekly regimens</p> <p>5. <i>Kommentar zum Review</i>:</p> <ul style="list-style-type: none"> • significant heterogeneity among included trials

Leitlinien

<p>NCCN, 2017 [15].</p>	<p>Fragestellung: nicht spezifiziert</p>
<p>NCCN Clinical Practice Guidelines in Oncology: Breast Cancer, Version 2.2017.</p>	<p>Methodik/Grundlage der Leitlinie</p> <p>“Recommendations within the NCCN Guidelines are derived from critical evaluation of evidence, integrated with the clinical expertise and consensus of a multidisciplinary panel of cancer specialists, clinical experts and researchers in those situations where high-level evidence does not exist. “</p> <p>Regelmäßiges Update einer bestehenden Leitlinie</p> <p>Prior to the annual update of the Guidelines, an electronic search of the PubMed database, provided by the U.S. National Library of Medicine, is performed to obtain key literature published since the previous Guidelines update. Suchzeitraum: 06/19/14 and 06/29/15</p> <p>LoE</p> <p>The level of evidence depends upon the following factors, which are considered during the deliberation process by the Panel: extent of data (e.g., number of trials, size of trials, clinical observations only), consistency of data (e.g., similar or conflicting results across available studies or observations), and quality of data based on trial design and how the results/observations were derived (e.g., RCTs, non-RCTs, meta-analyses or systematic reviews, clinical case reports, case series). The degree of consensus within the Panel is based on the percentage of Panel votes, as shown in the Definitions for NCCN Categories section below. The NCCN does not formally consider cost of an intervention in its assessment; however, in some situations, Panels may consider the overall value of a treatment, especially when robust data from pharmacoeconomics studies are available for specific interventions.</p> <p>Alle Empfehlungen entsprechen der Kategorie 2A, sofern nicht explizit anders spezifiziert.</p> <div style="border: 1px solid black; padding: 5px; margin: 10px 0;"> <p>NCCN Categories of Evidence and Consensus</p> <p>Category 1: Based upon high-level evidence, there is uniform NCCN consensus that the intervention is appropriate.</p> <p>Category 2A: Based upon lower-level evidence, there is uniform NCCN consensus that the intervention is appropriate.</p> <p>Category 2B: Based upon lower-level evidence, there is NCCN consensus that the intervention is appropriate.</p> <p>Category 3: Based upon any level of evidence, there is major NCCN disagreement that the intervention is appropriate.</p> <p>All recommendations are category 2A unless otherwise noted.</p> </div> <p>NCCN Guidelines finanziert durch NCCN Member Institution (Kliniken und Universitäten), Interessenkonflikte sind veröffentlicht</p> <p>Sonstige methodische Hinweise</p> <ul style="list-style-type: none"> • „discussion update in progress„

	<ul style="list-style-type: none"> Leitlinie entspricht nicht einer S3-Leitlinie, (z.B. fehlt eine formelle Bewertung der Primärliteratur) und wurde nur ergänzend dargestellt. <p>Empfehlungen</p> <p><u>Chemotherapy Regimens for Recurrent or Metastatic Disease</u></p> <p>There is no compelling evidence that combination regimens are superior to sequential single agents.</p> <p>Preferred single agents:</p> <p>anthracyclines,</p> <ul style="list-style-type: none"> doxorubicin, pegylated liposomal doxorubicin <p>taxanes,</p> <ul style="list-style-type: none"> paclitaxel <p>anti-metabolites,</p> <ul style="list-style-type: none"> capecitabine gemcitabine; <p>non-taxane microtubule inhibitors,</p> <ul style="list-style-type: none"> eribulin vinorelbine <p>Other single agents:</p> <ul style="list-style-type: none"> cyclophosphamide, carboplatin, docetaxel, albumin-bound paclitaxel, cisplatin, epirubicin ixabepilone, <p>Combination Regimens</p> <ul style="list-style-type: none"> CAF/FAC (cyclophosphamide/doxorubicin/fluorouracil) FEC (fluorouracil/epirubicin/cyclophosphamide) AC (doxorubicin/cyclophosphamide) EC (epirubicin/cyclophosphamide) CMF (cyclophosphamide/methotrexate/fluorouracil) Docetaxel/capecitabine GT (gemcitabine/paclitaxel) Gemcitabine/carboplatin Paclitaxel/bevacizumab³ <p>³Randomized clinical trials in metastatic breast cancer document that the addition of bevacizumab to some first- or second-line chemotherapy agents modestly improves time to progression and response rates but does not improve overall survival. The time-to-progression impact may vary among cytotoxic agents and appears greatest with bevacizumab in combination with weekly paclitaxel.</p> <p>Algorithmus: Systemic treatment of recurrent or stage IV disease [BINV-20]:</p>
BINV-23:	

FOLLOW-UP THERAPY FOR ENDOCRINE TREATMENT OF RECURRENT OR STAGE IV DISEASE



Patridge AH et al., 2014 [19].

Chemotherapy and targeted therapy for women with human epidermal growth factor receptor 2-negative (or unknown) advanced breast cancer: American Society of Clinical Oncology Clinical Practice Guideline

This American Society of Clinical Oncology (ASCO) Clinical Practice Guideline provides recommendations, with comprehensive review and analyses of the relevant literature for each recommendation.

ASCO Guideline:

Chemo- and targeted therapy for women with human epidermal growth factor 2 (HER2)-negative (or unknown) advanced breast cancer.

Methodik

Target Population :

- Women with advanced breast cancer (locally advanced/ nonresectable or metastatic disease treated with noncurative intent).
- HER2-negative status is not an eligibility criterion for the systematic review, and for many patients in the trials reviewed, HER2 status was not given.

An Expert Panel was convened to develop clinical practice guideline recommendations based on a systematic review of the medical literature.

Literature search:

- MEDLINE (Ovid):2009 through to May 2013 for first-line trials; 1993 through to May 2013 for second-line trials.
- Cochrane Library: 2009 through to current.
- Graue Literatur: annual meeting proceedings of ASCO (2012, 2013), San Antonio Breast Cancer Symposium (SABCS) (2011, 2012)

The primary outcome measures of interest included overall survival, progression-free survival, overall response, Clinical Benefit Rate, quality of life, and/or adverse events.

Study Quality Assessment

- Study quality was formally assessed for the studies identified.
- design aspects related to the individual study quality were assessed by one reviewer and included factors such as blinding, allocation concealment, placebo control, intention to treat, funding sources, etc.
- risk of bias is assessed as “low,” “intermediate,” or “high” for the identified evidence.

LoE/GoR: Definitions for Types of recommendation, Strengths of evidence
Strengths of recommendation → Anhang

Author’s disclosure of potential conflict of interest available

At annual intervals, the Update Committee Co-Chairs and two Committee members designated by the Co-Chairs will determine the need for revisions to the guideline based on an examination of current literature.

Hinweis zur LL

- Keine direkte Verknüpfung der Empfehlungen mit der Literatur.
- Aus der Literaturübersicht wurde die Beschreibung der relevante systematische Reviews zu den jeweiligen Empfehlungen extrahiert und unter der Überschrift „Clinical Evidence“ hinzugefügt.

RECOMMENDATIONS FOR CHEMOTHERAPY AND TARGETED THERAPY FOR WOMEN WITH HER2-NEGATIVE (OR UNKNOWN) ADVANCED BREAST CANCERBASED ON STANDARDIZED RATINGS OF CLINICAL BENEFITS + HARMS (A), EVIDENCE STRENGTH (B), AND RECOMMENDATION STRENGTH (C)

[1] Sequential single-agent chemotherapy rather than combination therapy should be offered, although combination regimens may be considered for immediately life-threatening disease for which time may allow only one potential chance for therapy.

A. The benefit is less toxicity and better quality of life (**potential benefit: high**). The potential harm is for rapidly progressing, life-threatening disease to escape control if response to a single agent isn't achieved (**potential harm: high**). The main benefit is there is less toxicity and better quality of life for the patient associated with sequential single agent chemotherapy compared with combination chemotherapy (potential benefit: high). The harm is that metastatic disease could progress rapidly if there is no response, but the risk of this is low (potential harm: low).

B. The evidence quality is high, and includes a large RCT.

C. The strength of this recommendation is strong.

Clinical Evidence from RCTs:

An RCT comparing first-line sequential single-agent vs combination treatment reported by Sledge et al,⁵ included a total of 731 patients randomly assigned to one of three arms: doxorubicin and paclitaxel together, doxorubicin until progression then paclitaxel, or paclitaxel until disease progression then doxorubicin. Tumor response rate and time to treatment failure (TTF) were significantly lower in either of the two sequential arms when compared with the combined therapy, but they did not differ from each other. There were, however, no significant differences between the duration of OS between arms, and the combination arm was associated with more severe adverse effects.

The NCCC review³ also reported that combination regimens were associated with a survival benefit compared with single-agent regimens in the first-line setting, but noted that these conclusions were limited by lack of control for subsequent treatments and lack of QoL data. There is evidence from a pivotal trial reported by O'Shaughnessy et al,⁶ as well as the two follow-up articles reported by Leonard et al⁷ and Miles et al⁸ that single-agent sequential therapy is likely no different from combination regimens, although combination regimens are associated with greater, and more severe, AEs.

Clinical Evidence from SR:

Combination therapy has demonstrated increases in treatment response rates,^{15,16} but not in OS, compared with single agent regimens.

Table 1. Main Findings From Systematic Reviews and/or Meta-Analyses (continued)

Study	Publication Type	Evidence Base	Main Findings
Butters et al, 2010 ¹⁵	Systematic review	17 trials including 2,674 patients	<ul style="list-style-type: none"> • In comparisons between two-drug combinations and three or more drug combinations, no differences were detected for OS or TTP, although differences were detected in ORR. • An increase in the number of drugs was associated with an increase in the incidence of adverse effects.

[2] With regard to targeted agents, the role of bevacizumab is controversial, and this therapy should be considered (where available) with single-agent chemotherapy only when there is immediately life-threatening disease or severe symptoms, in view of improved response rates (similar to Recommendation 2 regarding the use of combination chemotherapy). It is recognized that there is not currently an approved indication for bevacizumab in the United States because the weight of evidence shows no significant survival benefit. Other targeted agents should not be used either in addition to, or as a replacement for, chemotherapy in this setting outside of a trial

A. The benefit is improved disease control (**potential benefit: moderate**). The potential harms are unique toxicity, increased costs, and barriers to access (**potential harm: high**)

B. The quality of the evidence is high and is supported by multiple trials.

C. The strength of the recommendation is moderate and is based on both evidence and expert consensus.

Qualifying statement: Bevacizumab added to single-agent chemotherapy improves response and progression-free survival but not overall survival

Clinical Evidence from SR:

The addition of bevacizumab to CT has demonstrated improvements in objective response rate (ORR) and PFS^{17,26,28} but not in duration of response^{17,26,28} or OS. One study reported no differences in AEs associated with the addition of bevacizumab,²⁶ whereas another reported increased rates of hypertension.¹⁷

Table 1. Main Findings From Systematic Reviews and/or Meta-Analyses

Study	Publication Type	Evidence Base	Main Findings
Petrelli et al, 2012 ²⁸	Meta-analysis	Two studies including 1,003 patients,	<ul style="list-style-type: none"> • Addition of bevacizumab to CT regimens resulted in significant increases in ORR and PFS. • No differences detected in duration of responses. • Addition of bevacizumab did not increase adverse events (in particular febrile neutropenia). • Bevacizumab should be investigated further in the second-line setting.
Cuppone et al, 2011 ¹⁷	Meta-analysis	Five RCTs including 3,841 patients	<ul style="list-style-type: none"> • Adding bevacizumab to first-line combination regimens significantly improved PFS but at a cost of significantly higher incidences of hypertension.
Valachis et al, 2010 ²⁶	Meta-analysis	Five RCTs including 3,163 patients	<ul style="list-style-type: none"> • Adding bevacizumab to first-line combination regimens significantly improved PFS and ORR

[3] No single agent has demonstrated superiority in the treatment of patients with advanced breast cancer, and there are several active agents appropriate for first-line chemotherapy. The evidence for efficacy is strongest for taxanes and anthracyclines. Other options include capecitabine, gemcitabine, platinum-based compounds, vinorelbine, and ixabepilone. Treatment selection should be based on previous therapy, differential toxicity, comorbid conditions, and patient preferences. Specifically, drugs for which clinical resistance has already been shown should not be reused

A. The benefit is a patient-tailored approach with potential improvements in disease control and quality of life (**potential benefit: high**). The harm is the potential use of a less active agent (**potential harm: low**)

B. The evidence quality supporting the activity of a number of single agents is high, but there is insufficient evidence to support superiority of any single agent.

C. The strength of the recommendation is strong and is based on the available evidence and expert consensus

Clinical Evidence from SR:

Anthracyclines plus taxanes are no more effective than anthracyclines plus cyclophosphamides for any outcomes.²⁹
 Capecitabine has demonstrated superior median survival compared with cyclophosphamide-methotrexate-fluorouracil (CMF), with an acceptable toxicity profile,²⁵ and further benefits have been found when combining capecitabine with bevacizumab.¹⁹
 Taxane combination regimens were superior to taxane monotherapy for TTP,¹³ PFS,³⁰ and partial response³⁰ rates but not for OS. Furthermore, taxane monotherapy was associated with significantly fewer AEs, especially grade 3 and higher stomatitis and diarrhea.^{13,27,30}

Table 1. Main Findings From Systematic Reviews and/or Meta-Analyses

Study	Publication Type	Evidence Base	Main Findings
O'Shaughnessy et al, 2012 ²⁵	Systematic review	Seven prospective studies including 1,513 patients and four retrospective studies including 1,087 patients	<ul style="list-style-type: none"> • First-line capecitabine monotherapy demonstrated superior median survival compared with CMF combination therapy; all other comparisons for efficacy were nonsignificant. • Capecitabine monotherapy (1,000 mg/m² twice daily, for 14 d of a 21-d cycle) has proven efficacy in the first-line setting with acceptable adverse effects (lower myelosuppression), allowing for further cycles.
Belfiglio et al, 2012 ¹³	Meta-analysis	Three RCTs including 1,313 patients	<ul style="list-style-type: none"> • Comparisons made between docetaxel monotherapy and combinations including docetaxel detected superior TTP with the combination arms, but no differences in ORR or OS. • Combination docetaxel treatment was associated with higher incidences of grade 3 diarrhea and stomatitis.
Xu et al, 2011 ³⁰	Meta-analysis	Four RCTs including 2,343 patients	<ul style="list-style-type: none"> • Comparisons made between taxane monotherapy and combinations including taxanes detected superior PFS and PR with the combination arms, but no differences were detected in 1-yr survival, clinical benefit rate, or CR. • Monotherapy was associated with significantly lower stomatitis and diarrhea.
Vriens et al, 2011 (SABCS abstract) ²⁹	Meta-analysis	Five RCTs in the metastatic setting (of 10 RCTs total), No. of patients NR.	<ul style="list-style-type: none"> • Pooling five RCTs that compared an anthracycline plus a taxane with an anthracycline plus a cyclophosphamide detected no difference in OS. • No difference in efficacy was detected between taxanes and cyclophosphamide.
Piccart-Gebhart et al, 2008 ²⁷	Systematic review with meta-analysis	11 RCTs including 3,953 patients	<ul style="list-style-type: none"> • Pooling trials comparing taxanes against combinations of taxanes plus anthracyclines found: <ul style="list-style-type: none"> • Single-agent taxane regimens were superior to single-agent anthracycline regimens for OS and ORR, but demonstrated inferior PFS. • Combination regimens with taxanes demonstrated superior ORR and PFS, but inferior OS.
Jassem et al, 2009 ¹⁹	Systematic review	Five RCTs including 1,178 patients	<ul style="list-style-type: none"> • No RCT reported an OS difference between arms. • Gemcitabine plus vinorelbine demonstrated superior PFS compared with vinorelbine alone. • Capecitabine plus bevacizumab demonstrated superior ORR compared with capecitabine alone. • Median OS for these patients typically remained < 16 mo.

[6] Chemotherapy regimens should not be specifically tailored to different breast cancer subtypes (eg, triple negative, lobular) at the present time due to the absence of evidence proving differential efficacies. In addition, in vitro chemoresistance assays should not be used to select treatment

A. The benefits are not omitting potentially efficacious treatment and cost-saving on in vitro assays (**potential benefit: high**)

B. Current evidence shows no convincing basis for either of these approaches

C. The strength of this recommendation is moderate, and is supported by expert consensus

Qualifying statement: This recommendation will need to be modified if ongoing or future research addressing this important issue suggests benefits of tailoring

[7] Second- and later-line therapy may be of clinical benefit and should be offered as determined by previous treatments, toxicity, coexisting medical conditions, and patient choice. As with first-line treatment, no clear evidence exists for the superiority of one specific drug or regimen. Active agents include those active in first-line treatment.

A. The benefit is further chance of disease control and symptomatic improvement (potential benefit: high). The harm is toxicity (potential harm: high).

B. The quality of the evidence ranges from high to low as reported in multiple randomized trials.

C. The strength of the recommendation is strong and is based on expert consensus

Qualifying statement: The most convincing data are for eribulin based on survival superiority against best standard treatment in a recent large RCT, but there is a lack of good comparative data between these various agents.

[8] Palliative care should be offered throughout the continuum of care. As there are diminishing returns with later lines of chemotherapy, clinicians should

also offer best supportive care without further chemotherapy as an option.

A. The benefits include a patient-centered approach emphasizing quality of life (**potential benefit: high**). The main harm is fear of abandonment and giving up hope, which can be addressed by effective communication and appropriate end-of-life planning (**potential harm: moderate**).

B. The quality of the evidence is intermediate and is supported by several RCTs in patients with advanced cancer.

C. The strength of the recommendation is strong and is supported by evidence, expert consensus, and another independent expert consensus.⁹

*Qualifying statement: Evidence suggests that response to second and subsequent lines of chemotherapy is strongly influenced by response to earlier treatment; patients whose disease has failed to respond to up to two initial lines of treatment are less likely to respond to a third or subsequent line.*¹⁰

[9] As there is no cure yet for patients with advanced breast cancer, clinicians should encourage all eligible patients to enroll onto clinical trials. This should include the option of phase II and even targeted phase I trials before all standard lines of therapy have been used, in the absence of immediately life-threatening disease.

A. The benefits are more patients will be directed to clinical studies providing treatment benefits to them, and the medical community will benefit from more research to improve treatments available and on which to base treatment decisions. The potential harm is patients will receive inferior treatment.

B. There is no strong evidence to suggest this approach might impair outcome.

C. The strength of this recommendation is strong and based on expert consensus.

Literatur:

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<p>NICE, 2009 [16].</p> <p>Advanced breast cancer (update) Diagnosis and treatment</p> <p>Issued: February 2009</p> <p>last modified: August 2017.</p> <p>NICE (CG81)</p> <p><u>Hinweis:</u> Die Empfehlungen der LL-Version aus 2009 wurden 2015 auf ihre Aktualität überprüft und als weiterhin gültig angesehen.</p> <p><u>Hinweis:</u> (...) <i>We plan to publish the decision on whether the guideline should be updated in January 2018.</i></p>	<p>Fragestellung</p> <p>What is the most effective treatment for (1) women and (2) men with metastatic breast cancer?</p> <hr/> <p>Methodik/Grundlage der Leitlinie</p> <ul style="list-style-type: none"> • systematische Evidenzaufbereitung (Formulierung von PICO-Fragen; Systematische Literaturrecherche in mehreren Datenbanken; Datenextraktion, Qualitätsbewertung der gefundenen Literatur auf Basis der SIGN Kriterien für systematische Reviews/Metaanalysen und RCTs) • Formulierung der Empfehlung basierend auf klinischer und ökonomischer Evidenz in Konsensusprozessen; bei schwacher Evidenz basierend auf informellen Konsens • Anwendung von GRADE - GoR finden sich in den Formulierungen wieder: "To avoid giving the impression that higher grade recommendations are of higher priority for implementation, NICE no longer assigns grades to recommendations." • Literaturrecherche der LL-Version 2009: bis 30.06.2008 <p>Regelmäßige Überprüfung der Aktualität der Empfehlungen: letzter Surveillance Report vom November 2015: Es wurden in Bezug auf die Therapieempfehlungen keine neue Evidenz identifiziert, die zu einer Änderung dieser Empfehlungen führen würde</p> <p>Aktualisierungen:</p> <ul style="list-style-type: none"> • Update 2014: review of the evidence on exercise for people with or at risk of lymphoedema and addition of 2 recommendations to section 1.5 • Update 2017: Review of the evidence and update of recommendations in section 1.1 on assessing oestrogen receptor (ER) and human epidermal growth factor receptor 2 (HER2) status on disease recurrence. <hr/> <p>Empfehlungen</p> <p>Systemic disease-modifying therapy</p> <p><i>Recommendations</i></p>

1.3.2	Offer chemotherapy as first-line treatment for patients with ER-positive advanced breast cancer whose disease is imminently life-threatening or requires early relief of symptoms because of significant visceral organ involvement, providing they understand and are prepared to accept the toxicity. [2009]
1.3.3	For patients with ER-positive advanced breast cancer who have been treated with chemotherapy as their first line treatment, offer endocrine therapy following the completion of chemotherapy. [2009]
Qualifying statement: These recommendations are based on one systematic review and GDG consensus.	
<p>Clinical Evidence: Only one paper was appraised for this topic. A high quality systematic review (Wilcken et al. 2006) examined ten RCTs of chemotherapy vs endocrine therapy, the most recent of which was published in 1995 (even though Cochrane databases were searched as recently as October 2006).</p> <p>Neither chemotherapy nor endocrine therapy demonstrated an advantage in overall survival and tumour response was variable between studies. No data were presented for quality of life (QOL) or adverse events but, in narrative form, the reviewers stated that in the majority of studies chemotherapy had resulted in higher levels of toxicity (predominantly nausea, vomiting and alopecia) but that it was not clear in which direction QOL had been affected as the results were conflicting.</p>	
Chemotherapy	
<i>Recommendations</i>	
1.3.8	On disease progression, offer systemic sequential therapy to the majority of patients with advanced breast cancer who have decided to be treated with chemotherapy. [2009]
Qualifying statement: These recommendations are based on limited randomised trial evidence and GDG consensus	
1.3.9	Consider using combination chemotherapy to treat patients with advanced breast cancer for whom a greater probability of response is important and who understand and are likely to tolerate the additional toxicity. [2009]
Qualifying statement: This recommendation is based on randomised trial evidence confirming increased response rate and toxicity from combination chemotherapy and uncertainty over overall survival benefit compared with sequential single agent chemotherapy.	
Clinical evidence	
<p><i>Combination versus sequential chemotherapy</i></p> <p>Evidence for comparing single chemotherapy with sequential chemotherapy comprised five RCTs (Creech et al. 1979; Chlebowski et al. 1979; Sledge et al. 2003; Smalley et al. 1976 and Baker et al. 1974) and one observational study (Chlebowski et al. 1989). The older studies were not always very stringently reported. Two small, poor quality trials (Baker et al. 1974 and Creech et al. 1979) found no significant difference in tumour response, response duration, time to progression or overall survival when</p>	

chemotherapy agents were given together or sequentially (on disease progression).

Two other studies (Chlebowski et al. 1979 and Smalley et al. 1976) and a retrospective analysis of their data (Chlebowski et al. 1989) showed that whilst combined therapy resulted in superior tumour response and apparently significantly longer median overall survival, follow-up revealed that long term survival was no different between study arms.

One large RCT (Sledge et al. 2003) demonstrated that combining anthracycline and taxane, rather than giving the drugs sequentially in either order, resulted in a better tumour response and superior time to progression but did not improve median overall survival.

Consistently, adverse events due to combined therapy were reported as being more numerous or of greater severity than those experienced with single agents.

Combined versus single chemotherapy regimes

Evidence for comparing single chemotherapy with combined chemotherapy comprised one very high quality systematic review (n > 7,000 study participants) (Carrick et al. 2005) a more modest systematic review (Takeda et al. 2007) three RCTs (Eijertsen et al. 2004; Pacilio et al. 2006 and Martin et al. 2007) and two post-study papers published from the pivotal trial by O'Shaughnessy et al. 2002 (Leonard et al. 2006 and Miles et al. 2004).

Good evidence suggests that the relative risk of death was significantly reduced for patients given combined chemotherapy agents compared with single drugs as first- or second-line treatment. The advantage was greatest for combinations which did not include their comparator. Combined therapies containing anthracyclines or alkylating agents were significantly better at reducing the relative risk of death whereas taxanes did not improve survival as part of a combined therapy.

RCT evidence from three trials showed that first-line treatment with combined therapies including an anthracycline and/or taxane compared with the same anthracycline or taxane, provided no survival advantages but were associated with higher levels of adverse events.

Quality of life outcomes were equivocal. Similarly, a small RCT compared second-line (or higher) combined therapy of vinorelbine and gemcitabine with vinorelbine alone and reported no significant difference in overall survival between arms but more adverse events with combined therapy. In contrast, a post-study analyses of long term patient outcomes from a trial of capecitabine (CAP) and docetaxel (DOC) vs DOC alone showed that either combined or sequential therapy with the two agents was significantly better in terms of survival than receiving DOC alone.

Although considerable data were published within systematic reviews about comparison of adverse events and quality of life between combined and single agent regimes the findings were equivocal across studies.

Hinweise FB: Die folgende Empfehlung zur Therapiesequenz basiert auf gesundheitsökonomischer Evidenz (siehe qualifying statement):

1.3.10	For patients with advanced breast cancer who are not suitable for anthracyclines (because they are contraindicated or because of prior anthracycline treatment either in the adjuvant or metastatic setting), systemic chemotherapy should be offered in the following
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	<p>sequence:</p> <ul style="list-style-type: none"> • first line: single-agent docetaxel • second line: single-agent vinorelbine or capecitabine • third line: single-agent capecitabine or vinorelbine (whichever was not used as secondline treatment). [2009] <p>Qualifying statement: This recommendation was based on the findings of a <u>health economic analysis</u> that compared the cost-effectiveness of various sequences of single-agent and combination chemotherapy regimens, for patients who are anthracycline resistant or for whom anthracycline therapy is contraindicated....</p> <p>Clinical evidence</p> <p>Vinorelbine The level of evidence on the use of vinorelbine (VIN) as a monotherapy or in combination with other agents is generally of very poor quality consisting mainly of low patient number, non-comparative phase II trials or small RCTs.</p> <p>Vinorelbine monotherapy One small, statistically underpowered RCT (Pajk et al. 2008) compared VIN with capecitabine (CAP) in a small number of heavily pre-treated women and reported no significant difference in response or survival outcomes but more adverse events (particularly neutro-penia) in the VIN group. Two poor quality phase II studies evaluated VIN for women with metastatic disease (Udom et al. 2000 and Zelek et al. 2001) finding that as second- or thirdline treatment response rates of up to 41%, response duration of 4 months and time to progression of ~2.75 months were reported.</p> <p>Vinorelbine combined therapy Two poor to moderate quality RCTs tested VIN in combination with 5'-fluorouracil (5'-FU) vs docetaxel (DOC) (Bonnetterre et al. 2002) or gemcitabine (GEM) vs VIN (Martin et al. 2007). VIN and 5'-FU combined resulted in similar treatment outcomes as DOC monotherapy but with a higher incidence of neutropenia. VIN and GEM resulted in superior progression-free survival, but not significantly different overall survival or response duration, compared with VIN alone. Thirteen poor to moderate quality phase II, non-comparative, studies described VIN combined with: trastuzumab (TRZ) (Burstein et al. 2003; Chan et al. 2006; Jahanzeb et al. 2002; Bartsch et al. 2007; De Maio et al. 2007 and Catania et al. 2007b), CAP (Ghosn et al. 2006 and Davis 2007), DOC (Mayordomo et al. 2004), GEM (Ardavanis et al. 2007 and Colomer et al. 2006), 5'-FU (Stuart 2008), mitozantrone (Onyenadum et al. 2007), cisplatin followed by DOC (Shamseddine et al. 2006) and CAP followed by DOC (Ghosn et al. 2008). For all phase II combination studies, the overall tumour response rates ranged from 33-75%, median overall survival from 13-35.8 months, median response duration from 2.6-17.5 months, median time to progression (reported in two studies) from 6.6-8.6 months and median progression-free survival (reported in two studies) from 9.6-9.9 months. The most commonly reported adverse events attributed to VIN were neutropenia, nausea and vomiting and alopecia.</p> <p>Taxanes There was good quality evidence on the use of taxanes as first- or second-line monotherapy or in combination, comprising a high quality Cancer Care Ontario guideline (Verma et al. 2003), two good systematic reviews (Ghershi et al. 2005 and Bria et al. 2005) and four RCTs (Lin et al. 2007; Cassier et al. 2008; Bontenbal et al. 2005 and Jones et al. 2005). The total patient number exceeded 15,000.</p>
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	<p>Anthracycline naïve women did not derive any benefit from paclitaxel (PAC) as first line monotherapy compared with controls. A large systematic review (Verma et al. 2003) found that for anthracycline naïve patients, when taxanes were added to anthracycline based regimes, there were no significant differences in time to progression (TTP) or overall survival (OS) but tumour response was significantly improved. However, PAC and doxorubicin (DOX) combined therapy resulted in superior median OS and TTP compared with 5´-FU, DOX and cyclophosphamide (FAC) combined. There was no evidence to suggest a significant difference in quality of life between DOC and PAC when either was combined with anthracycline as first-line therapy. One moderate RCT (Bontenbal et al.2005) demonstrated that DOX and DOC combined therapy in first line treatment of advanced disease resulted in superior tumour response and clinical benefit, when compared with FAC. Time to event analyses also showed significant reductions in the risk of death and time to progression with AT therapy compared to FAC but there were more reports of febrile neutropenia with FAC.</p> <p>Meta-analysis demonstrated significant improvements in TTP, tumour response and time to treatment failure in favour of taxane containing regimes compared with non-taxane containing regimes and a borderline advantage in OS. However, statistical significance for OS and TTP was lost when only first-line therapy with taxanes was considered. Taxanes and taxane-containing regimes were reported to have a higher incidence of neurotoxicity and leukopenia but fewer cases of nausea and vomiting than controls.</p> <p>PAC monotherapy was preferable to mitomycin in terms of TTP but not other outcomes. DOC monotherapy correlated with improved OS (compared with combined mitomycin and vinblastine) and improved TTP and tumour response compared with several other multi-agent therapies. Good RCT data (Jones et al. 2005) demonstrated a significant advantage in OS, TTP and response duration for patients on DOC versus PAC monotherapy although the tumour responses were similar. Another RCT (Cassier et al. 2008) found no significant differences in efficacy or survival outcomes between PAC and DOC as first-line therapy combined with DOX then given as monotherapy</p> <table border="1" data-bbox="454 1265 1380 1444"> <tr> <td data-bbox="454 1265 566 1444">1.3.11</td> <td data-bbox="566 1265 1380 1444">Gemcitabine in combination with paclitaxel, within its licensed indication, is recommended as an option for the treatment of metastatic breast cancer only when docetaxel monotherapy or docetaxel plus capecitabine are also considered appropriate[4]. [2009]</td> </tr> </table> <p>Qualifying statement: This recommendation is from 'Gemcitabine for the treatment of metastatic breast cancer', NICE technology appraisal guidance 116 (2007). It was formulated by the technology appraisal and not by the guideline developers It has been incorporated into this guideline in line with NICE procedures for developing clinical guidelines, and the evidence to support the recommendation can be found at www.nice.org.uk/TA116.</p>	1.3.11	Gemcitabine in combination with paclitaxel, within its licensed indication, is recommended as an option for the treatment of metastatic breast cancer only when docetaxel monotherapy or docetaxel plus capecitabine are also considered appropriate[4]. [2009]
1.3.11	Gemcitabine in combination with paclitaxel, within its licensed indication, is recommended as an option for the treatment of metastatic breast cancer only when docetaxel monotherapy or docetaxel plus capecitabine are also considered appropriate[4]. [2009]		
<p>Wildiers H et al., 2013 [25].</p> <p>Belgian Health Care Knowledge Centre (KCE)</p> <p>Breast cancer in women: diagnosis,</p>	<p>This guideline was the result of collaboration between the College of Oncology and the KCE and covered a broad range of topics: diagnosis, staging, treatment, reconstructive surgery, supportive therapy and follow up. It primarily concerned women with invasive early or advanced breast cancer.</p> <p>The KCE is a federal institution which is financed for the largest part by INAMI/RIZIV, but also by the Federal Public Service of Health, food chain safety and environment, and Federal Public Service of social security. The development of clinical practice guidelines is part of the legal mission of the KCE.</p>		

treatment and follow-up (KCE Reports 143 – 3rd EDITION)

A clinical practice guideline (CPG) on the management of breast cancer was firstly published in 2007¹, and completely updated in 2010².

¹ Christiaens et al. Support scientifique du Collège d'Oncologie: un guideline pour la prise en charge du cancer du sein. Brussels: Centre fédéral d'expertise des soins de santé; 2007. Good Clinical Practices (GCP) 63B

² Cardoso et al. Soutien scientifique au Collège d'Oncologie: mise à jour des recommandations de bonne pratique pour la prise en charge du cancer du sein. Brussels: Centre Fédéral d'expertise des Soins de santé; 2010. Good Clinical Practices (GCP) KCE report 143

Methodik

- A broad search of electronic databases (Medline, PreMedline, EMBASE), specific guideline websites and websites of organisations in oncology ... was conducted. (until 2010, update einiger Fragestellungen in 2013))
 - quality appraisal: AGREE for clinical practice guidelines, checklists of the Dutch Cochrane Centre for original studies

Formulation of recommendations:

Table 7 - GRADE levels of evidence quality and strength of recommendations (version applicable to the 2010 KCE guideline).

Grade	Description
1A	Strong recommendation based on high level of evidence
1B	Strong recommendation based on moderate level of evidence
1C	Strong recommendation based on low or very low level of evidence
2A	Weak recommendation based on high level of evidence
2B	Weak recommendation based on moderate level of evidence
2C	Weak recommendation based on low or very low level of evidence

Table 8 - Strength of recommendations according to the GRADE system (version applicable to the 2013 KCE guideline update).

Grade	Definition
Strong	The desirable effects of an intervention clearly outweigh the undesirable effects (<i>the intervention is to be put into practice</i>), or the undesirable effects of an intervention clearly outweigh the desirable effects (<i>the intervention is not to be put into practice</i>)
Weak	The desirable effects of an intervention probably outweigh the undesirable effects (<i>the intervention probably is to be put into practice</i>), or the undesirable effects of an intervention probably outweigh the desirable effects (<i>the intervention probably is not to be put into practice</i>)

Table 9 - Factors that influence the strength of a recommendation.

Factor	Comment
Balance between desirable and undesirable effects	The larger the difference between the desirable and undesirable effects, the higher the likelihood that a strong recommendation is warranted. The narrower the gradient, the higher the likelihood that a weak recommendation is warranted
Quality of evidence	The higher the quality of evidence, the higher the likelihood that a strong recommendation is warranted
Values and preferences	The more values and preferences vary, or the greater the uncertainty in values and preferences, the higher the likelihood that a weak recommendation is warranted
Costs (resource allocation)	The higher the costs of an intervention—that is, the greater the resources consumed—the lower the likelihood that a strong recommendation is warranted

Funding and declaration of interest: Although the development of the guidelines is paid by KCE budget, the sole mission of the KCE is providing scientifically

valid information. The KCE has no interest in companies (commercial or not, e.g. hospital, university), associations (e.g. professional association, syndicate), individuals or organisations (e.g. lobby group) on which the guidelines could have a positive or negative impact (financial or other). All clinicians involved in the GDG or the peer-review process completed a declaration of interest form.

Recommendations -Treatment of metastatic breast cancer:

Chemotherapy

Recommendation

- Chemotherapy for patients with metastatic breast cancer is indicated for the following conditions (**expert opinion**):
 - hormone-refractory or HR– tumours
 - rapidly progressive disease or symptomatic disease
 - life-threatening disease (e.g. diffuse lung or liver metastases, massive bone marrow metastases with pancytopenia)
- The choice between polychemotherapy and sequential single-agent chemotherapy should take into account the prognosis, performance status, need for rapid symptom control and toxicity profiles, with the ultimate goal of optimizing quality and quantity of life (**expert opinion**).
 - Anthracycline- and/or taxane-based regimens are to be preferred as first-line treatment (**1A evidence**).
 - In patients with anthracycline resistance or failure and who are taxane-naive, and are considered for further chemotherapy, taxane-based treatment (monotherapy or combination of a taxane with gemcitabine or capecitabine) should be used, taking into account quality of life, toxicity, characteristics of the disease and the ease of administration (**1A evidence**).

Clinical evidence:

Multiple systematic reviews exist evaluating different chemotherapy regimens for women with metastatic breast cancer^{175, 220-222}

A systematic review of 43 randomized trials (n = 9 742 women) suggests that polychemotherapy is associated with higher response rates and longer progression-free survival and a modest improvement in overall survival compared to single-agent treatment, but produces more adverse events including a decrease in white blood cell count, increased hair loss and nausea and vomiting²²⁰. On the other hand, the only major RCT²²³ comparing sequential monotherapies with combined anthracyclines and taxanes did not demonstrate improved survival or quality of life with the latter approach, despite increased response rates²⁰⁴.

The combined use of anthracyclines and taxanes increased objective response rate and time-to-progression in some trials. Moreover, overall survival was improved in two RCTs^{225, 226}

Polychemotherapy compared to single-agent therapy obtained slightly superior results in overall survival in metastatic breast cancer women pretreated with anthracycline. In one phase III trial²²⁷, the combination of capecitabine plus docetaxel resulted in significantly superior efficacy in time-to-disease progression (HR 0.65; 95%CI 0.54-0.78; median, 6.1 vs. 4.2 months), overall survival (HR 0.77; 95%CI 0.63-0.94; median, 14.5 vs.11.5 months), and objective tumour response rate (42% vs. 30%, p=0.006) compared with docetaxel. The combination resulted in significantly increased hematologic and non-hematologic toxicity. Another randomized phase III trial compared paclitaxel plus gemcitabine with paclitaxel²²⁸. The combination regimen was associated with an improved overall survival (18.6 months versus 15.8 months; log-rank p = 0.0489, with an adjusted Cox hazard ratio of 0.78 [95% CI 0.64-0.96; p =

0.0187]), a longer time-to-progression (6.14 vs. 3.98 months; log-rank $p = 0.0002$) and a better response rate (41.4% vs. 26.2%; $p = 0.0002$). The gemcitabine/paclitaxel arm was also associated with increased pain relief and better quality of life. However, there was more grade 3 to 4 neutropenia on combined therapy and grade 2 to 4 fatigue and neuropathy were slightly more prevalent. Data from these two RCTs demonstrated that the combination of a taxane with capecitabine or gemcitabine is superior to taxane alone in increasing overall survival in patients with metastatic breast cancer²⁰⁴.

A randomized phase III trial compared docetaxel plus gemcitabine with docetaxel plus capecitabine and showed similar efficacy in terms of progression-free survival (median PFS was 8.05 months [95% CI, 6.60 to 8.71] for docetaxel plus gemcitabine and 7.98 [95% CI, 6.93 to 8.77] for docetaxel plus capecitabine), tumour response rate (32% in both arms) and overall survival. Time-to-failure was longer and non-hematologic toxicity was significantly lower in the docetaxel plus gemcitabine arm²²⁹. However, severe hematologic toxicity rates (grades 3 to 4 leukopenia) were higher in docetaxel plus gemcitabine group (78% vs. 66%; $p=0.025$), as was the transfusion rate (docetaxel plus gemcitabine, 17%; docetaxel plus capecitabine, 7%; $p=0.0051$).

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Biological therapy

Bevacizumab:

Recommendation

- In women with metastatic breast cancer, adding bevacizumab to a systemic chemotherapy, either in first-line or in second-line therapy, cannot be recommended (**weak recommendation**).

Clinical Evidence

Wagner et al:

- evaluated overall survival, progression- free survival and harms of VEGF-targeting therapies in patients with hormone-refractory or hormone-receptor negative metastatic breast cancer

- search of the electronic databases until September 8, 2011.
- overall risk of bias of this review was considered as low
- total number of seven RCTs, data from one register, and five ongoing trials examining the effect of bevacizumab in combination with chemotherapy
- Five of the included RCTs addressed (predominantly) HER-2 negative patients (with a maximum of 4% HER-2 positive patients)
- Overall survival did not differ significantly between the groups with and without bevacizumab, neither in first-line chemotherapy (HR=0.93; 95%CI 0.84-1.04), nor in second-line chemotherapy (HR=0.90; 95%CI 0.71-1.14) in HER-2 negative patients.
- Progression-free-survival was significantly better after treatment with bevacizumab in both first-line (HR=0.67; 95%CI 0.61-0.73) and second-line chemotherapy (HR=0.78; 95%CI 0.64-0.93).
- Significantly higher rates of grade 3/4 adverse events (OR=1.77; 95%CI 1.44-2.18) and serious adverse events (OR=1.41; 95%CI 1.13-1.75) were observed in patients treated with bevacizumab.

Conclusions

Among women with HER-2 negative metastatic breast cancer, treated with bevacizumab in combination with chemotherapy versus chemotherapy alone:

- A difference in overall survival between bevacizumab in combination with first-line chemotherapy and first-line chemotherapy alone could neither be demonstrated nor refuted (Wagner 2012; **low level of evidence**).
- A difference in overall survival between bevacizumab in combination with second-line chemotherapy and second-line chemotherapy alone could neither be demonstrated nor refuted (Wagner 2012; **moderate level of evidence**).
- It is plausible that bevacizumab in combination with first-line chemotherapy has a positive effect on progression free survival as compared to first-line chemotherapy alone (Wagner 2012; **moderate level of evidence**).
- It is demonstrated that bevacizumab in combination with second-line chemotherapy has a positive effect on progression free survival in women with HER-2 negative metastatic breast cancer as compared to second-line chemotherapy alone (Wagner 2012; **high level of evidence**).
- It is plausible that bevacizumab in combination with first-line chemotherapy leads to more grade 3 or higher adverse events as compared to first-line chemotherapy alone (Wagner 2012; **moderate level of evidence**).
- There are indications that bevacizumab in combination with first or second-line chemotherapy leads to more serious adverse events as compared to first or second-line chemotherapy alone (Wagner 2012; **low level of evidence**).

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Wagner et al. Vascularendothelial-growth-factor (VEGF) targeting therapies for endocrine refractory or resistant metastatic breast cancer. *Cochrane Database Syst Rev.* 2012;7:CD008941.

Treatment of locoregional relapse

Recommendations:

- A local recurrence in the thoracic wall should be treated preferentially with surgery and adjuvant radiotherapy whenever possible (1C evidence).
- A local recurrence after breast-conserving treatment should be treated by mastectomy (1C evidence).
- Systemic treatment for a completely excised locoregional recurrence should be discussed on a case by case basis in the multidisciplinary team meeting (expert opinion).

Clinical Evidence

Few trials exist on the use of systemic treatment for a locoregional recurrence that has been completely excised⁶⁶.

	References: ⁶⁶ Kwaliteitsinstituut voor de Gezondheidszorg (CBO) en Vereniging van Integrale Kankercentra (VIKC), V. Zuiden (Eds). Richtlijn Behandeling van het mamma-carcinoom 2005. Alphen aan den Rijn: 2005.
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Ergänzende Dokumente anderer Organisationen zu möglichen Komparatoren

<p>NICE, 2012 [17].</p> <p>Bevacizumab in combination with capecitabine for the first-line treatment of metastatic breast cancer</p> <p>Technology appraisal guidance TA 263</p>	<p>Key conclusion</p> <p>1.1 Bevacizumab in combination with capecitabine is not recommended within its marketing authorisation for the first-line treatment of metastatic breast cancer, that is, when treatment with other chemotherapy options including taxanes or anthracyclines is not considered appropriate, or when taxanes or anthracyclines have been used as part of adjuvant treatment within the past 12 months.</p> <p>Evidence for clinical effectiveness</p> <p>4.5 Data from the capecitabine cohort of the RIBBON-1 trial formed the clinical-effectiveness evidence in the manufacturer's submission.</p> <p>The Committee noted that no quality of life data had been collected in the trial. The Committee considered quality of life to be an important outcome measure in advanced cancer and that this was an omission from the trial.</p> <p>The Committee was aware that patients from both arms of the trial could receive treatment with bevacizumab after disease progression as well as other subsequent treatments and that all these subsequent therapies could have confounded the relative treatment effect in terms of overall survival. ...The Committee concluded that bevacizumab plus capecitabine improved progression-free survival relative to capecitabine plus placebo, but that there was no robust evidence that it improved overall survival and that its effects on health-related quality of life had not been captured.</p>
<p>NICE, 2012 [18].</p> <p>Eribulin for the treatment of locally advanced or metastatic breast cancer</p> <p>Technology appraisal guidance TA 250</p>	<p>Key conclusion</p> <p>1.1 Eribulin is not recommended, within its licensed indication, for the treatment of locally advanced or metastatic breast cancer that has progressed after at least two chemotherapy regimens for advanced disease.</p> <p>Evidence for clinical effectiveness</p> <p>4.2, 4.3 The EMBRACE trial formed most of the clinical-effectiveness evidence in the manufacturer's submission.</p> <p>The Committee noted that no health-related quality of life data were collected during the EMBRACE trial and that data were presented from two phase II trials in which there was no comparator arm. The Committee considered quality of life to be an important outcome measure in advanced cancer and that this was an important omission from the phase III trial. The Committee concluded that the effects of eribulin on health-related quality of life had not been adequately captured.</p>
<p>CADTH, 2012 [2]</p> <p>Pan-Canadian Oncology Drug Review Final Clinical Guidance Report: Eribulin (Halaven) for Metastatic Breast Cancer.</p>	<p>Conclusion: The pCODR Breast Clinical Guidance Panel concluded that there is a net overall clinical benefit to eribulin in the 3rd line or greater treatment of women with incurable locally advanced/ metastatic breast cancer previously exposed to anthracyclines and taxanes, based on a single high-quality randomized controlled trial (EMBRACE)¹ that demonstrated a clinically and statistically significant benefit in overall survival for women treated with eribulin compared with those treated with physician's choice.</p>

Detaillierte Darstellung der Recherchestrategie

Cochrane Library (Cochrane Database of Systematic Reviews, Health Technology Assessment Database) am 18.07.2017

#	Suchfrage
1	MeSH descriptor Breast Neoplasms explode all trees
2	(breast or mamma*):ti,ab,kw
3	(cancer*):ti,ab,kw or (tumor*):ti,ab,kw or (tumour*):ti,ab,kw or (carcinoma*):ti,ab,kw or (adenocarcinoma*):ti,ab,kw or neoplas*:ti,ab,kw or lesions*:ti,ab,kw or mass*:ti,ab,kw
4	(advanced):ti,ab,kw or (metastat*):ti,ab,kw or (metastas*):ti,ab,kw or (recurren*):ti,ab,kw or (relaps*):ti,ab,kw or progression*:ti,ab,kw
5	#2 and #3
6	#1 or #5
7	#4 and #6
8	#7 Publication Year from 2012 to 2017

SR, HTAs in Medline (PubMed) am 02.08.2017

#	Suchfrage
1	"breast neoplasms/drug therapy" OR "breast neoplasms/radiotherapy" OR "breast neoplasms/therapy" OR "breast neoplasms/treatment"
2	(breast[Title]) OR mamma*[Title] AND ("neoplasm metastasis/drug therapy" OR "neoplasm metastasis/radiotherapy" OR "neoplasm metastasis/therapy") OR ("neoplasm recurrence, local/drug therapy" OR "neoplasm recurrence, local/radiotherapy" OR "neoplasm recurrence, local/therapy")
3	(#1) OR #2
4	(breast[Title]) OR mamma*[Title]
5	(((((cancer[Title/Abstract]) OR tumour*[Title/Abstract]) OR tumor[Title/Abstract]) OR tumors[Title/Abstract] OR carcinom*[Title/Abstract]) OR neoplas*[Title/Abstract]) OR malignan*[Title/Abstract]) OR adenocarcinom*[Title/Abstract]
6	(((((advanced[Title/Abstract]) OR metastas*[Title/Abstract]) OR metastat*[Title/Abstract]) OR recurren*[Title/Abstract]) OR relaps*[Title/Abstract]) OR progression*[Title/Abstract]) OR progressive*[Title/Abstract]) OR disseminat*[Title/Abstract]
7	#4 AND #5 AND #6
8	((((((((((((((treatment*[Title/Abstract]) OR therapy[Title/Abstract]) OR therapies[Title/Abstract]) OR therapeutic[Title/Abstract]) OR monotherap*[Title/Abstract]) OR polytherap*[Title/Abstract]) OR pharmacotherap*[Title/Abstract]) OR effect*[Title/Abstract]) OR efficacy[Title/Abstract]) OR treating[Title/Abstract]) OR treated[Title/Abstract]) OR management[Title/Abstract]) OR drug*[Title/Abstract]) OR chemotherap*[Title/Abstract]) OR neoadjuvant*[Title/Abstract]) OR (Aromatase[Title/Abstract] AND Inhibitors*[Title/Abstract])
9	(#7) AND #8
10	(#3) OR #9

11	(#10) AND ((Meta-Analysis[ptyp] OR systematic[sb] OR Technical Report[ptyp]) OR (((trials[Title/Abstract] OR studies[Title/Abstract] OR database*[Title/Abstract] OR literature[Title/Abstract] OR publication*[Title/Abstract] OR Medline[Title/Abstract] OR Embase[Title/Abstract] OR Cochrane[Title/Abstract] OR Pubmed[Title/Abstract])) AND systematic*[Title/Abstract] AND (search*[Title/Abstract] OR research*[Title/Abstract])) OR (((((((((((HTA[Title/Abstract] OR technology assessment*[Title/Abstract] OR technology report*[Title/Abstract] OR (systematic*[Title/Abstract] AND review*[Title/Abstract])) OR (systematic*[Title/Abstract] AND overview*[Title/Abstract])) OR meta-analy*[Title/Abstract] OR (meta[Title/Abstract] AND analyz*[Title/Abstract])) OR (meta[Title/Abstract] AND analys*[Title/Abstract])) OR (meta[Title/Abstract] AND analyt*[Title/Abstract])))) OR ((review*[Title/Abstract] OR overview*[Title/Abstract] AND ((evidence[Title/Abstract] AND based[Title/Abstract]))))
12	((#11) AND ("2012/07/01"[PDAT] : "2017/07/31"[PDAT])) NOT "The Cochrane database of systematic reviews"[Journal]) NOT (animals[MeSH:noexp] NOT (Humans[MesH] AND animals[MeSH:noexp]))

Leitlinien in Medline (PubMed) am 18.07.2017

#	Suchfrage
1	"breast neoplasms"[MeSH Major Topic]
2	(breast[Title] OR mamma*[Title])
3	(((((cancer*[Title] OR tumour*[Title]) OR tumors[Title/Abstract] OR tumor[Title]) OR carcinom*[Title] OR adenocarcinom*[Title] OR neoplas*[Title])
4	(#2) AND #3
5	(#1) OR #4
6	(#5) AND ((Guideline[ptyp] OR Practice Guideline[ptyp] OR Consensus Development Conference[ptyp] OR Consensus Development Conference, NIH[ptyp]) OR ((guideline*[Title] OR recommendation*[Title]) NOT (letter[ptyp] OR comment[ptyp])))
7	((#6) AND ("2012/07/01"[PDAT] : "2017/07/30"[PDAT])) NOT (animals[MeSH:noexp] NOT (Humans[MesH] AND animals[MeSH:noexp]) NOT ("The Cochrane database of systematic reviews"[Journal]))

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Anhang

Extraktion der deutschen S3-Leitlinie

<p>Leitlinienprogramm Onkologie, 2017 [13] (Deutsche Krebsgesellschaft, Deutsche Krebshilfe, Arbeitsgemeinschaft der Wissenschaftlich Medizinischen Fachgesellschaften)</p> <p>Interdisziplinäre S3-Leitlinie für die Früherkennung, Diagnostik, Therapie und Nachsorge des Mammakarzinoms (Langversion 4.0)</p> <p>Datum der Veröffentlichung: Dezember 2017</p>	<p>Fragestellung/Zielsetzung: Leitlinie der Arbeitsgemeinschaft der Wissenschaftlichen Medizinischen Fachgesellschaften (AWMF); federführende Fachgesellschaften Deutsche Krebsgesellschaft e.V. (DKG) und Deutsche Gesellschaft für Gynäkologie und Geburtshilfe (DGGG)</p>
	<p>Methodik</p> <p>Grundlage der Leitlinie: Es erfolgte ein Aktualisierungsantrag an das onkologische Leitlinienprogramm. Es wurde zunächst versucht über eine Leitlinienadaptation gemäß dem AWMF-Regelwerk mit möglichst vielen Empfehlungen und Statements aus der vorherigen Leitlinienversion von 2012 ressourcensparend zu arbeiten, damit insbesondere auf einzelne neue Statements eingegangen werden konnte. Empfehlungen und Statements sollten aus den Quell-LL 1:1 übernommen und im Rahmen der Konsensusprozesse eingebracht werden. Für Empfehlungen, die nicht adaptiert werden konnten bzw. neu generiert werden mussten, wurde eine entsprechende Recherche/Evidenzbewertung nach dem AWMF-Regelwerk (systematische Recherche, Selektion, Erstellung von Evidenztabelle(n)) festgelegt. Für diese neu zu entwerfenden Empfehlungen und Statements erfolgte im Rahmen der Methodengruppe die Formulierung der entsprechenden Schlüsselfragen. Diese wurden kurzfristig mit der Steuergruppe und der Arbeitsgruppe abgestimmt. Sofern die Schlüsselfrage als solche bestätigt wurde, erfolgte die systematische Recherche zunächst auf Basis von aggregierten Evidenzquellen (Metaanalysen, Cochrane Reviews, systematische Reviews, etc.), ggf. auch auf Einzelpublikationsbasis. Entsprechende Titel und Abstract-Listen wurden bis zur Identifikation der Volltexte von zwei unabhängigen Ratern selektiert, hierbei stammt ein Untersucher aus der Methodengruppe, ein Untersucher aus der Arbeitsgruppe. Entsprechende Differenzen wurden im Rahmen von Telefonkonferenzen unter Beisein der Methodiker geklärt. Nach Ablauf der Recherche- und Selektionsprozesse wurden von der Methodengruppe entsprechende Evidenztabelle(n) angefertigt. Diese Materialien wurden an die Gruppe übermittelt mit der Bitte, einen entsprechenden Empfehlungsvorschlag zu formulieren. Dieser wurde erneut an die Steuergruppe zurückgesendet und anschließend mit den anderen Empfehlungen, welche bereits im Vorfeld adaptiert wurden, für die Konsensustreffen vorbereitet. Die Hintergrundtexte wurden durch die Arbeitsgruppen erstellt und im Vorfeld der Konsensusrunden der Methodengruppe ebenfalls ausgehändigt zur Überprüfung der Stringenz zwischen Empfehlungen und Hintergrundtext.</p> <p>Empfehlungsgraduierung: Schema der Evidenzgraduierung nach Oxford (Version 2009). Zur Klassifikation des Verzerrungsrisikos der identifizierten Studien wurde in dieser Leitlinie das in Tabelle 5 aufgeführte System des Oxford Centre for Evidence-based Medicine in der Version von 2009 verwendet. Dieses System sieht die Klassifikation der Studien für verschiedene klinische Fragestellungen (Nutzen von Therapie, prognostische Aussagekraft, diagnostische Wertigkeit) vor.</p>

Level	Therapy / Prevention, Aetiology / Harm	Prognosis	Diagnosis	Differential diagnosis / symptom prevalence study	Economic and decision analyses
1a	SR (with homogeneity) of RCTs	SR (with homogeneity) inception cohort studies; CDR validated in different populations	SR (with homogeneity) of Level 1 diagnostic studies; CDR with 1b studies from different clinical centers	SR (with homogeneity) of prospective cohort studies	SR (with homogeneity) of Level 1 economic studies
1b	Individual RCT (with narrow Confidence Interval)	Individual inception cohort study with > 80% follow-up; CDR validated in a single population	Validating cohort study with good reference standards; or CDR tested within one clinical centre	Prospective cohort study with good follow-up	Analysis based on clinically sensible costs or alternatives; systematic review(s) of the evidence; and including multi-way sensitivity analyses
2a	SR (with homogeneity) of cohort studies	SR (with homogeneity) of either retrospective cohort studies or untreated control groups in RCTs	SR (with homogeneity) of Level >2 diagnostic studies	SR (with homogeneity) of Level 2b and better studies	SR (with homogeneity) of Level >2 economic studies
2b	Individual cohort study (including low quality RCT; e.g., <80% follow-up)	Retrospective cohort study or follow-up of untreated control patients in an RCT; Derivation of	Exploratory cohort study with good reference standards; CDR after derivation, or	Retrospective cohort study, or poor follow-up	Analysis based on clinically sensible costs or alternatives; limited review(s) of the evidence, or single studies; and including multi-way

		CDR or validated on split-sample only	validated only on split-sample or databases		sensitivity analyses
2c	"Outcomes" Research; Ecological studies	"Outcomes" Research		Ecological studies	Audit or outcomes research
3a	SR (with homogeneity) of case-control studies		SR (with homogeneity) of 3b and better studies	SR (with homogeneity) of 3b and better studies	SR (with homogeneity) of 3b and better studies
3b	Individual Case-Control Study		Non-consecutive study; or without consistently applied reference standards	Non-consecutive cohort study; or very limited population	Analysis based on limited alternatives or costs, poor quality estimates of data, but including sensitivity analyses incorporating clinically sensible variations
4	Case-series (and poor quality cohort and case-control studies)	Case-series (and poor quality prognostic cohort studies)	Case-control study, poor or non-independent reference standard	Case-series or superseded reference standards	Analysis with no sensitivity analysis
5	Expert opinion without explicit critical appraisal, or based on physiology, bench research or "first principles"	Expert opinion without explicit critical appraisal, or based on physiology, bench research or "first principles"	Expert opinion without explicit critical appraisal, or based on physiology, bench research or "first principles"	Expert opinion without explicit critical appraisal, or based on physiology, bench research or "first principles"	Expert opinion without explicit critical appraisal, or based on physiology, bench research or "first principles"

Empfehlungsgrad	Beschreibung	Ausdrucksweise
A	Starke Empfehlung	soll/soll nicht
B	Empfehlung	Sollte/ sollte nicht
0	Empfehlung offen	kann/kann verzichtet werden

Tabelle 7: Konsensusstärke

Konsensstärke	Prozentuale Zustimmung
Starker Konsens	> 95% der Stimmberechtigten
Konsens	> 75 - 95% der Stimmberechtigten
Mehrheitliche Zustimmung	> 50 - 75% der Stimmberechtigten
Dissens	< 50% der Stimmberechtigten

Hinweis: Es wurde ausschließlich nach LL recherchiert, die spezifisch für Patientinnen mit Brustkrebs entwickelt wurden, die nach November 2013 veröffentlicht wurden. Hier erfolgte ein Abgleich mit dem IQWiG Leitlinienbericht Nr. 224 (Systematische Leitlinienrecherche – und Bewertung sowie Extraktion relevanter Empfehlungen für das DMP Brustkrebs) [1]. Die Recherche wurde auf Publikationen in deutscher und

englischer Sprache beschränkt. Ein weiteres Einschlusskriterium war die Erfüllung methodischer Standards. LL wurden eingeschlossen, wenn sie mindestens 50% der Domäne 3 (Rigour of Development) des AGREE II Instruments erfüllten [2]. Diese Bewertung erfolgte durch 2 unabhängige Begutachter. Für einen Einschluss mussten weiterhin alle unten genannten Kriterien (Tabelle 6) erfüllt sein.

Methodische Bewertung der LL: Mittels des Appraisal of Guidelines for Research and Evaluation (AGREE II) Instruments Domäne 3 (Rigour of Development) von zwei unabhängigen Ratern.

Empfehlungen:

für die Behandlung von erwachsenen Patienten mit BRCA-mutiertem (Keimbahn) **HER2-negativem** metastasiertem Brustkrebs angewendet, **die mit Chemotherapie (Anthrazyklinen und Taxanen) vorbehandelt worden sind**

5.4.1. Systemische Therapie des metastasierten Mammakarzinoms

5.13.	Evidenzbasierte Empfehlung
	Systemische endokrine Therapie
Empfehlungsgrad A	Die endokrine Therapie +/- zielgerichteter Therapie ist die Therapie der Wahl bei positivem Hormonrezeptorstatus und negativem HER2-Status. Die endokrine Therapie ist nicht indiziert bei Patientinnen, bei denen die Notwendigkeit des Erreichens einer schnellen Remission zur Abwendung von ausgeprägten Symptomen des betroffenen Organs besteht.
Level of Evidence 1b	Quellen: [29, 986-991]
	Starker Konsens

Erläuterungen: (...) Eine endokrine Therapie ist weniger toxisch als eine Chemotherapie und sollte daher grundsätzlich als Erstlinientherapie eingesetzt werden. Insbesondere diejenigen Patientinnen, die ein langes krankheitsfreies Intervall hatten, die auf vorherige antihormonelle Therapiemaßnahmen angesprochen haben und die nicht zu der kleinen Gruppe von Patientinnen gehören, bei denen ein sehr rascher Wirkeintritt von Nöten ist (z.B. bei Luftnot bei diffuser Lungenmetastasierung oder drohendem Leberversagen bei Lebermetastasierung oder möglichem Ileus bei Peritonealkarzinose), profitieren von einer endokrinen Therapie. Bei positivem Hormonrezeptorstatus ist eine Remission bei 60% der Patientinnen zu erwarten, bei negativem Hormonrezeptorstatus bei weniger als 10%. Daher sollte bei negativem Hormonrezeptorstatus nur in Ausnahmefällen eine endokrine Therapie erfolgen. Bei den seltenen Fällen mit unbekanntem Hormonrezeptorstatus kann die Indikation zur endokrinen Therapie allerdings auch in Abhängigkeit vom klinischen Verlauf gestellt werden.

Spricht eine Patientin auf eine endokrine Therapie an, wird diese bis zur Progression durchgeführt. Bei Progression ist der Einsatz alternativer endokriner Substanzen indiziert und gerechtfertigt. Erst nach Ausschöpfung aller endokrinen Behandlungsmaßnahmen oder bei Nichtansprechen auf die endokrine Therapie sollte eher auf eine zytostatische Therapie

umgestellt werden.(...)

5.4.2. Chemotherapie des metastasierten Mammakarzinoms

5.21.	Konsensbasierte Empfehlung
	Kriterien vor einer Chemotherapie
EK	Vor Durchführung einer Chemotherapie sollen der Allgemeinzustand und die Komorbidität, die Vortherapien der Patientin erhoben und die Compliance abgeschätzt werden.
	Starker Konsens

5.22.	Konsensbasierte Empfehlung
	Toxizitätsbeurteilung
EK	Während der Therapie soll eine regelmäßige Toxizitätsbeurteilung (subjektiv und objektiv) erfolgen. Die Dosierung soll ebenso wie die angestrebten Zeitintervalle gemäß generell akzeptiertem Standard- bzw. aktuell publizierter Therapieregime erfolgen. Nach Bestimmung eines geeigneten und repräsentativen Messparameters (Symptome, Tumormarker, Bildgebung) vor Therapiebeginn soll eine Evaluation des Therapieeffektes mindestens alle 6-12 Wochen entsprechend der klinischen Erfordernisse erfolgen. Im Verlauf können bei anhaltender Remission und guter klinischer und laborchemischer Beurteilbarkeit des Erkrankungsstatus die bildgebenden Intervalle verlängert werden.
	Starker Konsens

5.23.	Konsensbasierte Empfehlung
	Modifikation der Chemotherapie
EK	Eine Unterbrechung der Therapie sollte bei klinisch relevanter Progression oder nicht tolerabler Toxizität erfolgen. Ein Wechsel auf eine andere Chemotherapie sollte ohne nachgewiesene Progression oder ohne nicht tolerable Toxizität nicht erfolgen.
	Starker Konsens

5.24.	Evidenzbasierte Empfehlungen
	Polychemotherapie/Kombinationstherapie
Empfehlungsgrad B	a.) Bei Indikation zu einer Chemotherapie sollten Patientinnen ohne hohen Remissionsdruck eine sequentielle Chemotherapie erhalten.
Level of Evidence 1a	De novo-Recherche: [1033, 1034]
	Starker Konsens
Empfehlungsgrad 0	b.) Die Kombinationstherapie aus Chemotherapie und Bevacizumab kann in der Erstlinientherapie das progressionsfreie Überleben verbessern, allerdings mit erhöhter Nebenwirkungsrate und ohne Einfluss auf das Gesamtüberleben.
Level of Evidence 1a	Quellen: [1035, 1036] [1037-1040]
	Starker Konsens
Empfehlungsgrad 0	c.) Bei stärkeren Beschwerden und raschem Wachstum bzw. aggressivem Tumorverhalten, d.h. bei hohem Remissionsdruck, kann eine Polychemotherapie oder eine Chemotherapie + Bevacizumab durchgeführt werden.
Level of Evidence 1a	Quellen: [1004], [1033]
	Starker Konsens
5.25.	Konsensbasierte Empfehlung
	Monotherapie
EK	Als Monotherapie können z. B. folgende Substanzen zum Einsatz kommen: Alkylanzien, Anthrachinone, Anthrazykline (auch in liposomaler Form), Eribulin, Fluorpyrimidine, Platinkomplexe, Taxane, und Vinorelbin. Bei einer Polychemotherapie können diese Substanzen untereinander bzw. mit weiteren Substanzen kombiniert werden. Es sollten allerdings nur in Studien überprüfte Kombinationen eingesetzt werden.
	Starker Konsens

Erläuterungen: (...) Aufgrund der Heterogenität der Metastasen und der individuellen Krankheitsverläufe kann keine einheitliche Therapiestrategie vorgegeben werden. Dies gilt insbesondere für die zytostatische Behandlung des metastasierten Mammakarzinoms. Die Monotherapie weist zwar niedrigere Remissionsraten als Polychemotherapien auf, die Überlebenszeit wird hiervon jedoch nicht signifikant negativ beeinflusst. Monotherapien sind besser verträglich, sodass – wann immer möglich – eine Monotherapie durchgeführt werden sollte. Lediglich bei starken Beschwerden, raschem Tumorwachstum und aggressivem Tumorverhalten ist eine Polychemotherapie indiziert.

Hat die Patientin in der adjuvanten Therapie noch keine Anthrazykline/Taxane erhalten, so können diese primär eingesetzt werden.

Die zytostatische Therapie sollte sich bei inkurabler Erkrankung am therapeutischen Index orientieren, wobei hier der Effekt (z.B. Symptomkontrolle) und Nebenwirkungen einer Therapie berücksichtigt werden und abgewogen werden müssen. Empfehlenswert ist der Einsatz

von subjektiv weniger belastenden Monotherapien oder Kombinationstherapien. Dies wird unterstützt durch eine 2015 publizierte Cochrane Metaanalyse, welche ergab, dass sich durch eine Kombinationstherapie im Vergleich zu einer sequentiellen Monochemotherapie keine signifikanten Unterschiede im progressionsfreien Überleben und Gesamtüberleben zwischen Kombinationstherapie und einer sequentiellen Monochemotherapie ergab. Das Ansprechen war durch die Kombinationschemotherapie im Vergleich signifikant höher. Allerdings zeigte sich auch eine höhere Toxizität durch eine Kombinationschemotherapie hinsichtlich der Rate an febrilen Neutropenien. Viele v.a. nicht hämatologische Nebenwirkungen wurden in dieser Metaanalyse nicht beschrieben. In der Metaanalyse wurden zwei Szenarien einer sequentiellen Monochemotherapie beschrieben, zum einen Wechsel der Monochemotherapie bei Progression oder festgelegter Wechsel der Monochemotherapien ohne Progression nach einigen Zyklen. Die Ergebnisse waren für beide Szenarien ähnlich, wobei die beschriebenen Ergebnisse sich auf das erstgenannte Szenario beziehen.

Vor Durchführung und während einer Chemotherapie muss der Allgemeinzustand der Patientin regelmäßig beurteilt werden. Während einer Therapie müssen auch regelmäßig die Nebenwirkungen dieser Behandlung evaluiert werden. Eine Evaluation des Therapieeffektes mittels Bildgebung sollte alle 6-12 Wochen (Intervall je nach Krankheitsausbreitung, Krankheitsdynamik und klinischer Situation) erfolgen. Im Verlauf können bei Remission und guter klinischer und laborchemischer Beurteilbarkeit des Erkrankungsstatus die bildgebenden Intervalle verlängert werden. Bei Progress oder ausgeprägter Toxizität sollte die Therapie beendet werden. Die Therapiedauer richtet sich nach dem therapeutischen Index, wobei Tumoransprechen und therapiebedingte Nebenwirkungen in die Gesamtbeurteilung dabei eingehen sollten und nur bei positiver Bewertung die Therapie weitergeführt werden sollte.

Zu Systematischen Reviews

Beith et al. 2016 [1]

Table 2 Efficacy results by study

First author (study name)	Line of therapy	Class/ Target of experimental agent	Experimental regimen	Control regimen	PFS/TTP* experimental arm months (P value)	PFS / TTP* control arm months	OS experimental arm months (P value)	OS control arm months	CBR experimental arm %	CBR control arm %
Bergh(FACT) ⁵	First	SERD	Fulvestrant plus anastrozole	Anastrozole alone	10.8* (0.91)	10.2*	37.8 (1.0)	38.2	55	55
Mehta (SWOG-S0226) ⁶	First	SERD	Anastrozole plus fulvestrant	Anastrozole alone	15 (0.007)	13.5	47.7 (0.05)	41.3	73	70
Johnston (SoFEA) ⁷	Second	SERD	Fulvestrant plus anastrozole (arm 1) fulvestrant plus placebo (arm 2)	Exemestane alone (arm 3)	4.4 (0.98) versus arm 2)(arm 1) 4.8 (0.56) (arm 2)	3.4	20.2 (0.61) versus arm 2) (arm 1) 19.4 (0.68) (arm 2)	21.6	34 (arm 1) 32 (arm 2)	55 (arm 1) 54 (arm 2)
DiLeo (CONFIRM) ⁸	Any	SERD	Fulvestrant 500 mg	Fulvestrant 250 mg	6.5 (0.006)	5.5	26.4 (0.02)	22.8	46	40
Robertson 2012 Ellis 2015 (FIRST) ^{10,11}	First	SERD	Fulvestrant	Anastrozole	23.4* (0.01)	13.1*	54.1 (0.04)	48.4	NR	NR
Wolff (HORIZON) ¹²	Second	mTOR	Letrozole plus temsirolimus	Letrozole alone	8.9 (0.25)	9	NR	NR	44	46
Yardley, 2013 ¹³	Second	mTOR	Exemestane plus everolimus	Exemestane plus placebo	7.8 (<0.0001)	3.2	31 (0.14)	26.6	51.3	26
Piccart, 2014 ¹⁴ (BOLERO-2)	First or Second	mTOR	Tamoxifen plus everolimus	Tamoxifen alone	8.6* (0.0021)	4.5*	not reached	32.9	61	42
Finn (PALOMA-1) ¹⁶	First	CDK4/6	Letrozole plus palbociclib	Letrozole alone	20.2 (<0.001)	10.2	37.5 (0.42)	33.3	87	70
Turner 2015 Cristofanilli 2015 (PALOMA-3) ^{17,19}	Second	CDK4/6	Fulvestrant plus palbociclib	Fulvestrant plus placebo	9.5 (<0.001)	4.6	NR	NR	66.6	39.7
Baselga (BELLE-2) ²⁰	Second	Pi3K	Fulvestrant plus buparlisib	Fulvestrant plus placebo	6.9 (<0.0001)	5.0	NR	NR	NR	NR
Krop (FERGI) ²¹	Any	Pi3K	Fulvestrant plus pictilisib	Fulvestrant plus placebo	6.2(NR)	3.8	NR	NR	NR	NR
Dickler (CALGB 40503) ²²	First	VEGF	Letrozole plus bevacizumab	Letrozole alone	20 (0.016)	16	47 (0.27)	41	NR	NR
Martin (LEA) ²³	First	VEGF	Letrozole OR fulvestrant plus bevacizumab	Letrozole OR fulvestrant alone	19.3 (0.13)	14.4	52.1(0.52)	51.8	79	65
De Jong ²⁴	Second	VEGF	Fulvestrant plus enzastaurin	Fulvestrant plus placebo	5.2 (0.59)	5.5	NR	NR	44	41
Hyams ²⁵	Any	VEGF	Fulvestrant plus cediranib	Fulvestrant plus placebo	7.4 (0.67)	3.7	NR	NR	42	42

Table 2 Continued

First author (study name)	Line of therapy	Class/ Target of experimental agent	Experimental regimen	Control regimen	PFS/TTP* experimental arm months (P value)	PFS / TTP* control arm months	OS experimental arm months (P value)	OS control arm months	CBR experimental arm %	CBR control arm %
Carlson ²⁶	Any	EGFR TKI	Anastrozole plus gefitinib	Fulvestrant plus gefitinib	5.3 (NR)	5.2	30.3 (NR)	23.9	44	41
Cristofanilli ²⁷	First	EGFR TKI	Anastrozole plus gefitinib	Anastrozole plus placebo	14.7 (NR)	8.4	NR	NR	49	34
Osborne ²⁸	First (stratum 1) Second (stratum 2)	EGFR TKI	Tamoxifen plus gefitinib	Tamoxifen plus placebo	10.9 (0.314) (First Line) 5.7 (0.577) (Second Line)	8.8 (First Line) 7.0 (Second Line)	NR	NR	50 (Stratum 1) 29 (Stratum 2)	46 (Stratum 1) 31 (Stratum 2)
Burstein (CALGB 40302) ²⁹	Second	EGFR TKI	Fulvestrant plus lapatinib	Fulvestrant plus placebo	4.7 (0.37)	3.8	30 (0.25)	26.4	41	34
Ryan ³⁰	First	IGF-1R	Exemestane plus figitumumab	Exemestane alone	10.9 (0.39)	9.1	NR	NR	64	62
Robertson ³¹	Second	IGF-1R	Exemestane or fulvestrant plus ganitumab	Exemestane or fulvestrant plus placebo	3.9 (0.44)	5.7	23.3 (0.025)	Not estimable	21	20
Rugo ³²	Any	IGF-1R	Ridaforolimus, dalotuzumab and exemestane	Ridaforolimus and exemestane	5.4 (0.57)	7.4	NR	NR	NR	NR
Paul ³³	Second	Src TKI	Letrozole plus dasatinib	Letrozole alone	22 (0.05)	11	NR	NR	64	61
Llombart ³⁴	Any	Src TKI	Exemestane plus dasatinib	Exemestane plus placebo	3.7 (NR)	4.2	NR	NR	NR	NR
Iwata ³⁵	First	AI	Exemestane plus anastrozole	Exemestane plus placebo	13.8* (NR)	11.1*	60.1 (NR)	NR	66	66
Yardley (ENCORE 301) ¹³	Second	HDAC	Exemestane plus entinostat	Exemestane plus placebo	4.3 (0.055)**	2.3	28.1 (0.036)***	19.8	28	26
Adelson ³⁷	Second	BCL2	Fulvestrant plus bortezomib	Fulvestrant alone	2.7 (0.06)	2.7	NR	NR	NR	NR
Ibrahim ³⁸	First	IgG anti-MUC	Letrozole plus ASI402	Letrozole alone	NR	NR	NR	NR	70	76
O'Shaughnessy ³⁹	Any	Androgen antagonist	Abiraterone plus exemestane (arm 1) Abiraterone alone (arm 2)	Exemestane alone	4.5 (0.80) (arm 1) 3.7(0.44) (arm 2)	3.7	NR	NR	24 (arm 1) NR (arm 2)	12

Puglisi et al. 2016 [20]-Safety results

Table 5
Grade 3 + toxicities, withdrawal & safety summary in second- and/or later-line setting.

Line of therapy within metastatic setting	First author, year	Treatment arms	N	Key grade III/IV toxicities (%)	Withdrawals due to AEs	Summary of safety
2nd line	Gasparini, 1991	Epirubicin	22	Leukopenia 0% Thrombocytopenia 0%	NR	Considering all grade AEs leukopenia and thrombocytopenia significantly more frequent on doxorubicin. Significantly greater frequency of dose delays due to haematological AEs with doxorubicin Neutropenia & peripheral neuropathy more frequent on PTX but patients received more courses of PTX than mitomycin. Thrombocytopenia more common with mitomycin. Febrile neutropenia occurred in 1 patient (3%) on PTX Lower incidence of grade III/IV toxicities in mitoxantrone combination arm. Authors consider that it is not always the single agent therapy that is best tolerated and that analysis of QoL, pain and symptom control (nausea, fatigue, improvement in performance status) is needed in trials in patients with incurable cancers, and comparison with best supportive care Higher frequency of grade III/IV neutropenia with DTX + GEM (23% vs. DTX (3%) ($p = 0.035$). Such patients received G-CSF. Grade I or II febrile neutropenia occurred in 41% with DTX + GEM vs. 23% with DTX Grade III/IV AEs more common with combination treatment, mainly due to higher frequency of grade III hypertension and proteinuria AE leading to chemotherapy discontinuation in >2% of patients was hand-foot syndrome in BEV + chemotherapy group, all of whom were receiving capecitabine
		Doxorubicin	21	Leukopenia 5% (1 patient, grade III) Thrombocytopenia 0%	NR	
	Dieras, 1995	Paclitaxel 175 mg/m ² q3w	41	Neutropenia 61% Peripheral neuropathy 11% Thrombocytopenia 3%	4 patients due to peripheral neuropathy	
		Mitomycin	40	Neutropenia 3% Neuropathy 0% Thrombocytopenia 20%	1 patient due to persistent neutropenia	
	Venturino, 2000	Vinorelbine	33	Anaemia 3% Leukopenia 18% Thrombocytopenia 0% Diarrhoea 0% Paralytic ileus 3% Any grade III AE 27%	NR	
		Leucovorin then 5-fluorouracil	33	Anaemia 0% Leukopenia 3% Thrombocytopenia 0% Diarrhoea 12% Paralytic ileus 0% Any grade III AE 15%	NR	
	Papadimitriou, 2009	Mitoxantrone + leucovorin then 5-fluorouracil	33	Anaemia 0% Leukopenia 3% Thrombocytopenia 3% Diarrhoea 0% Paralytic ileus 0% Any grade III AE 18%	NR	
		Docetaxel 40 mg/m ² weekly	30	Anaemia 0% Neutropenia 3% Thrombocytopenia 3% Leukopenia 10% Stomatitis 10% Diarrhoea 3% Alopecia 13% Any grade III/IV AE 3%	NR	
	Von Minckwitz, 2014/TANIA	Docetaxel 35 mg/m ² + gemcitabine	39	Anaemia 5% Neutropenia 23% Thrombocytopenia 6% Leukopenia 18% Stomatitis 3% Diarrhoea 0% Alopecia 23% Any grade III/IV AE 23%	NR	
		Bevacizumab + chemotherapy	245	Any grade III/IV AE 59% Grade III hypertension 13% Proteinuria 7%	18% discontinued BEV, mostly for proteinuria, venous embolism and pulmonary embolism 16% discontinued chemotherapy	
	Single-agent chemotherapy (investigator's choice)	238	Any grade III/IV AE 46% Grade III hypertension 7% Proteinuria <1%	8% discontinued chemotherapy		

(continued on next page)

2nd line (subgroup)	Nielsen, 1990	Epirubicin Epirubicin + vindesine	42 33	NR for subgroup	NR for subgroup	NR for subgroup but overall: thrombocytopenia significantly less frequent on epirubicin plus vindesine vs. epirubicin monotherapy ($p < 0.01$); mild-moderate peripheral neuropathy occurred in 40% of patients on combination therapy; 9 patients on epirubicin & 6 on combination had febrile neutropenia. CHF occurred in one patient with cumulative dose of epirubicin <1000 mg/m ² and 7/15 patients with >1000 mg/m ² ; 4 patients died from CHF Significantly greater frequency of toxicity with mitomycin + vinblastine vs. mitomycin single-agent therapy, due to more leukopenia ($p = 0.005$), nausea or vomiting ($p = 0.01$), alopecia ($p = 0.003$) and tendency for more anaemia ($p = 0.07$). No difference in frequency of thrombocytopenia ($p = 0.28$) NR for subgroup. However, in the overall population greater incidences of grade 3/4 neurotoxicity, mild venous toxicity and febrile neutropenia were observed in the doxorubicin + vinorelbine arm. 11% of patients in combination arm discontinued vs. 4% in monotherapy arm Grade III/IV HFSR/HFS occurred significantly more frequently with sorafenib than with placebo. With all grade HFSR/HFS it also occurred earlier with sorafenib (median 14 days to first occurrence vs. 64 days) HFSR/HFS potentially impacts QoL and treatment changes Other grade III/IV events occurred with similar frequency in treatment arms All grade AEs were numerically higher with sorafenib for diarrhoea, mucosal inflammation, rash, neutropenia, hypertension and HFSR/HFS Dose delays and reductions to manage toxicities more frequent with sorafenib ADRs with at least 5% difference in frequency were HFS (7.3% vs. 0%), fatigue (2.4% vs. 8.8%) and peripheral edema (1.2% vs. 6.3%) in the concurrent vs. sequential groups
	Joensuu, 1998	Epirubicin (1st line) then mitomycin (2nd line)	74	NR for 2nd line subgroup	8 patients discontinued M (12%)	
		CEF (1st line) then mitomycin + vinblastine (2nd line)	88	NR for 2nd line subgroup	17 patients discontinued MV (20%)	
	Norris, 2000	Doxorubicin + vinorelbine	NR	NR for subgroup	NR for subgroup	
	Doxorubicin	NR	NR for subgroup	NR for subgroup		
Unclear if 2nd line	Baselga, 2012	Capecitabine + sorafenib	65	HFSR/HFS 44% (grade III)	20% discontinued, mainly due to HFSR/HFS (9 patients) and diarrhoea (1 patient)	
		Capecitabine + placebo	51	HFSR/HFS 14% (grade III)	9% discontinued, mainly due to HFSR/HFS (4 patients) and diarrhoea (3 patients)	
	Sato, 2012	DTX 60 3-weekly + CAPE	82	Decreased neutrophil count 57.3% Neutropenia 8.5% Febrile neutropenia 6.1%	NR	
	Sequential DTX 70 3-weekly until progression, then CAPE	81	Decreased neutrophil count 60.0% Neutropenia 12.5% Febrile neutropenia 10.0%	NR		
2nd line or later	Keller, 2004	Pegylated liposomal doxorubicin 50 mg/m ² q4w	150	Leukopenia 20% Neutropenia 2% Febrile neutropenia 0 patients PPE 18% grade III, 1 patient grade IV LVEF changes consistent with cardiac toxicity in 22 patients	4 discontinued due to LVEF changes	Myelosuppression was lower with PLD: grade III/IV leukopenia less frequent with PLD than with control group, and grade III/IV neutropenia less frequent with PLD than with vinorelbine Most common ADR with PLD was palmar-plantar erythrodysesthesia (37% any grade). Infusion reactions and any grade stomatitis were more common with PLD
		Control: vinorelbine	151	Leukopenia 54% Neutropenia 8% Febrile neutropenia 2 patients	Unclear	
	Palmieri, 2012	Control: mitomycin C + vinblastine	18	Leukopenia 30% Febrile neutropenia 0 patients	Unclear	
		Docetaxel 100 mg/m ² q3w	18	Grade III/IV AEs 27 events Grade III/IV haematological AEs and infections 20 events	High rate of discontinuation or interruption of treatment (% unspecified)	
	Vinorelbine 25 mg/m ² q2w	18	Grade III/IV AEs 4 events Grade III/IV haematological AEs and infections 2 events			

2nd line or later (subgroup)	Gradishar, 2005	ABI-007 (nab-paclitaxel)	131 NR for subgroup	NR for subgroup	Subgroup analyses reported showed that safety profiles of 1st line patients similar to those of 1st and 2nd/late line overall population Treatment-related grade IV neutropenia significantly lower on nab-paclitaxel (9%) than on standard paclitaxel (22%), p < 0.001, enabling the dose to be increased by 50%. Febrile neutropenia <2% in both arms Grade III sensory neuropathy 10% with nab-paclitaxel vs. 2% with standard paclitaxel, but easily managed with dose interruption or reduction No grade III/IV hypersensitivity reactions to nab-paclitaxel (in spite of no premedication) whereas they did occur with standard paclitaxel despite premedication AE-related discontinuations, dose reductions and dose delays were low frequency in both arms (3% with nab-paclitaxel and 7% on standard paclitaxel)
		Paclitaxel 175 mg/m ² q3w	136 NR for subgroup	NR for subgroup	

ADR, adverse drug reaction (treatment-related adverse event); CEF, cyclophosphamide, epirubicin and fluorouracil; CR, complete response; ER, estrogen receptor; M, mitomycin; MV, mitomycin + vinblastine; NR, not reported; ORR, overall response rate; OS, overall survival; PD, progressive disease; PFS, progression-free survival; PR, progesterone receptor; PRE, partial response; QoL, quality of life; SD, stable disease; TTP, time to progression.

Zu Leitlinien

ASCO Guidelines [23]

Guide for Rating of Potential for Bias		Definitions for Types of recommendations	
Rating of Potential for Bias	Definitions for Rating Potential for Risk of Bias in Randomized Controlled Trials	Type of Recommendation	Definition
Low risk	No major features in the study that risk biased results and none of the limitations are thought to decrease the validity of the conclusions. The study avoids problems such as failure to apply true randomization, selection of a population unrepresentative of the target patients, high dropout rates, and no intention-to-treat analysis; and key study features are described clearly (including the population, setting, interventions, comparison groups, measurement of outcomes, and reasons for dropouts).	Evidence based	There was sufficient evidence from published studies to inform a recommendation to guide clinical practice.
Intermediate	The study is susceptible to some bias, but flaws are not sufficient to invalidate the results. Enough of the items introduce some uncertainty about the validity of the conclusions. The study does not meet all the criteria required for a rating of good quality, but no flaw is likely to cause major bias. The study may be missing information, making it difficult to assess limitations and potential problems.	Formal consensus	The available evidence was deemed insufficient to inform a recommendation to guide clinical practice. Therefore, the Expert Panel used a formal consensus process to reach this recommendation, which is considered the best current guidance for practice. The Panel may choose to provide a rating for the strength of the recommendation (ie, "strong," "moderate," or "weak"). The results of the formal consensus process are summarized in the guideline and reported in the Data Supplement.
High risk	There are significant flaws that imply biases of various types that may invalidate the results. Several of the items introduce serious uncertainty about the validity of the conclusions. The study has serious errors in design, analysis, or reporting; large amounts of missing information; or discrepancies in reporting.	Informal consensus	The available evidence was deemed insufficient to inform a recommendation to guide clinical practice, based on informal consensus of the Expert Panel. The Panel agreed that a formal consensus process was not necessary for reasons described in the literature review and discussion. The Panel may choose to provide a rating for the strength of the recommendation (ie, "strong," "moderate," or "weak").
		No recommendation	There is insufficient evidence, confidence, or agreement to provide a recommendation to guide clinical practice at this time. The Panel deemed the available evidence as insufficient and concluded it was unlikely that a formal consensus process would achieve the level of agreement needed for a recommendation.
Definitions for Strengths of evidence		Definitions for Strengths of recommendation	
Rating for Strength of Evidence	Definition	Rating for Strength of Recommendation	Definition
High	High confidence that the available evidence reflects the true magnitude and direction of the net effect (i.e., balance of benefits v harms) and that further research is very unlikely to change either the magnitude or direction of this net effect.	Strong	There is high confidence that the recommendation reflects best practice. This is based on (1) strong evidence for a true net effect (eg, benefits exceed harms); (2) consistent results, with no or minor exceptions; (3) minor or no concerns about study quality; and/or (4) the extent of panelists' agreement. Other compelling considerations (discussed in the guideline's literature review and analyses) may also warrant a strong recommendation.
Intermediate	Moderate confidence that the available evidence reflects the true magnitude and direction of the net effect. Further research is unlikely to alter the direction of the net effect, however, it might alter the magnitude of the net effect.	Moderate	There is moderate confidence that the recommendation reflects best practice. This is based on (1) good evidence for a true net effect (eg, benefits exceed harms); (2) consistent results, with minor and/or few exceptions; (3) minor and/or few concerns about study quality; and/or (4) the extent of panelists' agreement. Other compelling considerations (discussed in the guideline's literature review and analyses) may also warrant a moderate recommendation.
Low	Low confidence that the available evidence reflects the true magnitude and direction of the net effect. Further research may change either the magnitude and/or direction this net effect.	Weak	There is some confidence that the recommendation offers the best current guidance for practice. This is based on (1) limited evidence for a true net effect (eg, benefits exceed harms); (2) consistent results, but with important exceptions; (3) concerns about study quality; and/or (4) the extent of panelists' agreement. Other considerations (discussed in the guideline's literature review and analyses) may also warrant a weak recommendation.
Insufficient	Evidence is insufficient to discern the true magnitude and direction of the net effect. Further research may better inform the topic. The use of the consensus opinion of experts is reasonable to inform outcomes related to the topic.		

Rugo et al. 2016 [23]: ASCO-Guidelines: Endocrine therapy for women with hormone receptor–positive metastatic breast cancer.

Ergebnisse der syst. Literaturlauswertung

Systematic reviews:

Table 1. Main Findings From Systematic Review (all included meta-analyses)		
Study	Evidence Base	Main Findings
Endocrine v chemotherapy Wilcken ⁸	Six trials including 692 patients with MBC (for OS comparison) Compared single-agent endocrine treatment with single-agent chemotherapy	No significant difference in OS was detected (hazard ratio, 0.94; 95% CI, 0.79 to 1.12; <i>P</i> = .5), with nonsignificant heterogeneity detected Significant benefit in response rates (eight trials involving 817 women) for chemotherapy over endocrine therapy was detected (RR, 1.25; 95% CI, 1.01 to 1.54; <i>P</i> = .04) Authors conclude that standard first-line treatment for patients with MBC should be endocrine therapy rather than chemotherapy, except in presence of rapidly progressing disease
Single-agent v single-agent hormone therapies Chi ³⁰	23 trials including 7,242 patients (patients with advanced breast cancer were subset of total population) Compared toremifene and tamoxifen	Toremifene was associated with more vaginal bleeding (OR, 0.45; 95% CI, 0.26 to 0.80; <i>P</i> < .05) and greater decrease in serum triglyceride levels (SMD, -1.15; 95% CI, -1.90 to -0.39; <i>P</i> < .05) than tamoxifen Evidence suggests toremifene could be an alternative to tamoxifen for patients with advanced breast cancer
Cope ³¹	11 RCTs including 5,808 postmenopausal women with advanced breast cancer after endocrine therapy failure Compared fulvestrant 500 mg, fulvestrant 250 mg, fulvestrant 250 mg loading dose, anastrozole 1 mg, megestrol acetate, letrozole 2.5 mg, letrozole 0.5 mg, and exemestane	Fulvestrant 500 mg was superior to fulvestrant 250 mg, megestrolacetate, and anastrozole for PFS (<i>P</i> < .05)
Xu ³²	Six RCTs including 2,560 postmenopausal patients with HR-positive advanced breast cancer Compared AIs v tamoxifen	AIs were superior to tamoxifen alone for response (ORR; OR, 1.56; 95% CI, 1.17 to 2.07; <i>P</i> < .05) and CBR (OR, 1.70; 95% CI, 1.24 to 2.33; <i>P</i> < .05)
Single-agent v combination endocrine therapies Tan ³³	Two RCTs including patients with HR-positive advanced breast cancer (total patients, NR) Compared fulvestrant + AI v AI alone (both studied anastrozole in combination with fulvestrant)	None of the comparisons for PFS, OS, or response showed statistically significant difference
Valachis ³⁴	Four RCTs including 2,125 patients with HR-positive advanced breast cancer Compared fulvestrant + AIs v tamoxifen	No difference detected between fulvestrant + AIs and tamoxifen for OS, TTP, CBR, or ORR Hormonal agents other than fulvestrant were associated with great likelihood of joint disorders (<i>P</i> < .05)
Endocrine therapy ± mTOR inhibitors Bachelot ³⁵	Six RCTs (total patients, NR) All patients had HR-positive, HER2-negative advanced breast cancer Included studies identified by systematic literature review (sources: Cochrane Library, National Horizon Scanning Centre, and NICE Web sites) Comparisons were: everolimus + exemestane or everolimus + tamoxifen v fulvestrant	Everolimus + exemestane was superior to fulvestrant 250 mg and fulvestrant 500 mg for PFS and TTP (hazard ratio, 0.47; 95% CI, 0.38 to 0.58; <i>P</i> < .05 and hazard ratio, 0.59; 95% CI, 0.45 to 0.77; <i>P</i> < .05, respectively) Analysis suggests that everolimus + exemestane is superior to fulvestrant 250 mg and 500 mg for PFS and TTP in patients with HR-positive, HER2-negative breast cancer with disease progression after endocrine therapy; however, there are no RCTs currently available providing direct comparison

Abbreviations: AI, aromatase inhibitor; CBR, clinical benefit rate; HER2, human epidermal growth factor receptor 2; HR, hormone receptor; MBC, metastatic breast cancer; mTOR, mammalian target of rapamycin; NICE, National Institute for Health and Care Excellence; NR, not reported; OS, overall survival; PFS, progression-free survival; RCT, randomized controlled trial; RR, response rate; TTP, time to progression.

Single studies:

Table 3. Efficacy Outcomes

Source	Intervention or Comparison	Treatment Line	No. of Patients Evaluated	Survival (months)			Time to Initiation of Chemotherapy
				OS	PFS or TTP	CBR (%)*	
Single-agent v single-agent hormone therapies							
Phase II							
Lombart-Cussac ²³ ; SBCG 2001/03	Exemestane	First	47	Median, 19.9	Median TTP, 6.1	59.6	NR
<i>P</i>	Anastrozole		50	48.3	12.1	68	NR
Robertson ^{14,15} ; FIRST	Fulvestrant	First	102	Median, 54.1 (n = 86)	Median TTP, 23.4	72.5	NR
<i>P</i>	Anastrozole		103	48.4 (n = 84)	13.1	67.0	NR
				.041	.01		386 (primary end point)
Orino ²⁴ ; FINDER-1	Fulvestrant (250 mg/month) Fulvestrant (250 mg + 500 mg on day 0, 250 mg on days 14 and 28, and monthly thereafter)	Second	45	NR	Median TTP, 6.0	42.2	NR
	Fulvestrant (500 mg per month + 500 mg on day 14 of month 1)		51	NR	7.5	54.9	NR
Pritchard ²⁵ ; FINDER-2	Fulvestrant (250 mg per month) Fulvestrant (250 mg + 500 mg on day 0, 250 mg on days 14 and 28, and monthly thereafter)	Second	47	NR	6.0	46.8	NR
	Fulvestrant (500 mg per month + 500 mg on day 14 of month 1)		47	NR	3.1	31.9	NR
			50	NR	6.1	47.1	NR
			46	NR	6.0	47.8	NR
Phase III							
Di Leo ^{1,26} ; CONFIRM	Fulvestrant 250 mg Fulvestrant 500 mg	Second	374	Median, 22.03	Median PFS, 5.5	39.6	NR
<i>P</i>	Exemestane	First	362	26.4	6.5	45.6	NR
lvati ²²	Anastrozole		147	< .05	< .05	NS	NR
			145	Median, not reached	Median, 13.8 (range, 10.8-16.5)	75 (range, 66.7-82.1)	NR
				60.1	11.1 (range, 10.8-16.6)	77.3 (range, 69.1-84.3)	NR
<i>P</i>	Fulvestrant	Second	121	NS	NS	48.2	NR
Xu ²⁶	Anastrozole		113	NR	Median TTP, 3.6	36.1	NR
<i>P</i>	Fulvestrant	Second	351	NR	NS	32.2	NR
Chia ²⁰ ; EFECT	Exemestane		342	NR	Median PFS, 3.7	31.5	NR
<i>P</i>	Exemestane	First	182	1 year, 86%; Median, 37.2	1-year PFS, 41.7%; Median, 9.9	NR	NR
Paridaens ²⁷	Tamoxifen		189	NS	31.2%; 5.8	NR	NR
Single-agent v combination endocrine therapies							
Phase II							
Johnston ²⁸ ; SoFEA	Fulvestrant + placebo Fulvestrant + anastrozole	Second	231	19.4 (A v B)	4.8 (A v B)	NR	NR
<i>P</i>	Exemestane		243	Median, 20.2	Median PFS, 4.4	NR	NR
			249	NS	NS	NR	NR
				21.6 (B v C)	3.4 (B v C)	NR	NR
<i>P</i>				NS	NS	NR	NR

(continued on following page)

Table 3. Efficacy Outcomes (continued)

Source	Intervention or Comparison	Treatment Line	No. of Patients Evaluated	Survival (months)		CBR (%)*	Time to Initiation of Chemotherapy
				OS	PFS or TTP		
Phase III Bergh ¹³ ; FACT	Anastrozole alone Fulvestrant + anastrozole	First	256	38.2	10.2	NR	NR
			258	Median, 37.8	Median TTP, 10.8	NR	NR
P Mehta ¹² ; SWOG 0226	Anastrozole alone → fulvestrant Anastrozole + fulvestrant	First	345	Median, 41.3	PFS, 13.5	70	NR
			349	47.7	15	73	NR
P .05							
Endocrine therapy ± HER2-targeted therapies							
Phase II Johnston ³⁵ ; MINT	Placebo Anastrozole + AZD6931 20 mg Anastrozole + AZD6931 40 mg	First	121	90%	14.0	NR	NR
			118	83%	10.9	NR	NR
			120	87%	13.8	NR	NR
P NS							
Phase III Burlstein ⁴⁰ ; CALGB 40302	Fulvestrant + placebo Fulvestrant + lapatinib	First	145	Median, 26.4	Median, 3.8	NR	NR
			146	30	4.7	NR	NR
P Huber ⁴¹ ; eLECTRA	Letrozole alone Letrozole + trastuzumab	First	31	NS	NS	39	NR
			26	NR	TTP, 14.1	65	NR
P Schwarzberg ⁴² Johnston ⁵	Letrozole + placebo Letrozole + lapatinib	First	108	Median, 32.3	Median PFS, 3.0	29	NR
			111	33.3	8.2	48	NR
P Kaufman ⁶ ; TAndEM	Anastrozole alone Trastuzumab + anastrozole	First	104	NS	< .05	< .06	NR
			103	Median, 23.9	PFS, 2.4 (range, 2-4.6)	27.9 (range, 19.5-37.5)	NR
P 42.7 (range, 33-52.9)							
P NS < .05 < .06							
Endocrine therapy ± mTOR inhibitors							
Phase II Bachelot ⁴³ ; GINECO	Tamoxifen Tamoxifen + everolimus	First	57	Median not yet reached	Median TTP, 4.5	42	NR
			54	< .05	8.6	61	NR
P Wolf ⁴⁴ ; HORIZON	Letrozole + placebo Letrozole + temsirolimus	First	555	NR	Median, 9.0	NR	NR
			555	Median, NR	8.9	NR	NR
P Piccart ⁴⁵ ; Yardley ⁴⁶ Basaga ⁴ ; BOLERO-2	Exemestane + placebo Everolimus + exemestane	Second	239	NS	NS	25.5	NR
			485	26.2	Median PFS, 3.2	50.5	NR
P 7.4							
P NS < .05 < .06							
Endocrine therapy ± CDK 4/6 inhibitor							
Phase II Finn ⁷ ; PALOMA-1	Letrozole alone Letrozole + palbociclib	First	81	33.3	10.2	58	NR
			84	37.5	20.2	81	NR
P < .001							

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Table 3. Efficacy Outcomes (continued)

Source	Intervention or Comparison	Treatment Line	No. of Patients Evaluated	Survival (months)			Time to Initiation of Chemotherapy
				OS	PFS or TTP	CBR (%) ^a	
Phase III Turner ⁷ ; PALOMA-3	Fulvestrant + placebo Fulvestrant + palbociclib	≥ Second	171 347	NR NR	3.8 9.2 <.001	19 34 <.001	NR NR
<i>P</i>							
Endocrine therapy ± novel agents Endocrine therapy ± RET, VEGFR, and EGFR TKI							
Phase II Clemens ⁴⁵ ; OCOG-Zamboney	Fulvestrant + placebo Fulvestrant + vandetanib	First	68 61	69.1% 73.7% NS	4.8 6 NS	NR NR	NR NR
<i>P</i>							
Endocrine therapy ± IGFR antibody							
Phase II Robertson ⁶⁷	Placebo + fulvestrant or exemestane Ganitumab + fulvestrant or exemestane	Second	50 106	Not reached 22.2 months .025 (favors placebo)	5.7 Median PFS, 3.9 NS	NR NR	NR NR
<i>P</i>							
Endocrine therapy ± VEGF antibody							
Phase III Martini ⁶⁸ ; LEA	Letrozole or fulvestrant Letrozole or fulvestrant + bevacizumab	First	184 190	51.8 52.1 NS	14.4 19.3 NS	67.4 76.8 .041	NR NR
<i>P</i>							
Dicker ⁴⁹ ; CALGB 40503	Letrozole Letrozole + bevacizumab	First	170 173	44 47 NS	16 20 .016	62 80 .005	NR NR
<i>P</i>							
Endocrine therapy ± HDAC inhibitor							
Phase II Yardley ⁴⁶ ; ENCORE	Exemestane + placebo Exemestane + entinostat	Second	66 64	Median PFS, 19.8 28.1 <.05	Median, 2.3 4.3 NS	25.8 28.1 NS	NR NR
<i>P</i>							
Endocrine therapy ± pan-PBK inhibitor							
Phase II Krop ⁸¹	Fulvestrant + placebo Fulvestrant + pictilisb	Second	79 89	NR NR	5.1 6.6 NS	6.3 (ORR) 7.9	NR NR
<i>P</i>							
Phase III Baselga ⁸²	Fulvestrant + placebo Fulvestrant + buparlisb	Second	571 576	NR NR	5.0 (range, 4.0-5.2) 6.9 (range, 6.8-7.8) <.001	7.7 months (ORR) 11.8 months	NR NR
<i>P</i>							

Abbreviations: CBR, clinical benefit rate; CDK, cyclin-dependent kinase; EGFR, epidermal growth factor receptor; GINECO, Groupe d'Investigateurs Nationaux pour l'Étude des Cancers Ovariens; HDAC, histone deacetylase; HERT, human epidermal growth factor receptor 2HR, hormone receptor; IGFR, insulin-like growth factor receptor; mTOR, mammalian target of rapamycin; NR, not reported; NS, not significant; ORR, overall response rate; OS, overall survival PFS, progression-free survival; PBK, phosphatidylinositol 3-kinase; RET, rearranged during transfection; TKI, tyrosine kinase inhibitor; TTP, time to progression; VEGFR, vascular endothelial growth factor receptor.

^aCBR is defined as the number of patients with complete response, partial response, and stable disease.